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第十一屆香港海岸賽艇錦標賽

HONG KONG ROWING

COASTAL CHAMPIONSHIPS

Sunday, 15th September 2024

Race Bulletin

The Hong Kong, China Rowing Association (HKCRA) is pleased to invite crews to compete at the 11th Hong Kong Rowing Coastal Championships (HKRCC).

- Organised by : Hong Kong, China Rowing Association (HKCRA)
- Co-organised by : Royal Hong Kong Yacht Club (RHKYC)
- Subvented by : Leisure & Cultural Services Department (LCSD)
- Venue : RHKYC, Kellett Island, Causeway Bay
- Competition Date : Sunday, 15th September 2024
- Entry Fee : HK\$ 260 per person per event
(Except Coxswains)
Entry fee includes boat rental
- Entry Deadline : Monday, 19th August 2024 at 12:00 noon (Hong Kong Time)**

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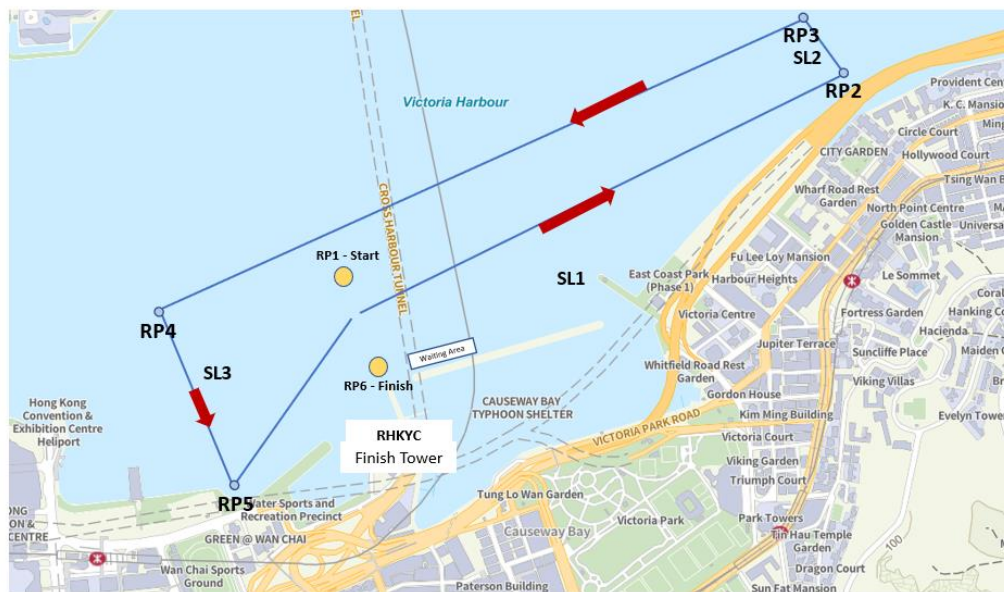
HONG KONG ROWING COASTAL CHAMPIONSHIPS

1. Race Course

The competition course for the Championships will be Victoria Harbour. Starting from Kellett Island, crews will race east to City Garden, then turning around two buoys to head back past Kellett Island towards Wan Chai Pier, turning around 2 buoys and back to the finish line in front of RHKYC. The 4.0 km course **will be used for all races**. More detailed information of the course will be shown in the **“Notice to Competitors”** which will be available at the HKCRA’s website after the entry deadline.

Warning: As with all open water events, this race is not without its share of risk. Rowing in Hong Kong harbour can be challenging at times, even for the most experienced crews. By entering the event, every Club and individual rower is responsible to ensure each rower has sufficient experience to manage the expected conditions safely. Although this responsibility rests with the Club and the rowers themselves, the Organising Committee reserves the right to withdraw at any time any crews which cannot demonstrate their ability to race safely in the prevailing conditions. (See para. 3 – Eligibility - for special condition of entry for Coastal Solo events.)

HONG KONG ROWING COASTAL CHAMPIONSHIPS COURSE 2024



Route Point (1)
Latitude: 22° 17.258 'N
Longitude: 114° 10.846 'E
-Start-

Route Point (2)
Latitude: 22° 17.579 'N
Longitude: 114° 11.586 'E
True Bearing: 64.9°
Distance: 1.4 KM

Route Point (3)
Latitude: 22° 17.676 'N
Longitude: 114° 11.505 'E
True Bearing: 322.3°
Distance: 0.2 KM

Route Point (4)
Latitude: 22° 17.226 'N
Longitude: 114° 10.605 'E
True Bearing: 241.6°
Distance: 1.7 KM

Route Point (5)
Latitude: 22° 17.013 'N
Longitude: 114° 10.705 'E
True Bearing: 156.5°
Distance: 0.4 KM

Route Point (6)
Latitude: 22° 17.159 'N
Longitude: 114° 10.886 'E
True Bearing: 48.9°
Distance: 0.4 KM

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2. Events

Eight (8) Championship events will be offered and each participant shall ONLY enter a maximum of 2 events - 1 event from Group A and 1 event from Group B (except Coxswains – see 3.3 below).

Group A Events (morning)

| | |
|-------------------------------------|----------|
| Open Coastal Coxed Quadruple Sculls | COpen4x+ |
| Women's Coastal Double Sculls | CW2x |
| Women's Coastal Solo | CW1x |
| Mixed Coastal Double Sculls | CMix2x |

Group B Events (afternoon)

| | |
|--|---------|
| Open Coastal Double Sculls | COpen2x |
| Open Coastal Solo | COpen1x |
| Women's Coastal Coxed Quadruple Sculls | CW4x+ |
| Mixed Coastal Coxed Quadruple Sculls | CMix4x+ |

We will attempt to ensure that there is at least a 1-hour break between the heat and the final of each event.

Eligibility

Open Events: Crews may comprise any combination of men and/or women rowers

Women's Events: Crews shall comprise all women rowers

Mixed Events: Crews shall comprise half men and half women rowers

Coxswains: Coxswains may be of either gender

Special Condition of Entry for Coastal Solo Events Every rower who enters a Coastal Solo event, must be an experienced coastal rower and could row 4km in rough water safely in a Coastal Solo. The Organising Committee has the right to reject an entry for the Coastal Solo event, if it is not satisfied with the ability or relevant experience of the rower.

2.1 Liability and Indemnity – By entering the Hong Kong Rowing Coastal Championships, each competitor is agreeing to the HKCRA Terms and Conditions which can be found in Appendix 1 of this Bulletin.

2.2 As the number of available coastal rowing boats is limited, the HKCRA reserves the right to limit the number of entries, if necessary, in order to run a manageable schedule on the day. If this situation arises, a draw will be made to determine which entries will be accepted. If there are less than 2 entries in any event that event shall be cancelled.

2.3 A coxswain can enter more than 1 event in a Group but must accept the risk and responsibility if they cannot meet the schedule for coxswain weigh-in and racing. In such a case, their crew might be excluded from the race.

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2.4 All competitors must be registered with the HKCRA as an Ordinary Member (OM) as a condition of entry in accordance with the HKCRA Rules of Racing. Persons who are not an OM will not be allowed to race and no exceptions will be made under any circumstances.

3. Boats & Oars, Warm-up Ergometers

Coastal rowing boats, oars & lifejackets will be provided by the Organiser and will be allocated to crews on a sharing basis. If you're participating in the race, please assist in moving the boats both before and after the race to alleviate the officials' workload.

Indoor Rowing Machines will be available on site for warm up.

It will not be possible to warm up on the water because of the use of shared boats.

4. Pre-Event Training - Boat Rental

Coastal rowing boats are available for pre-event training at RHKYC, Kellett Island, for crews who have entered for the Championships and who meet the required qualifications to compete:

Please contact HKCRA to book your sessions at coastalrowing@rowing.org.hk

Boat renting will be on first-come first-served basis during the times available for training. The provisional available training timetable is:

Training period: 2nd September – 12th September 2024

Monday 6:30am – 8:00am

Wednesday 6:30pm – 9:00pm

Saturday 9:00am – 12 noon

Sunday 9:00am – 12 noon

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5. Progression

The progression system is based on the number of boats available & the final number of entries which is likely to vary between events. There shall be 6 boats available form racing in C4x+ and in C2x events and 4 boats in C1x events. See the progression system based on these numbers shall be as shown in the below table for:

| Progression System |
|--|
| <p>For events where entries exceed the number of available boats, all Crews will be drawn into preliminary heats.</p> <p>Progression in C4x+ and C2x events (6 boats available) -</p> <ul style="list-style-type: none"> If there are 2 heats: The 1st, 2nd and 3rd placed crews from each heat will advance to the final. Other crews will be eliminated. If there are 3 heats: The 1st and 2nd placed crews from each heat will advance to the final. Other crews will be eliminated. <p>Progression in C1x events (4 boats available) -</p> <ul style="list-style-type: none"> If there are 2 heats: The 1st and 2nd placed crews will advance to the final. Other crews will be eliminated. If there are 3 heats: The winner of each heat and one additional crew, being the fastest of the 2nd placed crews from the heats, will advance to the final. Other crews will be eliminated |

Remarks: In order to publish the final ranking list of each event, the ranking order of crews not progressing to the final in each event will be based on the ranking of each crew in its heat. Where crews are of equal ranking from 2 or more heats, the crew with the faster elapsed time of those equal ranked crews in their heat shall be given the higher ranking in the final ranking list for that event.

6. Entry Procedures

- 6.1 All entries shall be made through the online entry platform - Regatta Central
https://www.regattacentral.com/regatta/?section=overview&job_id=9175
 on or before **12:00 noon on Monday, 19th August 2024.**
- 6.2 **The HKCRA will NOT accept any hard copy or email application.** In the case of event cancellation, only 50% of the paid entry fee will be refunded in view of the need of the HKCRA to bear the logistics and set-up costs.

7. Rules of Racing

- 7.1 HKCRA Coastal Rowing Rules
<http://www.rowing.org.hk/wp-content/uploads/2023/07/HKCRA-Rules-2023-Formatted%20Updated.pdf> will apply with other guidelines which can be referred to in the “**Notice to Competitors**” which will be published on the HKCRA official website after the entry deadline.
- 7.2 Clubs may substitute up to one-half number of rowers in crews entered by them subject to notification on the designated form to the Organising Committee at the Registration Counter on the day of racing no later than 30 minutes before their first heat, provided that the substitutes are members of the same



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Club(s). No substitutions may be made after the first heat except in the case of illness or injury which must be approved by the Chief Umpire.

- 7.3 If a crew withdraws from an Event for which it has been entered, it shall give notice on the designated form to the HKCRA as early as possible; at the latest, it shall give notice of withdrawal no later than 1 hour before the first heat of the Event concerned. On the day of racing, withdrawal forms should be lodged at the Registration Counter. For any withdrawals received after this time, except when accompanied by a medical certificate, the club /crew shall pay a penalty equal to the entry fee. In the case of a withdrawal the HKCRA may conduct a new draw if required. A withdrawal once made is irrevocable. There shall be no refund of entry fee.
- 7.4 All crews should make themselves aware of the provisions for starting, false starts, interference, turning around marker buoys, etc. and the sanction for any infractions – see HKCRA Rules of Racing - Coastal Rowing.
- 7.5 Coxswains must be weighed in racing uniform on tested scales not less than one hour and not more than two hours before their first race in each event in which they are competing. Note that they are required to weigh-in separately before their first race in each event if they are coxing more than one crew.
- 7.6 Race uniform's colour and design should be identical within a crew. For Local Clubs, crew uniform colour and design must be the same as their HKCRA registered club colours. Members of a composite crew shall wear the uniform of their respective clubs.

8. Crew Captains Meeting

- 8.1 There will be a Crew Captains' Meeting scheduled for **September 13, 2024 at 07:00pm**. The Crew Captain of every crew must attend the meeting as it will include important information relating to safety issues during the race, the crews' obligations to follow the correct safety procedures, race timing and other issues. Updates of the event and further information can be found at the Registration Counter on the day of racing.

9. Schedule

- 9.1 Depending on the final number of entries, the first race will take place at approximately 8:30am, followed by races at regular intervals through to the last race at approximately 4:45pm. A final timetable of races will be published after the entry deadline. Races will take approximately 20 minutes depending on the conditions and crew speed.
- 9.2 In the event of a red rainstorm warning signal or typhoon no. 3 signal or above by 6:00 am on the morning of the championships, the competition will be postponed. If there are local thunderstorms the OC shall take the necessary decisions on delay of racing and competitors will be kept informed.

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10. Medal Presentation

10.1 There will be two Medal presentation ceremonies which will be held at the RHKYC. The ceremony for Group A events will take place shortly after the completion of all the Group A (morning) finals and the ceremony for Group B events will be held shortly after the completion of the Group B (afternoon) finals.

10.2 The exact times will be announced once the Race Schedule is confirmed.

10.3 Gold, Silver and Bronze medals will be presented respectively to the top three ranked crews in each event.

11. Facilities, Food and Beverage

11.1 Competitors may use the changing rooms at the RHKYC Clubhouse.

11.2 The race entry fee **does not include** any food or beverage.

11.3 Lunch and drinks will be available for purchase using either a RHKYC member card or Octopus card (Octopus card user must also present race card provided by the Organiser during registration). **Cash is NOT accepted.** Further details will be provided in the Notice to Competitors.

12. Special RHKYC Venue Rules

12.1 SINGLE USE PLASTIC BOTTLES ARE NOT ALLOWED IN THE RHKYC. Water supply is available to refill your own reusable bottles.

12.2 Talking on mobile phones is not allowed inside the RHKYC premises.

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13. Enquiries and Correspondence

All enquiries : Alice LIU / Ang LAU at HKCRA
 Telephone : 3841-7217 / 3841-7219
 Fax : 2601-4477
 Email : alice.l@rowing.org.hk / ang.l@rowing.org.hk

The Championships relies on your enthusiasm, help and participation. If any Clubs or individuals wish to assist in any areas of management or in providing helpers on the days leading up to the Championships or during the event, please let us know as soon as possible.

Organising Committee of 11th Hong Kong Rowing Coastal Championships

| | |
|-------------------------------|---|
| Chairman | Ms. HO Kim Fai, OLY |
| Co-Convenor | Ms. Anna Lee FISHER Ms. CHAN Ngai Yan Mr. CHOW Kwong Wing |
| Appeal Board | Mr. Mike TANNER, BBS, MH Mr. NG Wing Ning, Victor |
| Promotion & Design | Mr. TSANG Chiu Lung Rax |
| External Communication | Ms. Anna Lee FISHER Mr. CHAN Man Him Mr. KAO Chung Lei Edmund |
| Race Details | Mr. Bentley CHAU Mr. Gary MEACHAM |
| Equipment | Mr. KWOK Tai Ming |
| On Day Operation | Ms. TANG Tik Mr. WONG Man Wai, Benjamin |
| Budget | Ms. CHAN Ngai Yan Mr. CHOW Kwong Wing Ms. HO Wai Chi |

Hong Kong, China Rowing Association
 19th July 2024

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APPENDIX 1

11th Hong Kong Rowing Coastal Championships - Terms and Conditions of Entry

By entering the 11th Hong Kong Rowing Coastal Championships (the Event), each competitor, or in the case of a Junior (U-19) rower their parent or guardian on their behalf, agrees to the following Terms and Conditions which shall apply to all activities associated with the Event, including training and racing: -

1. The participant or their parent/guardian declares that the participant has full knowledge of the risks involved in water sports and open water rowing and is well prepared physically and is sufficiently fit to compete in the Event.
2. The participant or their parent/guardian declares that the participant can swim at least 50 metres and is confident under water & treading water in clothing not less than racing uniform and attire. Otherwise, the participant agrees that they shall be responsible to always wear a personal flotation device (pfd) when they are in the boat for the purposes of the Event, whether for training or racing.
3. The participant or their parent/guardian hereby indemnifies the Hong Kong, China Rowing Association (HKCRA), the Royal Hong Kong Yacht Club (RHKYC), the Leisure & Cultural Services Department (LCSD), the Supporting Organisations and the appointed officials, volunteers, staff & employees and shall not hold them liable for any claim or demand arising from the death, personal injury, damage or loss of property of the participant or their Club whereby such is not caused by negligence, which may occur in the course of or as a result of participation in the Event.
4. The participant or their parent/guardian agrees that the participant is entering the Event at his/her own risk and responsibility. The participant discharges the HKCRA, RHKYC and LCSD and all other individuals and organisations connected directly or indirectly with the Event from any responsibility in the event of injury, death or loss of property incurred during, as consequence of, or while traveling to and from the Event.
5. The participant or their parent/guardian agrees that the participant shall comply strictly with all rules, regulations, requirements & instructions related to the Event and the participant shall be responsible for any death, personal injury or loss to property if such is caused by the violation of such rules, regulations, requirements & instructions by the participant.
6. The participant or their parent/guardian agrees to pay the costs of repair or replacement for any damages to any equipment caused by the participant.

Medical Declaration: It is the participant or their parent's/guardian's responsibility to make known any potential medical conditions that may affect their health, safety and performance during the Event and related activities and to inform HKCRA and LCSD of any subsequent conditions arising from or becoming known during or after the Event.

7. By entering the Event, the participant or parent/guardian agrees to and confirms to accept and follow all the terms, conditions and points made and subsequently raised in these Terms and Conditions, in the Event Bulletin, the Notice to Competitors, the Rules of Racing and the Crew Captains Meeting.