

# HONG KONG ROWING SCHOOLS CHAMPIONSHIPS

香港賽艇校際錦標賽

2024

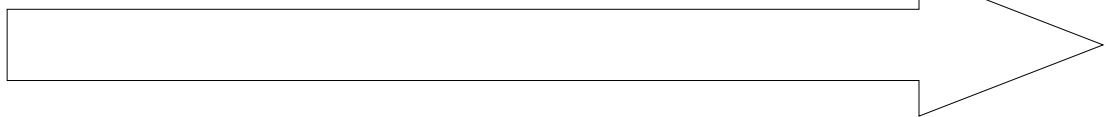
## Notice to Competitors

- The races shall be raced in accordance with the Rules of Racing of the Hong Kong, China Rowing Association (HKCRA). (Please refer to <http://www.rowing.org.hk/rules-of-racing/>).
- Coxswain can be a non-student with no age and gender restriction. Coxswains must be weighed with racing uniform on tested scales not more than two hours and not less than one hour before the start time of their first race in each event on each day of racing. The minimum weight for a coxswain wearing racing uniform is 50 kgs. To make up this weight, a coxswain may carry additional deadweight as close as practicable to their person in the boat. No article of racing equipment should be considered as part of this deadweight.
- If a crew withdraws from an Event for which it has been entered, it shall give notice on the designated form to the HKCRA as early as possible; at the latest, it shall give notice of withdrawal no later than 1 hour before the first heat of the Event concerned. For any withdrawals received after this time, except when accompanied by a medical certificate, the club /crew shall pay a penalty equal to the entry fee. In the case of a withdrawal the HKCRA may conduct a new draw if required. A withdrawal once made is irrevocable. There shall be no refund of entry fee.
- Substitution of up to half the number of crew members (as well as the coxswain, if applicable) is permitted provided that any substitutes (except for coxswain) are entitled to represent the same School and fulfill the entry requirement in the event. The changes are advised in writing to the HKCRA at least 30 minutes before the start of the Heat concerned. No substitution shall be permitted once a crew has raced, other than for genuine reasons of injury or illness.
- All participants must sign and return the completed declaration form, otherwise, they are not allowed to compete in the event.
- Crews will not be called for their race. Crews shall register with their valid Student cards/ copy of the student handbook and are recommended to report to the Registration Counter at the 30 minutes before the scheduled start time of their race.

### Outing Procedures

(Jockey Club Sha Tin Rowing Centre / Jockey Club Shek Mun Rowing Centre):

Report to Registration Counter with valid Student cards/ copy of the student handbook				
Cox Weight-In	Registration & borrow No. Plate	Withdrawal Form submission (if needed)	Crew Change Form submission (if needed)	Move the race boat to the pontoon and outing
1-2 hrs. before the race start	Suggest 30 minutes before the race start	1 hour before the first heat of the Event	30 mins before the race start	Suggest 20 mins. before start



- HKCRA boats will be allocated to the competitors as indicated in the Draw. Major adjustments to rigging will not be permitted on shared boats. If any HKCRA boats cannot be provided by in view of the equipment failure, entry fee will be refunded to the participated school. If competitors will use their private boats for competition, please state in the Entry Form.

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8. In order to protect the safety of rowers, the bows of all boats shall be fitted with a solid white ball shape, minimum 4 cm in diameter and crews should ensure the racing boat are tightened with heel restraints.
9. Boats leaving the pontoons at both centers must do so in the direction of the Traffic Rule as shown and keep a careful lookout for races in progress and be prepared to give way.
10. Distances are marked along the south bank at 250-meter intervals.
11. All crews shall be within 200 meters of the start (the starting area) 5 minutes before the scheduled time of the race. Crews shall not proceed onto the course until instructed to do so by an official at the start. Crews shall be on their starting positions 2 minutes before the scheduled time of the race, unless otherwise instructed by an official.
12. The starter may start a race without reference to absentees.
13. In the event of a crew or crews withdrawing and leaving only one crew, that crew may be required to row over the course to be entitled to the prize.
14. The Organizers reserve the right to amend the Schedule of Races should circumstances require.
15. Protests: A crew whose objection has been rejected or crews affected by the Race Umpire's decision on the objection may lodge a Protest in writing to the Jury not later than 30 minutes after the Race Umpire has advised his decision regarding the objection. The Protest shall be accompanied by a deposit of HK\$500, which amount shall be refunded if the Protest or Appeal is succeeded. In all cases of dispute, the decision of the jury shall be final and without further appeal.
16. Each participating school shall assign at least **ONE** representative to attend the Team Managers' Meeting. Team Managers' Meeting at Jockey Club Sha Tin Rowing Centre at 08:00am and 03:40pm on 19 Oct 2024 (Saturday).
17. School Representatives can borrow Number Plate at the Registration, but a fine of HKD150 will be charged for any loss or damage.