

Race Bulletin for Disciplinary Forces Cup

Invitation

The Disciplinary Forces Cup is once again being introduced at the 38th Hong Kong Rowing Championships and to be held on 29 & 30 October 2016 in Hong Kong. The Championships is the largest local international rowing event in Hong Kong, where more than 600 overseas and local rowers and visitors take part in this exciting competition.

Our “Disciplinary Forces Cup” has been well supported by Local Disciplinary Forces Departments in the past. We provide an exclusive training package service for teams to taste the joy of rowing and to become a competent rowing within a short period of time. Please take a look at this Bulletin and discover the spirit of “Disciplinary Forces Sport”!

Event Information

- Organized by : Hong Kong, China Rowing Association (HKCRA)
- Subvented by : Arts and Sport Development Fund (Home Affairs Bureau)
- Supported by : Leisure & Culture Services Department (LCSD)
- Competition Dates : **30 October 2016 (Sunday) – For Disciplinary Forces Cup**
- Venue : Sha Tin Rowing Centre & Jockey Club Shek Mun Rowing Centre
- Entry By Number Deadline** : **26 August 2016 (Friday) 12:00 midnight (HK Time)**
- Entry By Name Deadline** : **21 September 2016 (Wednesday) 12:00 midnight (HK Time)**
- LIMITED ENTRY** : **Due to limited number of boats available, there is a limited quota in each event. The HKCRA will arrange the boats after received all the Entry by Number Forms. The final entries of each team will be confirmed by 14 September 2016 (Wednesday) through email and HKCRA website: (<http://www.rowing.org.hk/>).**

*** Please note that the final race schedule may be changed subject to the total number of entries received in each event.*

Race Information

1. Venue Introduction

The Championships will be held over six lanes on the Shing Mun Regatta Course at Sha Tin, New Territories which was the venue for the 14th Asian Junior Rowing Championships, East Asian Games (Rowing Event) and the Asian Rowing Cup II in 2008, 2009 and 2013 respectively. It is a tidal river and the course has been used for the Championships since 1982. Access to Sha Tin from the main urban/ central areas is very convenient by road or electric suburban train to:-

- A) Fo Tan MTR Station, from where it is a five minutes - walk to the Sha Tin Rowing Centre, or
- B) Sha Tin MTR Station, taking KMB (Bus) Route No. 284 to Ravana Garden, from where it is a ten minutes - walk to the Jockey Club Shek Mun Rowing Centre.



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2. Race Distance

“Disciplinary Forces Cup” event will be 1000 meters for race distance with floating start.

3. Events

<u>Men's</u>	<u>Women's</u>
*4x+	

**4 rowers per boat with a coxswain.*

4. Rules of Racing

The races shall be rowed in accordance with the Rules of Racing of the HKCRA.
(Please refer to http://www.rowing.org.hk/web/en/HKCRA_RULE_NEW.pdf)

5. Prizes

Trophies and medals will be presented to the Champion team, 1st, 2nd and 3rd runner-up of crew in each “Disciplinary Forces Cup” event.

6. Registration, Entry Fees and Training Package Fee

It is advised to make the entries with reference to the attached **“Preliminary Schedule” (Annex 1)**.
Registration & Entry Fees and Training Fee are included in the **“Disciplinary Forces Cup Package” (Annex 2)**.

The Training Package Fee comprises the following parts:-

- 6.1 Race Entry Fee - Coxed Fours (4x+): HKD650.00 per event
- 6.2 Equipment Charge – include boats and oars for training and competition
- 6.3 Facility Charge
- 6.4 Coaches Fees – include coaching fee during the training sessions
- 6.5 Others – include Welcoming Dinner, Celebration Drink Party & HKCRA Rower Registration

Deadline of Submission: 21 September 2016

7. Entry Procedures

- 7.1 Please complete and return the **“Preliminary Entry Form – Entry by Number” (Annex 3) on or before 26 August 2016 (Friday)**.
- 7.2 Completed the **“Final Entry Form – Entry By Name” (Annex 4)** should reach the HKCRA Office on or before **12:00 midnight, 21 September 2016 (Wednesday)**.
- 7.3 Entries can be sent by e-mail to: hkrc@rowing.org.hk. Softcopy of the entry form is also available at HKCRA official website.
- 7.4 **Late entries will only be accepted if there are available spaces in the schedule. Late entries, where accepted, will be required to pay double entry fee. The HKCRA reserves the right to reject any late entry.**
- 7.5 The draw will be conducted on **6 October 2016 (Thursday)** at HK Time 7:30 p.m. at the Sha Tin Rowing Centre. Should your representative wishing to present at the Draw should notify the HKCRA in advance.
- 7.6 Deposit: HKD500.00/boat to be made in case of equipment damage. It is refundable if no damage occurs after the whole event. However, in case of repair for damage caused by the crews to equipment exceeding HKD500.00, HKCRA reserves the right to levy surcharges to the crews concerned to cover the cost of such repair work.

8. Training Package

- 8.1 Training fee and coaching fee are included in the Disciplinary Forces Cup Package.

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- 8.2 Each Forces Package includes training sessions for a total of 12 hours or 8 hours for Gold, Silver and Bronze Package.
- 8.3 Training will be conducted at the Jockey Club Shek Mun Rowing Centre.
- 8.4 Boats will be in **coxed four sculling** (4x+) and it will be used on a shared basis.
- 8.5 Additional training (1 coach for 1 boat) could be arranged at the cost of HKD900.00/session (4 hrs/session).
- 8.6 Booking will be confirmed on a first-come-first-served basis. Teams can reserve training session immediately after enrolment by completing and returning the **“Training Session Booking Form” (Annex 5)** and are encouraged to have their training sessions as soon as possible.
- 8.7 Should your team could like to have additional training, it would be booked by completing and returning the **“Additional Training Session Booking Form” (Annex 6)**.
- 8.8 Both training booking forms should reach the HKCRA office on or before **21 September 2016 (Wednesday)**.

Deadline of Submission: 21 September 2016

9. Souvenir

Each participating rower will receive a souvenir provided by the Organizing Committee (OC).

10. Boats and Oars

The hiring charges of the boats for use in the Championships are included in the Package Fee. Boats will be allocated by the OC. If the number of boats is insufficient, boats may be used on a shared basis.

11. Coxswains

The coxswains may be either male or female at the choice of the Team.

12. Welcoming Dinner

A Welcoming Dinner (Stand-up buffet) will be organized for local and overseas competitors on **28 October 2016 (Friday)**, starting from 7:00pm (to be confirmed).

A souvenir will be presented to each participating team during the Welcoming Dinner and it will be a great experience and cultural exchange between local and overseas teams.

All coaches, team managers and competitors are cordially invited to attend (Dress code: casual), and no additional charge will be required. Interested crews please indicate your availability by completing **“Reply Slip of Welcoming Dinner” (Annex 7)**. Reservations will be made on “FIRST-COME-FIRST-SERVED basis”.

13. Celebration Drink Party

A Celebration Drink Party will be held on **30 October 2016 (Sunday)** around 3:25pm (to be confirmed). Details will be announced later. Interested crews please indicate your availability at **“Reply Slip of Celebration Drink Party” (Annex 7)**.

Deadline of Submission: 21 September 2016

14. Photo for Accreditation Card and Souvenir Programme

All competitors in the Championships will receive an accreditation card for identification before boat outing and the team photo will be published in the Souvenir Programme. Please submit one individual recent photo (passport size) of each rower and team photo by e-mail to hkrc@rowing.org.hk on or before **21 September 2016 (Wednesday)**.

Deadline of Submission: 21 September 2016

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15. Payment Method

15.1 Full Payment of the selected Package should be paid to HKCRA together with the ‘Training Session Booking Form’.

By Cheque: Make payable to “Hong Kong, China Rowing Association” (Address: Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin, N.T., H.K.) **OR**

Bank Transfer: Transfer payment to the HSBC Account (002-6-187443) and fax the payment slip or email with Reference No. (if using e-Banking) to HKCRA before the final entry deadline with your team’s name and contact phone number written on it.

15.2 Arrangements for Entry Fee in case of Cancellation: -
In view of the need of the HKCRA to bear the logistics and set-up costs, in the event that the Championships have to be cancelled, only 50% of the paid entry fee will be refunded.

15.3 All payment (include training and entry fees) **MUST** be settled before start of any training.

Deadline of Submission: 21 September 2016

16. Your Action Deadline

Deadline (on or before 12:00 midnight, HK Time)	Actions	Annex
N/A	➤ Preliminary Schedule	1
	➤ Disciplinary Forces Cup Package	2
26 August	: ➤ Preliminary Entry Form - Entry By Number	3
21 September	: ➤ Final Entry Form - Entry By Name	4
	: ➤ Training Session Booking Form	5
	: ➤ Additional Training Session Booking Form (if necessary)	6
	: ➤ Reply Slip of Welcoming Dinner	7
	: ➤ Reply Slip of Celebration Drink Party	7
	: ➤ Submission of passport size photo of each rower and a team photo for Accreditation Card and Souvenir Programme	--

17. Enquiries and Correspondence

All correspondence to : **Ms. Ang LAU**
Coordinator, Organizing Committee
38th Hong Kong Rowing Championships
Sha Tin Rowing Centre
27 Yuen Wo Road, Sha Tin, N.T., Hong Kong

Telephone : (852) 2699-7229 / 2699-7271
Fax : (852) 2601-4477
E-mail : hkrca@rowing.org.hk

The Hong Kong Rowing Championships relies on your enthusiasm, help and participation. If any Disciplinary Forces wish to assist in any areas of management or in providing helpers on the days leading up to the Championships, please let us know as soon as possible.

Look forward to receiving your support to the sport of Rowing!

Organizing Committee
38th Hong Kong Rowing Championships
25 July 2016