

賽程 Race Schedule
as at 16:00, 02/03/2017
5/3/2017 (星期日 Sunday)

輕量級項目 報到及過磅時間 Report & Weigh-in Time for Lightweight Event	報到時間 Report Time	熱身時間 Warm up Time	召集時間 Race Assembly Time	開賽時間 Racing Time	場次 Race	項目 Events
/	8:30	9:10	9:20	9:30	15	男子公開組個人2000米 Women's Open Individual 2000m
/	8:45	9:25	9:35	9:45	16	男子大師組個人2000米 (30-39歲) Men's Masters Individual 2000m (Aged 30-39) 男子大師組個人2000米 (40-49歲) Men's Masters Individual 2000m (Aged 40-49) 男子大師組個人2000米 (50-59歲) Men's Masters Individual 2000m (Aged 50-59)
/	9:00	9:40	9:50	10:00	17	男子大師組個人2000米 (60或以上) Men's Masters Individual 2000m (Aged 60 & Above) 女子大師組個人2000米 (30-39歲) Women's Masters Individual 2000m (Aged 30-39) 女子大師組個人2000米 (50-59歲) Women's Masters Individual 2000m (Aged 50-59)
8:00 - 9:00	/	/	/	/	/	女子輕量級組個人2000米 (30-39歲) Women's Lightweight Individual 2000m (Aged 30-39) 女子輕量級組個人2000米 (40歲或以上) Women's Lightweight Individual 2000m (Aged 40 & Above)
8:15 - 9:15	/	9:55	10:05	10:15	18	男子輕量級組個人2000米 (19-29歲) (第一組) Men's Lightweight Individual 2000m (Aged 19-29) (Group 1) 男子輕量級組個人2000米 (30-39歲) Men's Lightweight Individual 2000m (Aged 30-39)
8:30 - 9:30	/	10:10	10:20	10:30	19	男子輕量級組個人2000米 (19-29歲) (第二組) Men's Lightweight Individual 2000m (Aged 19-29) (Group 2) 男子輕量級組個人2000米 (40歲或以上) Men's Lightweight Individual 2000m (Aged 40 & Above)
8:45 - 9:45	/	10:25	10:35	10:45	20	女子輕量級組個人2000米 (19-29歲) Women's Lightweight Individual 2000m (Aged 19-29)
/	10:00	10:40	10:50	11:00	21	男子公開組個人500米 Men's Open Individual 500m 女子公開組個人500米 Women's Open Individual 500m
/	10:10	10:50	11:00	11:10	22	男子大專組隊際接力 Men's Post-secondary Institutes Team Relay 女子大專組隊際接力 Women's Post-secondary Institutes Team Relay
/	10:25	11:05	11:15	11:25	23	男子紀律部隊隊際接力 Men's Disciplinary Forces Team Relay 女子紀律部隊隊際接力 Women's Disciplinary Forces Team Relay
11:40 - 12:35						頒獎典禮 III 及 午膳時間 Medal Presentation Ceremony III & Lunch Break
/	11:35	12:15	12:25	12:35	24	男子大師組個人500米 (30歲-39歲) Men's Masters Individual 500m (Aged 30-39) 男子大師組個人500米 (40歲-49歲) Men's Masters Individual 500m (Aged 40-49) 男子大師組個人500米 (50歲-59歲) Men's Masters Individual 500m (Aged 50-59)
/	11:45	12:25	12:35	12:45	25	女子大師組個人500米 (30歲-39歲) Women's Masters Individual 500m (Aged 30-39) 女子大師組個人500米 (40歲-49歲) Women's Masters Individual 500m (Aged 40-49) 女子大師組個人500米 (50歲-59歲) Women's Masters Individual 500m (Aged 50-59)
/	11:55	12:35	12:45	12:55	26	男子政府部門隊際接力 Men's Government Departments Team Relay 男子專業團體隊際接力 Men's Professional Bodies Team Relay 男子工商機構隊際接力 Men's Corporates Team Relay 女子政府部門隊際接力 Women's Government Departments Team Relay 女子專業團體隊際接力 Women's Professional Bodies Team Relay 女子工商機構隊際接力 Women's Corporates Team Relay
/	12:10	12:50	13:00	13:10	27	男子賽艇/獨木舟/龍舟會隊際接力 Men's Rowing, Canoeing & Paddling Clubs Team Relay 男子其他體育會/團體隊際接力 Men's Other Sports Clubs & Societies Team Relay 女子賽艇/獨木舟/龍舟會隊際接力 Women's Rowing, Canoeing & Paddling Clubs Team Relay 女子其他體育會/團體隊際接力 Women's Other Sports Clubs & Societies Team Relay
/	12:25	13:05	13:15	13:25	28	大學八人隊際2000米混合賽 (第一組) Universities 8-A- Mixed 2000m Crew Race (Group 1)
/	12:40	13:20	13:40	13:40	29	大學八人隊際2000米混合賽 (第二組) Universities 8-A- Mixed 2000m Crew Race (Group 2)
/	12:55	13:35	13:45	13:55	30	大學八人隊際2000米混合賽 (第三組) Universities 8-A- Mixed 2000m Crew Race (Group 3)
/	13:10	13:50	14:00	14:10	31	男子大師組一分鐘挑戰 (40歲或以上) Men's Masters One-Minute Challenge (Aged 40 & Above) 女子大師組一分鐘挑戰 (40歲或以上) Women's Masters One-Minute Challenge (Aged 40 & Above) 女子公開組一分鐘挑戰 Women's Open One-Minute Challenge
/	13:15	13:55	14:05	14:15	32	男子公開組一分鐘挑戰 Men's Open One-Minute Challenge
/	13:20	14:00	14:10	14:20	33	30分鐘慈善長途接力 (公開組) 30 minutes Charity Rowathon (Open) 30分鐘慈善長途接力 (政府部門, 專業團體及工商機構) 30 minutes Charity Rowathon (Government Department, Professional Bodies & Corporates)
/	14:00	14:40	14:50	15:00	34	男子二人2000米慈善融合挑戰賽 (第一組) Integrated 2000m Charity Challenge Men's Pair (Group 1)
/	14:15	14:55	15:05	15:15	35	男子二人2000米慈善融合挑戰賽 (第二組) Integrated 2000m Charity Challenge Men's Pair (Group 2)
/	14:30	15:10	15:20	15:30	36	男子二人2000米慈善融合挑戰賽 (第三組) Integrated 2000m Charity Challenge Men's Pair (Group 3)
/	14:45	15:25	15:35	15:45	37	女子二人2000米慈善融合挑戰賽 Integrated 2000m Charity Challenge Women's Pair
/	15:00	15:40	15:50	16:00	38	男女混合2000米慈善融合挑戰賽 (第一組) Integrated 2000m Charity Challenge Mixed Pair (Group 1)
/	15:15	15:55	16:05	16:15	39	男女混合2000米慈善融合挑戰賽 (第二組) Integrated 2000m Charity Challenge Mixed Pair (Group 2)
表演 Performance (16:15-16:30)						
/	15:30	16:10	16:20	16:30	40	女子超級會長盃 Women's Top of the Tops President Cup
/	15:45	16:25	16:35	16:45	41	男子超級會長盃 Men's Top of the Tops President Cup
17:00 - 18:10						頒獎典禮 IV Medal Presentation Ceremony IV