

HK Island & Kln Secondary Schools Competition – BOCHK Indoor Rowing Cup 2018 – 2019

Competition Reminder

1. Competition Information

The following Competition Information have been uploaded to the HKSSF website.

1.1 Time Table

1.2 Start List

- Go to www.hkssf.org.hk 【Inter-secondary Schools Sports Competition HK Island and Kowloon > Various Sports Information > Indoor Rowing > General Circulars】 .

2. Reporting Time

All school team managers must report to Organising Committee before the first race participated by their school (recommend one hour ahead), otherwise students of the school are not allowed to participate in the competition.

3. Team Manager

School Staff or non-full-time staff member authorized by Head of School must accompany their team throughout the competition. Appointed non-full-time staff member must submit 'Team Manager (non-staff member) Registration Form' to the Federation Office 3 working days before assume duty.

- Go to www.hkssf.org.hk 【Inter-secondary Schools Sports Competition HK Island and Kowloon > Forms】 .

4. Uniform

- 4.1 All rowers are required to wear their uniform tops bearing school name or abbreviation or badge, which should be sewn, stenciled or marked on permanently.
- 4.2 The four members in a relay team should wear identical jersey in the same colour and style.
- 4.3 Rowers may be disqualified if they are incorrectly dressed.
- 4.4 Bare skin is not allowed for all rowers and may lead to disqualification.

5. Classification of Teams

5.1 To determine ranking of each school, the following points scoring system will be used:-

Placing		1	2	3	4	5	...	19	24	...	29	...
2000m	Points	30	28	27	26	25	1	"	"
1000m		25	23	22	21	20	1	"	"	"
500m		20	18	17	16	15	...	1	"	"	"	"
4 x 500m		40	36	34	32	30	...	2	"	"	"	"

5.2 Points will only be awarded for performances attaining the standard time.

Event \ Grade	Boys			Girls		
	A	B	C	A	B	C
500m	01:41.0	01:46.0	01:53.0	02:05.0	02:06.0	02:11.0
1000m	03:44.0	03:50.0	04:08.0	04:29.0	04:36.0	04:43.0
2000m	08:08.0	08:23.0	--	09:32.0	09:36.0	--
4 x 500m Relay	06:42.0	06:52.0	07:32.0	08:02.0	08:21.0	08:43.0

5.3 In the event of a tie, each rower/team will be credited with an average of points to that position and the position(s) following it.

5.4 The Grade Title will be calculated by the points awarded in the two Individual Events and Team Event in each grade.

****For details, please refer to Secondary Schools General Information Booklet
“General Rules of Inter-School Indoor Rowing Competition”. ****

Luk Dick Sang
Convenor

To : All participating schools in Indoor Rowing
Date: 26th April 2019