

**比賽賽程 Race Schedule**  
**(As at 2019.09.19, 17:00)**

2019年9月21日 (六) / 21 September 2019 (Sat)

08:30 - 09:00 領隊會議 Team Managers' Meeting				
場次 Race	時間 Time	項目 Event	距離 Distance	
1	9:30	M2x	Heat 1	2000 m
2	9:40		Heat 2	
3	9:50		Heat 3	
4	10:00	M4-	Heat 1	2000 m
5	10:10		Heat 2	
6	10:20	M4x	Heat 1	2000 m
7	10:30		Heat 2	
8	10:40	W1x	Heat 1	2000 m
9	10:50		Heat 2	
10	11:00	Junior W4x+	Final	1000 m
11	11:10	Masters A M1x	Final 1	1000 m
12	11:20		Final 2	
13	11:30	Masters C M1x	Final	1000 m
14	11:40	Masters D M1x	Final 1	1000 m
15	11:50		Final 2	
16	12:00	Masters A W2x	Final 1	1000 m
17	12:10	Masters A, C W2x	Final 2, Final	
18	12:20	M2x	Repechage	2000 m
19	12:30	M4-		
20	12:40	M4x		
21	12:50	W1x		
13:00 - 14:15 頒獎典禮 I (大師組項目, 青少年組項目)及午飯 Medal Presentation Ceremony I (Masters Events, Junior Events) & Lunch Break				
22	14:15	M1x	Heat 1	2000 m
23	14:25		Heat 2	
24	14:35		Heat 3	
25	14:45		Heat 4	
26	14:55	W2x	Heat 1	2000 m
27	15:05		Heat 2	
28	15:15	W4x	Heat 1	2000 m
29	15:25		Heat 2	
30	15:35	Masters A, C W4x	Final	1000 m
31	15:45	Masters A, C M8+	Final	1000 m
32	15:55	M1x	Repechage 1	2000 m
33	16:05		Repechage 2	
34	16:15	W2x	Repechage	2000 m
35	16:25	W4x		
16:35 - 16:50 頒獎典禮 II (大師組項目) Medal Presentation Ceremony II (Masters Events)				

2019年9月22日 (日) / 22 September 2019 (Sun)

08:00 - 08:30 領隊會議 Team Managers' Meeting				
場次 Race	時間 Time	項目 Event	距離 Distance	
36	9:00	M2x	Final	2000 m
37	9:10	M4-		
38	9:20	M4x		
39	9:30	W1x		
40	9:40	W8+		
41	9:50	UC M8+	Final	2000 m
42	10:00	CORP MR4x+	Final 1	1000 m
10:10 - 11:00 頒獎典禮 III (公開組項目) Medal Presentation Ceremony III (Open Events)				
43	11:00	CORP MR4x+	Final 2	1000 m
44	11:10	LTA(PR3) ID Open4x+	Final	2000 m
45	11:20	LTA (PR3) M1x	Final	2000 m
46	11:30	AS (PR1) M1x	Final	2000 m
47	11:50	UC W8+	Final	2000 m
48	12:00	CORP WR4x+	Final	1000 m
12:10 - 13:25 頒獎典禮 IV (工商機構盃, 展能組項目, 大學挑戰盃)及午飯 Medal Presentation Ceremony IV (Corporations Cup, Para Rowing Events, University Challenges) & Lunch Break				
49	13:25	Masters A M2x	Final	1000 m
50	13:35	Masters C M2x	Final	1000 m
51	13:45	Masters D M2x	Final	1000 m
52	13:55	DISP WR4x+	Final	1000 m
53	14:05	Masters A, D W1x	Final	1000 m
54	14:15	Masters A, C, D M4-	Final	1000 m
55	14:25	Masters A M4x	Final	1000 m
56	14:35	Masters D M4x	Final	1000 m
57	14:45	DISP MR4x+	Final	1000 m
58	14:55	W4-	Final	2000 m
59	15:05	M1x		
60	15:15	W2x		
61	15:25	W4x		
62	15:35	M8+		
15:40 - 16:10 派發飲品及表演 (沙田賽艇中心天台) Drink Distribution & Performance at STRC rooftop				
16:15 - 17:00 頒獎典禮 V (大師組項目, 紀律部隊盃, 公開組項目) Medal Presentation Ceremony V (Masters Events, Disciplined Forces Cup, Open Events)				

## 備註

## Legend

公開組 - Open Events

大師組 - Masters Events

紀律部隊盃 - Disciplined Forces Cup (DISP)

工商機構盃 - Corporations Cup (CORP)

青少年組 - Junior Events

大學挑戰盃 - University Challenges (UC)

展能組項目 - Para Rowing Events

初賽 - Heat

決賽 - Final

復活賽 - Repechage

資助機構  
Subvented by支持機構  
Supported by贊助商  
Sponsors