



Rowing and Paddle Sports

Harbour Rowing & Paddling 2021

TO BE READ IN ADDITION TO THE SPORT SPECIFIC SAFETY POLICY

About this Document

Welcome to rowing at Kellett Island!

As you can appreciate, this training location is unique and therefore has unique risks that need to be taken into consideration.

This document aims to highlight these risks and provide simple guidelines that will create a safe and enjoyable rowing environment. This document will be revised every six months.





If you have any concerns or would like find out more information, please contact the Rowing & Paddle Sports Manager on 2239-0322 or email rowing.manager@rhkyc.org.hk.

Rules of KI Rowing

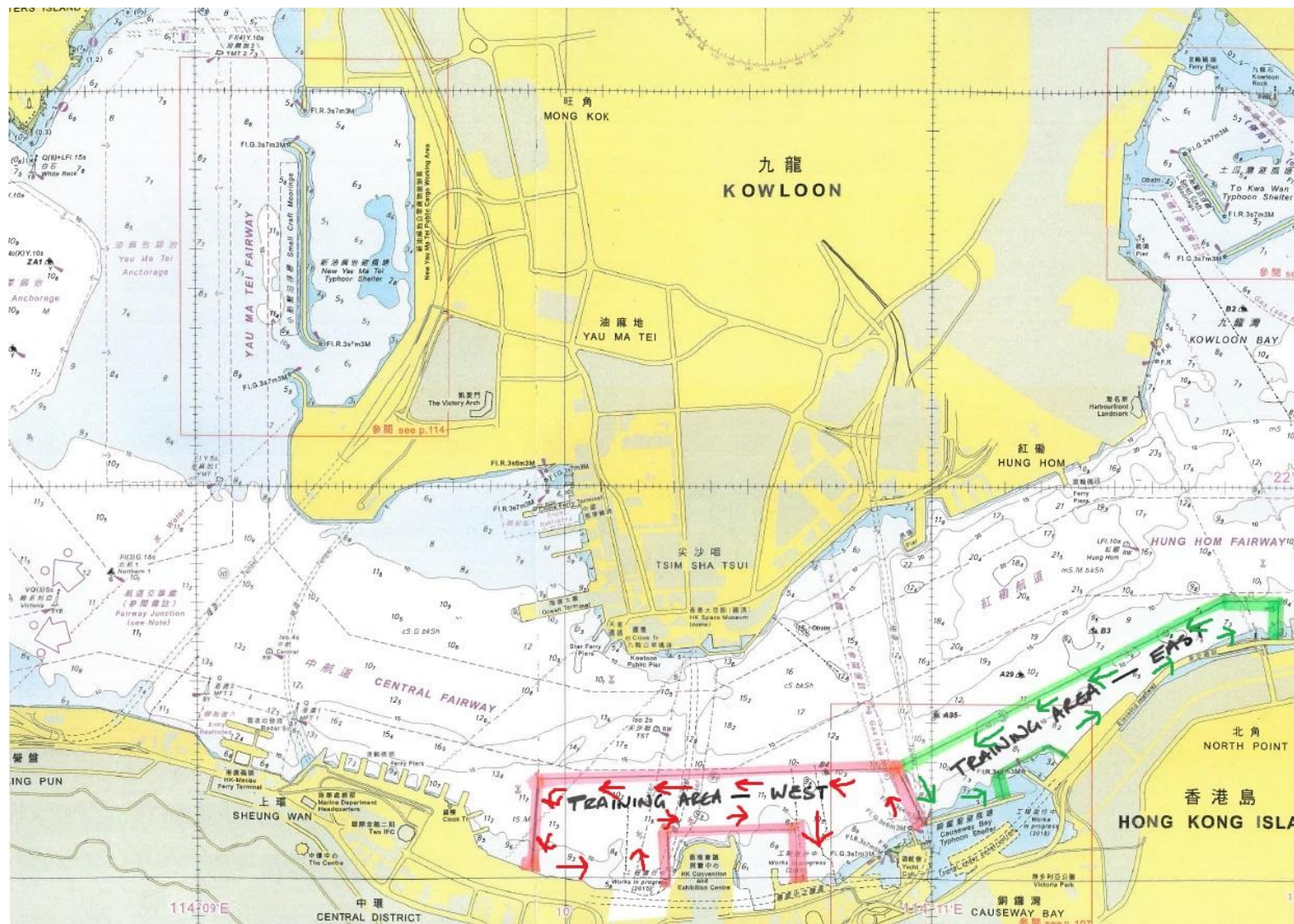
- You **MUST NOT** row outside the provided training schedule unless you have arranged with the RHKYC Rowing and Paddle Sports staff.
- You **MUST** stay in the designated Harbour Training Area unless permission granted.
- You **MUST** have the provided safety kit, Life Jackets and your mobile phone on board at all times.
- Coxswains **MUST** wear a life jacket.
- You **MUST** be wearing high-visibility clothing.
- You **MUST** book the boat out on the THKYC Coastal Rowing @ KI WhatsApp Group.
- There **MUST** be at least one RHKYC Member in each unsupervised session.
- You **MUST** not start or continue a training session should the visibility drops below 1 nautical mile. (You should be able to see Kowloon at all times and you should be able to see IFC from KI).
- You **MUST** follow all rules and guidelines set out in the Club's Coastal Rowing Safety Policy.

Weather

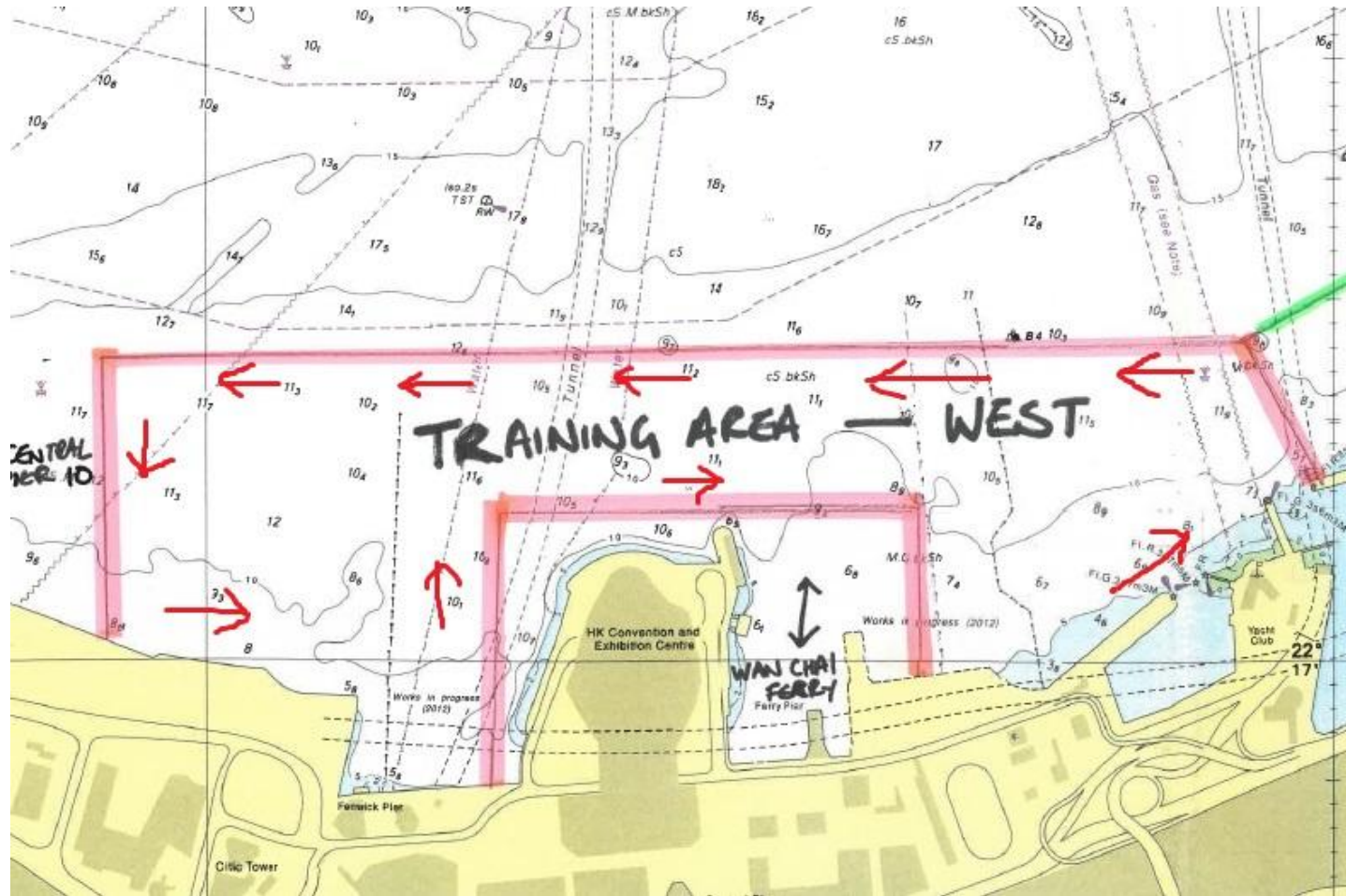
As outlined in the Rowing Safety Policy, please see below the rules regarding bad weather arrangements.

Signal	For members	For Rowing Courses
<p>Tropical cyclone warning signal No.3 or above</p> 	<p>No Club Boats may go out.</p> <p>If rowers still want to take out their own boat, NO rescue service will be available.</p>	<p>No Rowing Courses should take place. Make up class will be arranged</p>
<p>Red or Black rainstorm signal</p> 		
<p>Thunderstorm warning; Amber rainstorm; Tropical cyclone warning signal No.1; Strong monsoon Signal</p> 	<p>No rowing activity should take place without <u>direct permission</u> of Senior Rowing Coach or Rowing and Paddle Sports Manager</p> <p>Rowers should always check the radar information and return to the nearest centre if rowing activity is still on-going.</p>	<p>No Rowing Courses should take place without <u>direct permission</u> of Senior Rowing Coach or Rowing and Paddle Sports Manager</p>
<p>Very Hot Weather Warning; Cold Weather Warning; Frost warning Tsunami warning</p> 	<p>Rowers should <u>always check the weather information</u> and return to the nearest centre if the weather is getting worse.</p>	<p>Rowing Courses would still take place, yet Coaches should <u>always check the weather information</u>.</p>

Kellett Island Training Area



KI Training Area - WEST



KI Training Area - WEST

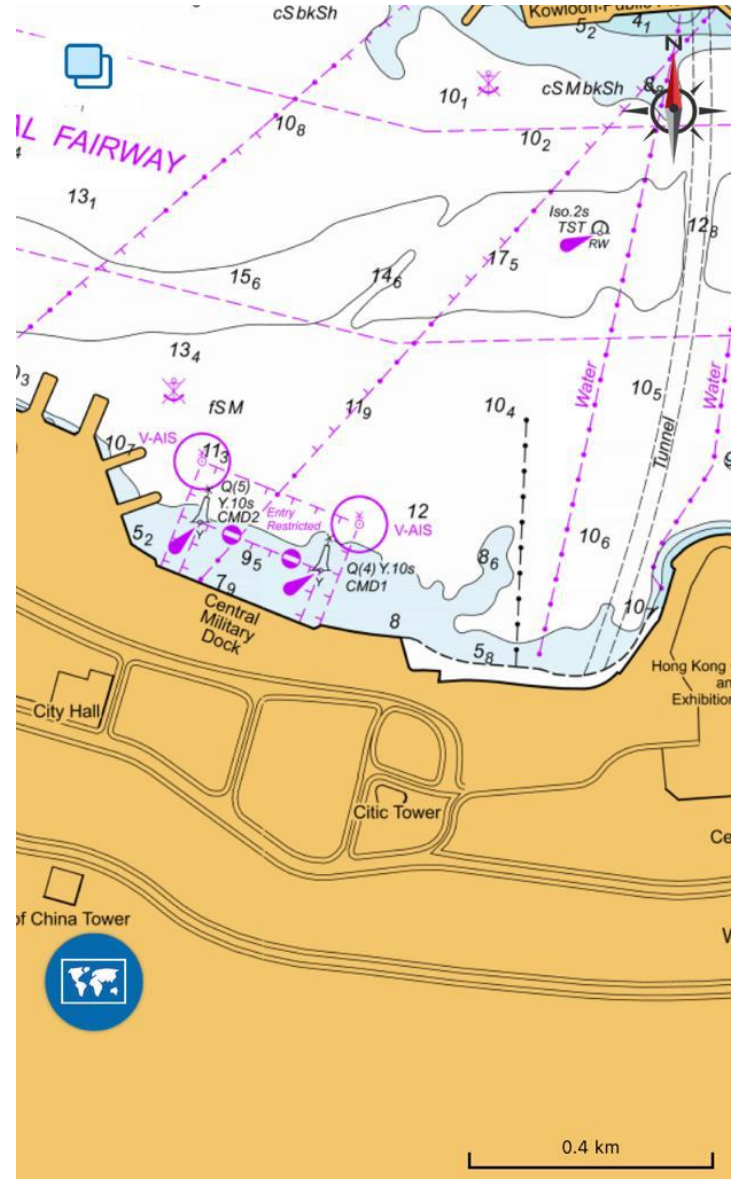
Please note the anti-clockwise rowing traffic pattern!

Hazards to Note:

- Traffic entering and exiting Causeway Bay Typhoon Shelter
- Traffic entering and exiting Wan Chai Cargo Basin
- Ferries approaching and leaving Wan Chai Ferry Pier
- General marine traffic outside of the Central Fairway
- DO NOT row or paddle past Central Pier 10 unless you have prior permission from the R&PS Manager or coaching staff.
- **DO NOT ENTER** the Central Fairway.
- Traffic approaching and leaving Central Ferry Piers 9 & 10
- Marine works in this area.
- **DO NOT** enter the **PLA exclusion zone** in Central.

PLA Exclusion Zone - Central

- The exclusion zone is marked by yellow buoys. Please stay WELL CLEAR of this area.



KI Training Area - EAST



KI Training Area - EAST

Please note the anti-clockwise rowing traffic pattern!

Hazards to Note:

- Traffic entering and exiting Causeway Bay Typhoon Shelter (East and West entrances).
- Traffic entering and exiting Wan Chai Cargo Basin
- Ferries approaching and leaving North Point Ferry Pier
- General marine traffic outside of the Hung Hom Fairway
- **DO NOT ENTER** the Hung Hom Fairway.
- Marine works in this area.

Causeway Bay Typhoon Shelter



Causeway Bay Typhoon Shelter is an extremely busy section of the Harbour. Although there is a speed restriction of 5 knots be aware that this is not always adhered to.

Vessels using the area include:

- Pilot vessels (working boats usually travel in and out of the shelter at speed)
- Junk boats
- Luxury cruisers
- Large construction vessels including barges
- Sailing boats

Causeway Bay Typhoon Shelter



When exiting and entering the Typhoon Shelter, you **MUST**:

- Stay on the starboard side of the passageway
- Maintain a firm lookout
- Give way to other vessels
- Use the slipway and refrain from using the pontoons whenever possible.

Emergency Action

Emergency action might be required if you have an equipment failure, suffer an injury or if the environment becomes too dangerous to safely continue training. If any of the above occur, you must follow the steps below:

When coached or safety cover is available:

- Signal safety boat
- Safety boat to attend to boat/ rower
- Safety boat personnel to follow RHKYC Emergency Procedure if required.
- If needed, contact the Maritime Rescue Coordination Centre on 2233-7999.
- Rowing and Paddle Sports Office to submit a detailed accident report to the Director of marine within 24 hours.

When there is no coach or safety boat:

- Contact the Hong Kong Police on 999.

Important Contacts

Name	Title	Number
Nick Crabb	Rowing & Paddle Sports Manager	(O) 2239 0322 (M) 91512970
Ellen Leung	Rowing & Paddle Sports Asst Manager	(O) 2239 0332
Ognjen Cato	Head Rowing Coach	(M) 5375 4717
Chris de Kok	Senior Rowing Coach	(M) 5917 5226
HK Police		999
MRCC	Maritime Rescue Coordination Centre	(O) 2233 7999
HK Ambulance Service		(O) 2735 3355
HK Marine Police – Main Control		(O) 2803 6247