

# 5<sup>th</sup> HONG KONG ROWING CHAMPIONSHIPS

## 香 港 賽 艇 錦 標 賽

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### Race Bulletin 1

The Hong Kong, China Rowing Association (HKCRA) welcomes crews from local and overseas clubs, corporate and disciplined services teams to compete at the 45<sup>th</sup> Hong Kong Rowing Championships.

Dates : 11-12 November 2023 (Saturday-Sunday)\*\*

Organised by : Hong Kong, China Rowing Association (HKCRA)

Subvented by : Arts and Sport Development Fund (Culture, Sports and Tourism Bureau)

Supported by : Leisure & Cultural Services Department (LCSD)

Venue : Shing Mun Regatta Course, Sha Tin

Entry Deadline : 27 October 2023 (Friday) before 12:00 noon (HK Time)

\*\*Crews should ensure they are available to participate on both days – the final race schedule will be subject to the total number of entries in each event.

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### 1. VENUE AND COMPETITION COURSE

The Championships will be based at the Jockey Club Sha Tin Rowing Centre and the Jockey Club Shek Mun Rowing Centre, both of which are located in Sha Tin adjacent to the Shing Mun River and are managed by HKCRA. Racing will take place on the Shing Mun Regatta Course which has been used since 1982 for the Championships and is a tidal river.

SPECIAL NOTE: The Rowing events of the Gay Games Hong Kong (GGHK 2023) will be hosted at the same venue and the same course in the two days prior to the Championships. Crews interested in also entering for the GGHK2023 should contact the HKCRA. Further information is available on the GGHK 2023 website at <https://www.gghk2023.com>.



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### 2. EVENTS

Race Lane Draw - A random draw for Heats (where required) and race lanes will be conducted on Wednesday, 1 November 2023 at 7pm HK Time at the Jockey Club Sha Tin Rowing Centre.

Category	Events		Race Distance
	Men	Women	
<b>International Small Boat Championship</b>	U19 M1x, M2- U23 M1x, M2- Open M1x, M2- Masters A & B M1x	U19 W1x, W2- U23 W1x, W2- Open W1x, W2- Masters A & B W1x	2,000m– Time Trial format
<b>Open</b>	M1x, M2x, M4-, M4x, M8+	W1x, W2x, W4-, W4x, W8+	2,000m
<b>University Challenge Eights</b>	M8+	W8+	2,000m
<b>Under-19</b>	M4x+	W4x+	2,000m
<b>Corporate Cup</b>	M4x+ (restricted boats)	W4x+ (restricted boats)	1,000m
<b>Disciplined Services Cup</b>	M4x+ (restricted boats)	W4x+ (restricted boats)	1,000m
<b>Masters A</b>	M1x, *Open 2x, *Open 4x, *Open 8+	W1x, W2x, W4x, W8+	1,000m
<b>Masters B</b>			
<b>Masters C</b>			
<b>Masters D</b>			
<b>Masters E</b>			
<b>Masters F</b>			
<b>Masters G</b>			
<b>Masters H</b>			
<b>Para</b>	PR1M1x, PR3M1x, PR3W1x, PR2Mix2x, PR3-IDOpen4x+		2,000m

NOTE: \*Crews entering Masters Open 2x, 4x and 8+ may include women rowers but must have at least one man, excluding coxswain.

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### 3. ELIGIBILITY & RACE FORMAT BY EVENT

Please note the following eligibility requirements and details for each event category.

#### 3.1 International Small Boats Championship Time Trial Format

**All rowers are eligible to enter this Time Trial in their appropriate category. There is no entry fee for the Time Trial.** For this event only, every rower will compete in their individual capacity under **their name and nationality only**, not in the name of their Club. Each rower may only enter for one Time Trial category. The Time Trials will be scheduled as the first events of the Championships. **(Note:** No 2- boats are available for rental for this event – see para. 9.(4).)

Every sculler/crew will row one 2,000m time trial, starting at approximately 30-second intervals. The time trial results will provide an overall ranking for all competitors (regardless of category) and medals awarded for each category.

#### 3.2 Open Events

- (1) Open Events are open to all rowers in their correct category.
- (2) **Each rower can only enter a maximum of one event from Group 1 and one event from Group 2 of the Open Events. Groups are as follows:**

*Open Group 1	*Open Group 2
M1x	M2x
M4-	M8+
M4x	W1x
W2x	W4-
W8+	W4x

- (3) **Progression in Open Events -**
    - Case 1 Up to 6 entries: direct Final.
    - Case 2 7–12 entries: 2 heats; Heat winners to Final; 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> placed crews in each Heat go to one Repechage, other crews eliminated; the first 4 crews in Repechage go forward to Final.
    - Case 3 13–18 entries: 3 heats; Heat winners to Final; 2<sup>nd</sup> and 3<sup>rd</sup> placed crews in each Heat go to one Repechage, other crews eliminated; the first 3 crews in Repechage go forward to Final.
- There will be no Final B race for these events.  
If the event has 19 entries or more, the progression will be issued separately.

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### 3.3 University Challenge Eights

Rowers entering the University Challenge should be a student studying full-time post-secondary education programs during the current year or immediate past academic year.

### 3.4 Under-19 Events

- (1) Under-19 Events are restricted to rowers who must be 18 years of age or below at 31 December 2023. There is no age restriction for coxswains.
- (2) If there are more entries than the number of lanes or available boats, progression for U-19 events will be through Heats and Final with the highest ranked crews in the Heats proceeding to the Final. The number of crews progressing to the Final from each Heat will depend on the number of entries.

### 3.5 Corporate and Disciplined Services Cups

- (1) Rowers must be current serving members of the respective Disciplined Service or current employees of the company respectively.
- (2) If there are more entries than the number of lanes or available boats, progression for Corporate and Disciplined Services events will be through Heats and Final with the highest ranked crews in the Heats proceeding to the Final. The number of crews progressing to the Final from each Heat will depend on the number of entries.

### 3.6 Masters Events

- (1) Each Masters rower can only **enter** a maximum of one age category in the same boat class AND can only enter a maximum of one event from Group 3 and one event from Group 4. Groups are as follows:

Masters Group 3	Masters Group 4
W2x	Open 2x
M1x	W1x
Open 4x	W4x
W8+	Open 8+

NOTE: Any Masters rowers entering both Open and Masters events do so at their own risk. The schedule will not be changed to allow for rowers entering in both categories.

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(2) All rowers and crews entering Masters events must comply with the correct age category as follows:-

Masters A - Minimum age : 27 years

Masters B - Average age : 36 years or above

Masters C - Average age : 43 years or above

Masters D - Average age : 50 years or above

Masters E - Average age : 55 years or above

Masters F - Average age : 60 years or above

Masters G - Average age : 65 years or above

Masters H - Average age : 70 years or above

**Age categories do not apply to coxswains.**

(3) Masters races of different age categories may be combined and medals will be awarded for each age category in the combined race.

(4) Every Masters rower must be in a position to prove their age by presenting a valid identification document.

### 3.7 Para-Rowing Events

(1) Para classification categories follow those of World Rowing Para Classification Regulations (World Rowing Rules Appendix 15) where applicable.

(2) Gender –

Para Mixed events - half of the rowers in a crew shall be men and half shall be women (excluding coxswain).

Para Open events - crews may comprise any combination of men and/or women rowers.

## 4. ENTRY FEES

Boat Types	Entry Fee per Event per Crew
8+	HK\$ 1,200.00
4x / 4- / 4x+	HK\$ 600.00
2x	HK\$ 300.00
1x	HK\$ 150.00

**NOTE: for boat and oar rental fees see Section 9.**

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### 5. ENTRIES AND FEE PAYMENT

- (1) Entry Platform - All entries shall be made through the online entry platform - Regatta Central

[https://www.regattacentral.com/regatta/?job\\_id=8733](https://www.regattacentral.com/regatta/?job_id=8733)

ENTRY DEADLINE - **12:00 noon on 27 OCTOBER 2023 (Friday)**. (No late entry will be accepted as the Online System will reject any late entry automatically.)

- (2) The Entry Fee can be paid to Regatta Central (<https://www.regattacentral.com/>) through Paypal platform (<https://www.paypal.com/hk>) on or before the Entry Deadline. Any crews having problems in making payment through this platform should contact the Organising Committee at [hkrc@rowing.org.hk](mailto:hkrc@rowing.org.hk)
- (3) In the case of event cancellation, only 50% of the paid entry fee will be refunded in view of the need of the HKCRA to bear the logistics and set-up costs.
- (4) **Entries will only be accepted for rowers who are HKCRA Ordinary Member (OM)**. All rowers **MUST** renew their status before the Championships. (Rowers not resident in Hong Kong are exempt from this requirement.)
- (5) Every crew must enter and compete under the name of a Club or Organization registered with the HKCRA. No rower is allowed to compete for more than one Club at the Championships. (excluding Overseas teams, University Challenges and Corporate and Disciplined Services Cups).
- (6) For any participant who is planning to enter two Open events or more than one Masters event, please refer to Section 3.2 & 3.6.
- (7) If only one crew is entered for an Event, the OC shall cancel the Event and refund the entry fee for that crew. (For Masters and Para events only, the OC may allow these events to continue, even if only 1 entry, and combine categories into one race.)
- (8) According to Rule 38 of the Rules of Racing, the OC reserves the right to verify the identification document and exclude from an Event any rower who submits false or invalid information.

### 6. RULES OF RACING

- (1) By submitting their entry, each competitor confirms that they understand and agree to abide by the HKCRA Rules of Racing and Competition Notice. Anyone who does not meet the qualifications or does not comply with the requirements of the competition, or violates the Rules of Racing, whether before, during or after the competition, may be excluded from an Event and any fees shall not be refunded.
- (2) Coxswains must be weighed with racing uniform on tested scales not more than two hours and not less than one hour before the start time of their first race in each event on each day of racing. The coxswain may be of either gender.
- (3) Race uniform should be identical within a crew. Local Clubs should wear the uniform registered with the HKCRA.
- (4) **HKCRA Rules of Racing-** <http://www.rowing.org.hk/wp-content/uploads/2023/07/HKCRA-Rules-2023-Formatted-Updated.pdf>

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### 7. LIABILITY AND INDEMNITY

By entering the Hong Kong Rowing Championships, each competitor is agreeing to the Hong Kong, China Rowing Association Terms and Conditions which can be found in Appendix 1 at the end of this document.

### 8. HEALTH AND FITNESS / INSURANCE

- (1) Each participant shall be responsible for their own health and fitness to enter and compete in the Championships. All competitors shall be able to swim at least 50 metres in light clothing.
- (2) **All Overseas Teams** must arrange their own personal accident insurance.

### 9. BOATS AND OARS RENTAL

- (1) All competitors should use their own equipment for the Championships. Rental boats will only be available to Clubs and teams which do not have sufficient equipment of their own.
- (2) A limited number of boats and oars are available for rent and teams wishing to rent equipment should submit the Equipment Rental Online Form on or before 27 October 2023 (Friday) before 12:00 noon (HK Time). The payment request will be issued via PayPal once all request details are confirmed. Boat Rental Form: <https://reurl.cc/V4EV6A>
- (3) Teams using rental boats and/or oars shall be responsible for all repair or replacement charges incurred from any equipment damage and replacement parts resulting from their use.
- (4) There will be NO Coxless Pairs (2-) available for rental. If you wish to race the 2- in the International Small Boat Championship event (Time Trial format), you should arrange your own boat.

#### Equipment Rental Fees

Boat Type	Rental Fee per Boat per Event (HK\$) incl. oars
8+	HK\$ 2,800.00
4x / 4- / 4x+	HK\$ 1,400.00
2x	HK\$ 700.00
1x	HK\$ 350.00

### 10. MEDALS AND TROPHIES

- (1) Gold, silver and bronze medals will be presented to the first three crews in each event and category respectively, subject to the following Special Note -

SPECIAL NOTE:

\*Where only 3 crews compete in an event, only gold and silver medals will be presented.

\*Where only 2 crews compete in an event, only the gold medal will be presented.

\*The EXCEPTIONS to this will be Corporate and Disciplined Services events where all medals will be presented; and Masters events where in the case of 1 entry, the gold medal will still be presented.



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- (2) Trophies shall be awarded in designated events as shown on the Start List.
- (3) Certain trophies are retained by the HKCRA as perpetual trophies. Such trophies will be presented and returned for engraving and display at the Rowing Centre.

### 11. ACCOMMODATION AND TRANSPORT

#### (For Overseas Teams Only)

- (1) Overseas teams shall be responsible for their own accommodation and transport.
- (2) There are several hotels in the Sha Tin area which are easily accessible to both Rowing Centres.
- (3) Public transport is very convenient between Sha Tin and the urban areas.
- (4) Teams requiring further advice on either accommodation or transport matters (including transport of oars) should contact the OC at [hkrc@rowing.org.hk](mailto:hkrc@rowing.org.hk).

### 12. WEATHER

Hong Kong's climate is sub-tropical. During the time of the Regatta, the weather is expected to be rather dry and temperature is generally in the range of 24°C to 28°C.

#### Organizing Committee of 45<sup>th</sup> Hong Kong Rowing Championships

Chairperson	Ms. Anna FISHER	
Members	Ms. CHAN Ngai Yan	Ms. Felice Adeline YAU
	Mr. Gary MEACHAM	Mr. NG Kong Wan
	Ms. TANG Tik	Mr. Mike TANNER, BBS, MH

#### Enquiries and Correspondence

All correspondence to	: Ms. Ang LAU Hong Kong, China Rowing Association Jockey Club Sha Tin Rowing Centre No. 27 Yuen Wo Road, Sha Tin, N.T.
Telephone	: (852) 2699 7229 (Mr. Kelvin SO) : (852) 2699 7271 (Ms. Sharon KWONG)
Email	: <a href="mailto:hkrc@rowing.org.hk">hkrc@rowing.org.hk</a>

All the visitors and supporters are very welcome to take part in the Championships. If you know any crews interested in competing but who do not receive this Bulletin, please furnish them with this or ask them to contact the OC directly.

Organizing Committee of 45<sup>th</sup> Hong Kong Rowing Championships

25 September 2023

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### APPENDIX 1

#### 45<sup>th</sup> Hong Kong Rowing Championships, 11-12 November 2023

##### Terms and Conditions of Entry

By entering the 45<sup>th</sup> Hong Kong Rowing Championships (the Event), each competitor, or in the case of a Junior (U-19) rower their parent or guardian on their behalf, agrees to the following Terms and Conditions which shall apply to all activities associated with the Event, including training and racing :-

1. The participant or their parent/guardian declares that the participant has full knowledge of the risks involved in water sports and rowing and is well prepared, physically and sufficiently fit to compete in the Event.
2. The participant or their parent/guardian declares that the participant can swim at least 50 metres and is confident under water & treading water in clothing not less than racing uniform and attire. Otherwise the participant agrees that they shall be responsible to wear a personal flotation device (pfd) at all times when they are in the boat for the purposes of the Event, whether for training or racing.
3. The participant or their parent/guardian hereby indemnifies the Hong Kong, China Rowing Association (HKCRA), the Culture, Sports and Tourism Bureau (CSTB), the Leisure & Cultural Services Department (LCSD), the Supporting Organisations and the appointed officials, volunteers, staff & employees and shall not hold them liable for any claim or demand arising from the death, personal injury, damage or loss of property of the participant or their Club whereby such is not caused by negligence, which may occur in the course of or as a result of participation in the Event.
4. The participant or their parent/guardian agrees that the participant is entering the Event at his/her own risk and responsibility. The participant discharges the HKCRA, CSTB, LCSD and all other individuals and organisations connected directly or indirectly with the Event from any responsibility in the event of injury, death or loss of property incurred during, as consequence of, or while traveling to and from the Event.
5. The participant or their parent/guardian agrees that the participant shall comply strictly with all rules, regulations, requirements & instructions related to the Event and the participant shall be responsible for any death, personal injury or loss to property if such is caused by the violation of such rules, regulations, requirements & instructions by the participant.
6. The participant or their parent/guardian agrees to pay the costs of repair or replacement for any damages to any equipment caused by the participant.

**Medical Declaration:** It is the participant or their parent's/guardian's responsibility to make known any potential medical conditions that may affect their health, safety and performance during the Event and related activities and to inform HKCRA, CSTB and LCSD of any subsequent conditions arising from or becoming known during or after the Event.

7. By entering the Event, the participant or parent/guardian agrees to and confirms to accept and follow all of the terms, conditions and points made and subsequently raised in these Terms and Conditions, in the Event Bulletin, the Notice to Competitors, the Rules of Racing and the Team Managers Meeting.