

# 46<sup>th</sup>

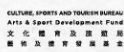
# HONG KONG ROWING CHAMPIONSHIPS

## 香港賽艇錦標賽

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### Race Bulletin

The Hong Kong, China Rowing Association (HKCRA) welcomes crews from local and overseas clubs to compete at the 46<sup>th</sup> Hong Kong Rowing Championships.

- Dates : **16 - 17 November 2024 (Saturday-Sunday) \*\***
- Organised by : Hong Kong, China Rowing Association (HKCRA)
- Subvented by : Arts and Sport Development Fund (Culture, Sports and Tourism Bureau)
- Supported by : Leisure & Cultural Services Department (LCSD)  
Sha Tin District Council  
Activist Association (AA)
- Venue : Shing Mun Regatta Course, Sha Tin
- Entry Deadline : 28 October 2024 (Monday) before 12:00 noon (HK Time)**

\*Crews should ensure they are available to participate on both days

\*The final race schedule will be subject to the number of entries and will be published on or before 1 November 2024.  
The final start list will be published no later than 8 November 2024.

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### 1. VENUE AND COMPETITION COURSE

The Championships will be based at the Jockey Club Sha Tin Rowing Centre and the Jockey Club Shek Mun Rowing Centre, both of which are in Sha Tin adjacent to the Shing Mun River and are managed by HKCRA. Racing will take place on the Shing Mun Regatta Course which is a tidal river.

### 2. EVENTS

Race Lane Draw - A random draw for Heats (where required) and race lanes will be conducted on **Tuesday, 5 November 2024**, at 7:00 p.m. HK Time at the Jockey Club Sha Tin Rowing Centre.

Category	Events		Race Distance
	Men	Women	
<b>International Small Boat Championship</b>	U19 M1x, M2- U23 M1x, M2- Open M1x, M2- Masters A & B M1x	U19 W1x, W2- U23 W1x, W2- Open W1x, W2- Masters A & B W1x	2,000m–Time Trial format
<b>Open</b>	M1x, M2x, M4-, M4x, M8+ Mix 8+	W1x, W2x, W4-, W4x, W8+	2,000m
<b>Under-19</b>	M4x+	W4x+	2,000m
<b>Corporate Cup</b>	M4x+ (restricted boats)	W4x+ (restricted boats)	1,000m
<b>Disciplined Services Cup</b>	M4x+ (restricted boats)	W4x+ (restricted boats)	1,000m
<b>Masters A</b>	M1x, *2x, *4x, *8+	W1x, 2x, 4x, 8+	1,000m
<b>Masters B</b>			
<b>Masters C</b>			
<b>Masters D</b>			
<b>Masters E</b>			
<b>Masters F</b>			
<b>Masters G</b>			
<b>Masters H</b>			
<b>Masters I</b>			
<b>Masters J</b>			
<b>Masters K</b>			
<b>Masters L</b>			
<b>Masters M</b>			
<b>Para</b>	PR3M1x, PR3W1x, PR3Mix2x, PR3 *MixR4x+		1,000m
<b>Integrated Event</b>	AD 2x		1,000m

\*Crews may include women rowers but must have at least one man, excluding coxswain.

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### 3. ELIGIBILITY & RACE FORMAT BY EVENT

Please note the following eligibility requirements and details for each event category.

#### 3.1 International Small Boats Championship Time Trial Format

**All rowers are eligible to enter this Time Trial in their appropriate category. The entry fee for the Time Trial is HK\$50 for 1x and HK\$100 for 2-.** For this event only, every rower will compete in their individual capacity under **their name and nationality only**, not in the name of their Club. Each rower may only enter for one Time Trial category. The Time Trials will be scheduled as the first events of the Championships. **(Note:** For this 2- event, crews must arrange their own boat. No 2- boats are available from OC for rental for this event – see para. 9.(4).)

Every sculler/crew will row one 2,000m time trial, starting at approximately 30-second intervals. The time trial results will provide an overall ranking for all competitors (regardless of category) and medals will be awarded for each category.

NOTE: The rankings from the Small Boat Championship will serve as one of the criteria for selecting representatives from Hong Kong to participate in international competitions, including university-level events.

#### 3.2 Open Events

(1) Open Events are open to all rowers in their correct category.

(2) Each rower can only enter a **maximum of one event from Group 1 and one event from Group 2** of the Open Events.

Groups are as follows:

*Open Group 1	*Open Group 2
M1x	M2x
M4-	M8+
M4x	W1x
W2x	W4-
W8+	W4x

#### • Progression in Open Events

The progression system shall follow the HKCRA Rules of Racing, see Section 6 (4).

<b>Case 1</b>	1-6 entries: Direct final.
<b>Case 2</b>	1-7 entries: 2 heats, last boat of the heats will be eliminated and remaining go to final.
<b>Case 3</b>	8-12 entries: 2 heats, only 3 fastest crews in each heat will proceed to final.
<b>Case 4</b>	13-18 entries: 3 heats, the winner of each heat goes forward to final. The second and third faster crews of each heat goes to repechage, the first 3 crews in the repechage go forward to final.

\*There will not be a Final B for these events. If the event has 19 entries or more, the progression will be determined and issued separately.

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### 3.3 Open Mixed 8+

- (1) The Open Mixed 8+ event is included in these Championships on a trial basis.
- (2) Each crew must have 4 men and 4 women rowers. Coxswain of either gender.
- (3) If more than 6 entries are received the event will be run as 2 individual finals, each with medals, so each Mixed 8+ crew will only have one direct Final.
- (4) Not more than 12 crews will be accepted and if more than 12 entries are received the OC shall make a draw to decide which 12 entries will be accepted.
- (5) No Club may enter more than one crew for the Open Mixed 8+ event and this event can be IN ADDITION to the limit of 1 entry in Group A and 1 entry in Group B. Clubs may therefore enter the Open Mixed 8+ in addition to other entries.
- (6) Racing in this event will be on 16 November 2024 (Saturday).

### 3.4 Under-19 Events

- (1) Under-19 Events are restricted to rowers who must be 18 years of age or below at 31 December 2024. There is no age restriction for coxswains.
- (2) If there are more entries than the number of lanes or available boats, progression for U-19 events will be through Heats and Final with the highest ranked crews in the Heats proceeding to the Final. The number of crews progressing to the Final from each Heat will depend on the number of entries but in principle the number of crews from each heat not progressing to the final shall be equal.

### 3.5 Under-23 (Time Trial format only)

- (1) Under-23 events in the International Small Boat Championships are restricted to rowers who must be 22 years of age or below at 31 December 2024.

### 3.6 Corporate and Disciplined Services Cups

- (1) Rowers must be current serving members of the respective Disciplined Service or current employees of the company respectively.
- (2) If there are more entries than the number of lanes or available boats, progression for Corporate and Disciplined Services events will be through Heats and Final with the highest ranked crews in the Heats proceeding to the Final. The number of crews progressing to the Final from each Heat will depend on the number of entries but in principle the number of crews from each heat not progressing to the final shall be equal.

### 3.7 Masters Events

- (1) Each Masters rower can only enter a maximum of one age category in the same boat class AND can only enter a maximum of one event from Group 3 and one event from Group 4. Groups are as follows:

Masters Group 3	Masters Group 4
W2x	2x
M1x	W1x
4x	W4x
W8+	8+

**NOTE:** Any Masters rowers entering both Open and Masters events do so at their own risk. The schedule will not be changed to allow for rowers entering in both Open and Masters events.

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- (2) All rowers and crews entering Masters events must comply with the correct crew age category as follows:

Masters A - Minimum age 27 years  
Masters B - Average age 36 years or above  
Masters C - Average age 43 years or above  
Masters D - Average age 50 years or above  
Masters E - Average age 55 years or above  
Masters F - Average age 60 years or above  
Masters G - Average age 65 years or above  
Masters H - Average age 70 years or above  
Masters I - Average age 75 years or above  
Masters J - Average age 80 years or above  
Masters K - Average age 83 years or above  
Masters L - Average age 86 years or above  
Masters M - Average age 89 years or above

**\*The coxswain is not included in the age of a crew. Age categories do not apply to coxswains.**

- (3) Masters races of different age categories may be combined and medals will be awarded for each age category in the combined race. The age of a Masters rower is the age they will be at 31 December 2024.
- (4) Every Masters rower must be able to prove their age by presenting a valid identification document.

### 3.8 Para-Rowing Events

- (1) Para classification categories follow those of World Rowing Para Classification Regulations (World Rowing Rules Appendix R15) where applicable.
- (2) There is no restriction on the type of boat to be used in the PR3M1x and PR3W1x events

## 4. ENTRY FEES

Boat Types	Entry Fee per Event per Crew
8+	HK\$ 1,280.00
4x / 4- / 4x+	HK\$ 640.00
2x	HK\$ 320.00
1x	HK\$ 160.00

**NOTE: for boat and oar rental fees see Section 9.**

## 5. ENTRIES AND FEE PAYMENT

- (1) Entry Platform – All entries shall be made through the online entry platform – Regatta Central: [https://www.regattacentral.com/regatta/?section=overview&job\\_id=9176](https://www.regattacentral.com/regatta/?section=overview&job_id=9176)  
**ENTRY DEADLINE – 28 October 2024 (Monday) before 12:00 noon (HK Time). (No late entry will be accepted as the online system will reject any late entry automatically.)**
- (2) The entry fee should be paid to Regatta Central (<https://www.regattacentral.com/>) through PayPal platform (<https://www.paypal.com/hk>) on or before the entry deadline. Any crews having problems in making payment through this platform should contact HKCRA at [hkrc@rowing.org.hk](mailto:hkrc@rowing.org.hk)
- (3) In the case of cancellation of the Championships, only 50% of the paid entry fee will be refunded in view of the need of the HKCRA to bear the logistics and set-up costs.

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- (4) For Hong Kong residents, all rowers must be **HKCRA Ordinary Members (OM)**. All rowers **MUST** renew their membership before the Regatta and no renewals can be processed on the day of the regatta. **(Rowers who are not residents in Hong Kong are exempt from this requirement.)**

Every crew must enter and compete under the name of a Club or Organization registered with the HKCRA (except for International Small Boats Championship, Corporate and Disciplined Services teams and Overseas teams). No rower is allowed to compete for more than one Club at the Championships.

- (5) For any participant who is planning to enter two Open events or two Masters events, please refer to Section 3.2 & 3.6.
- (6) If only one crew is entered for an Event, the OC shall cancel the Event and refund the entry fee for that crew. (For Masters and Para events only, the OC may allow these events to continue, even if only 1 entry, and combine categories into one race.)
- (7) According to Rule 38 of the Rules of Racing, the OC reserves the right to verify the identification document and exclude from an Event any rower who submits false or invalid information.

## 6. RULES OF RACING

- (1) By submitting their entry, each competitor confirms that they understand and agree to abide by the HKCRA Rules of Racing and Competition Notice. Anyone who does not meet the qualifications or does not comply with the requirements of the competition, or violates the Rules of Racing, whether before, during or after the competition, may be excluded from an Event and any fees shall not be refunded.
- (2) Coxswains must be weighed with racing uniform on tested scales not more than two hours and not less than one hour before the start time of their first race in each event on each day of racing. The minimum weight for a coxswain wearing racing uniform is 50 kgs. To make up this weight, a coxswain may carry additional deadweight as close as practicable to their person in the boat. No article of racing equipment shall be considered as part of this deadweight. The coxswain may be of either gender.
- (3) Racing uniform should be identical within a crew. Local Clubs should wear the uniform registered with the HKCRA. Each rower in a composite crew may wear the uniform of their own club.
- (4) HKCRA Rules of Racing - <http://www.rowing.org.hk/wp-content/uploads/2023/07/HKCRA-Rules-2023-Formatted-Updated.pdf>

## 7. LIABILITY AND INDEMNITY

By entering the Hong Kong Rowing Championships, each competitor is agreeing to the Hong Kong, China Rowing Association Terms and Conditions which can be found in **Appendix 1** of this Bulletin.

## 8. HEALTH AND FITNESS / INSURANCE

- (1) Each competitor shall be responsible for their own health and fitness to enter and compete in the Regatta. All competitors shall be able to swim at least 50 meters in light clothing.
- (2) **All Overseas Teams** must arrange their own personal insurance.

## 9. BOATS AND OARS RENTAL

- (1) Competitors should use their own equipment for the Championships. However, rental boats will be available to overseas crews and local Clubs which do not have sufficient equipment of their own. Rental boats and oars will be shared between crews, and the allocation by the OC shall be final.

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- (2) A limited number of boats and oars are available for rent on a first-come, first-served basis. Teams wishing to rent equipment should submit the Equipment Rental Online Form on or before 28 October 2024 (Monday) before 12:00 noon (HK Time). The payment request will be issued via PayPal once all request details are confirmed. Boat Rental Form: <https://rb.gy/cqzinf>
- (3) Teams using rental boats and/or oars shall be responsible for all repair or replacement charges incurred from any equipment damage and replacement parts resulting from their use.
- (4) There will be NO Coxless Pair (2-) boats available for rental. Rowers wishing to race the 2- in the International Small Boat Championship event (Time Trial format), must arrange their own boat.

### EQUIPMENT RENTAL FEES

Boat Type	Rental Fee per Boat per Event (HK\$) incl. oars
8+	HK\$ 2,880.00
4x / 4- / 4x+	HK\$ 1,440.00
2x	HK\$ 720.00
1x	HK\$ 360.00

### 10. MEDALS AND TROPHIES

- (1) Gold, silver, and bronze medals will be presented to the first three crews in each event and category respectively.
- (2) Trophies shall be awarded in designated events as shown on the Start List.
- (3) Certain trophies are retained by the HKCRA as perpetual trophies. Such trophies will be presented and returned for engraving and display at the Rowing Centre.
- (4) **Hong Kong, China Rowing Association 40th Anniversary Memorial Cup**  
The name of the local club with the most gold medals in Open Event in this Championships will be engraved on the Memorial Cup.
- (5) **Perpetual Trophies**  
Trophies will be presented for the Champion crews or teams in the following events and trophies will be retained at the Jockey Club Sha Tin Rowing Centre.

<u>Open Events</u>	<u>Trophies</u>
Men's Eight	The President's Challenge Cup
Women's Eight	The HKARA Founders' Trophy
Men's Single Sculls	The Directors' Challenge Cup
Women's Single Sculls	The Directors' Challenge Bowl

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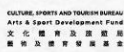
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### 11. ACCOMMODATION AND TRANSPORT ( For Overseas Teams only )

- (1) Overseas teams shall be responsible for their own accommodation and transport.
- (2) There are several hotels in the Sha Tin area which are easily accessible to both Rowing Centers.
- (3) Public transport is very convenient between Sha Tin and the urban areas.
- (4) Teams requiring further advice on either accommodation or transport matters (including transport of oars) should contact HKCRA at [hkrc@rowing.org.hk](mailto:hkrc@rowing.org.hk).

### 12. WEATHER

Hong Kong's climate is sub-tropical. During the month of November, the weather is expected to be rather dry and temperature is generally in the range of 24°C to 28°C.

### Organising Committee of 46<sup>th</sup> Hong Kong Rowing Championships

<b>Chairman</b>	Ms. HO Kim Fai, OLY
<b>Co-Convenor</b>	Ms. Anna Lee FISHER Ms. CHAN Ngai Yan
<b>Appeal Board</b>	Mr. Mike TANNER, BBS, MH Mr. NG Wing Ning, Victor
<b>Promotion &amp; Design</b>	Mr. TSANG Chiu Lung Rax
<b>External Communication</b>	Ms. Anna Lee FISHER Mr. CHAN Man Him Mr. KAO Chung Lei Edmund Ms. NG Wing Hei
<b>Race Details</b>	Mr. Bentley CHAU Mr. Gary MEACHAM
<b>Equipment</b>	Mr. KWOK Tai Ming
<b>On Day Operation</b>	Ms. TANG Tik Mr. WONG Man Wai, Benjamin
<b>Budget</b>	Ms. CHAN Ngai Yan Mr. CHOW Kwong Wing Ms. HO Wai Chi

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### Enquiries and Correspondence

All correspondence to	Ms. Ang LAU Hong Kong, China Rowing Association Jockey Club Sha Tin Rowing Centre No. 27 Yuen Wo Road, Sha Tin, N.T.
Telephone	(852) 3841 7217 (Ms. Alice LIU) - Events Manager
Email	<a href="mailto:hkrc@rowing.org.hk">hkrc@rowing.org.hk</a>

The OC welcomes anyone to participate in this championship. If you know of anyone interested in participating who has not been notified, please convey the relevant information, or ask them to contact Events Manager, Ms. Alice LIU directly.

Organising Committee of 46<sup>th</sup> Hong Kong Rowing Championships

13 September 2024

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Hong Kong, China Rowing Association  
Jockey Club Shek Mun Rowing Centre No. 27 On King Street, Sha Tin, N.T.

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### APPENDIX 1

#### 46<sup>th</sup> Hong Kong Rowing Championships

#### Terms and Condition of Entry

By entering the 46th Hong Kong Rowing Championships (the Event), each competitor agrees to the following Terms and Conditions which shall apply to all activities associated with the Event, including training and racing: -

1. The participant declares that the participant has full knowledge of the risks involved in water sports and rowing and is well prepared physically and is sufficiently fit to compete in the Event.
2. It is the participant's responsibility to make known any potential medical conditions that may affect their health, safety and performance during the Event and related activities and to inform HKCRA, CSTB, LCSD and STDO of any subsequent conditions arising from or becoming known during or after the Event.
3. The participant declares that they can swim at least 50 metres and is confident under water & treading water in clothing not less than racing uniform. Otherwise, the participant agrees that they shall be responsible to always wear a personal flotation device (pfd) when they are in the boat for the purposes of the Event, whether for training or racing.
4. The participant hereby indemnifies the Hong Kong, China Rowing Association (HKCRA), the Culture, Sports and Tourism Bureau (CSTB), the Leisure & Cultural Services Department (LCSD), the Supporting Organisations and the appointed officials, volunteers, staff & employees and shall not hold them liable for any claim or demand arising from the death, personal injury, damage or loss of property of the participant or their Club whereby such is not caused by negligence, which may occur in the course of or as a result of participation in the Event.
5. The participant agrees that they are entering the Event at his/her own risk and responsibility. The participant discharges the HKCRA, CSTB, LCSD, STDO and all other individuals and organisations connected directly or indirectly with the Event from any responsibility in the event of injury, death or loss of property incurred during, as consequence of, or while travelling to and from the Event.
6. The participant agrees that they shall comply strictly with all rules, regulations, requirements & instructions related to the Event and the participant shall be responsible for any death, personal injury or loss to property if such is cause by the violation of such rules, regulations, requirements & instructions by the participant.
7. The participant agrees to pay the costs of repair or replacement for any damages to any equipment caused by the participant.
8. By entering the Event, the participant agrees to and confirms to accept and follow all the terms, conditions and points made and subsequently raised in these Terms and Conditions, in the Event Bulletin, the Rules of Racing and the Team Managers' Meeting.

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