

17th November 2024 - Start List



| Race 1 | [International Small Boat Championship Open Women's 1x] | Final | 8:30-09:30 | Time Trial format 2000m | | | | |
|---------------|--|-----------------------|------------|-------------------------|---------|------|----------|--|
| Starting Time | Nationality | Crew | | | *Outing | Boat | Boat no. | |
| 08:30:00 | HKG | HUNG Wing Yan Winne | | | HKSI | PB | 1 | |
| 08:30:30 | HKG | LEUNG Wing Wun | | | HKSI | PB | 2 | |
| 08:31:00 | HKG | WONG Sheung Yee | | | HKSI | PB | 3 | |
| 08:31:30 | HKG | LEUNG King Wan | | | HKSI | PB | 4 | |
| 08:32:00 | CHN | ZHANG Kouer | | | HKSI | PB | 5 | |
| 08:32:30 | HKG | HUI Wing Ki | | | HKSI | PB | 6 | |
| 08:33:00 | HKG | WONG Lok Yiu | | | HKSI | PB | 7 | |
| 08:33:30 | HKG | Claire BURLEY | | | SMRC | PB | 8 | |
| 08:34:00 | SGP | CHAN Lai Cheng Joanna | | | HKSI | PB | 9 | |
| 08:34:30 | SGP | NG Qi Xuan Madeline | | | HKSI | PB | 10 | |
| 08:35:00 | SGP | POH Xue Hua Joan | | | HKSI | PB | 11 | |
| 08:35:30 | SGP | TEO Zhi Xuan | | | HKSI | PB | 12 | |
| 08:36:00 | USA | Bonnie XIE | | | STRC | PB | 13 | |
| | [International Small Boat Championship U23 Women's 1x] | Final | 8:30-09:30 | Time Trial format 2000m | | | | |
| Starting Time | Nationality | Crew | | | *Outing | Boat | Boat no. | |
| 08:45:00 | HKG | LEE Hoi Kiu | | | HKSI | PB | 14 | |
| 08:45:30 | HKG | CHUI Nga Man | | | HKSI | PB | 15 | |
| 08:46:00 | CHN | ZHENG Yuxin | | | STRC | PB | 16 | |
| 08:46:30 | HKG | MA Hiu Ying | | | SMRC | PB | 17 | |
| 08:47:00 | HKG | TANG Wing Yin | | | STRC | PB | 18 | |
| 08:47:30 | SGP | TAN Hui Er | | | HKSI | PB | 19 | |
| 08:48:00 | HKG | YAN Yingying | | | STRC | PB | 20 | |
| | [International Small Boat Championship U19 Women's 1x] | Final | 8:30-09:30 | Time Trial format 2000m | | | | |
| Starting Time | Nationality | Crew | | | *Outing | Boat | Boat no. | |
| 08:55:00 | CHN | 黃祺修 | | | STRC | | 21 | |
| 08:55:30 | CHN | 李奕瑤 | | | STRC | | 22 | |
| 08:56:00 | CHN | 李越 | | | STRC | | 23 | |
| 08:56:30 | CHN | 南卓然 | | | STRC | | 24 | |
| 08:57:00 | CHN | 吳佳璐 | | | STRC | | 25 | |
| 08:57:30 | HKG | CHEN Wai Hei | | | HKSI | PB | 26 | |
| 08:58:00 | HKG | LIU Jie | | | HKSI | PB | 27 | |
| 08:58:30 | HKG | YEUNG Chi Kiu | | | HKSI | PB | 28 | |
| 08:59:00 | HKG | CHEUNG Yuen Shan | | | HKSI | PB | 29 | |

*Remark:
 STRC: Jockey Club Sha Tin Rowing Centre
 SMRC: Jockey Club Shek Mun Rowing Centre
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| Starting Time | Nationality | Crew | *Outing | Boat | Boat no. |
|---------------|-------------|------------------------|---------|------|----------|
| 08:59:30 | HKG | LAM Hoi Ying | HKSI | PB | 30 |
| 09:00:00 | HKG | TAN Nga Man Eavan | HKSI | PB | 31 |
| 09:00:30 | CAN | TANG Hailey Hoi Hei | HKSI | PB | 32 |
| 09:01:00 | HKG | XIE Yu Tong, Yoyo | HKSI | PB | 33 |
| 09:01:30 | HKG | CHAN Yee Lam | HKSI | PB | 34 |
| 09:02:00 | HKG | NG Yue Tung | HKSI | PB | 35 |
| 09:02:30 | SUI | Stephanie Zi-Hui CAPOL | HKSI | PB | 36 |
| 09:03:00 | HKG | WONG Yuen Shan | HKSI | PB | 37 |
| 09:03:30 | HKG | ZHANG Emily Chenyi | STRC | PB | 38 |
| 09:04:00 | HKG | YU Ka Wa | STRC | PB | 39 |
| 09:04:30 | HKG | WONG Hoi Wai | STRC | PB | 40 |
| 09:05:00 | HKG | TAM Cheuk Nam | STRC | PB | 41 |
| 09:05:30 | HKG | KWOK Sze Ming | STRC | PB | 42 |
| 09:06:00 | CHN | 袁宇沁 | STRC | | 43 |
| 09:06:30 | CHN | 陆玥含 | STRC | | 44 |
| 09:07:00 | CHN | 周子涵 | STRC | | 45 |
| 09:07:30 | CHN | 牛好 | STRC | | 46 |
| 09:08:00 | CHN | 王嘉雨 | STRC | | 47 |
| 09:08:30 | CHN | 韩子莹 | STRC | | 48 |
| 09:09:00 | CHN | 毛玮孜 | STRC | | 49 |
| 09:09:30 | HKG | CHEUNG Sze Yu | STRC | PB | 50 |
| 09:10:00 | HKG | JIN Yuen Ching Mia | STRC | PB | 51 |
| 09:10:30 | HKG | ZHENG Junxuan | STRC | PB | 52 |
| 09:11:00 | HKG | WAN Tsz Kwan | STRC | PB | 53 |
| 09:11:30 | HKG | ZHAO Youran | STRC | PB | 54 |
| 09:12:00 | HKG | Clare CHEN | STRC | PB | 55 |
| 09:12:30 | HKG | KWONG Sum Yuet | STRC | PB | 56 |
| 09:13:00 | HKG | FUNG Man Huen | STRC | PB | 57 |
| 09:13:30 | HKG | CHING Clara Jia Yan | SMRC | PB | 58 |
| 09:14:00 | CHN | 刘卓尔 | STRC | | 59 |
| 09:14:30 | CHN | 高欣悦 | STRC | | 60 |
| 09:15:00 | CHN | 谢来安 | STRC | | 61 |
| 09:15:30 | SGP | Zoe Athena WILCOX | STRC | | 62 |

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| Race 43 [Masters B / E / F Women's 1x] | | Final | | 9:50 | 1000m | *Outing | Boat | Cox (KG, Time) |
|--|---|-----------------------|---------------------|-------|-------|---------|---------------|----------------|
| Lane | Team | Crew | | | | | | |
| [Masters B Women's 1x] | | | | | | | | |
| 1 | Manila Boat Club | Mriga Kunwar SOLANKI | | | | STRC | 1920 CRA 1-36 | / |
| 2 | Royal Hong Kong Yacht Club (A) | LAM Michele Han Ching | | | | SMRC | PB | / |
| 3 | Shanghai Hi Rowing Club | 宋鑫颖 | | | | STRC | 1920 KT 1-04 | / |
| 4 | Easter Rowing Club Singapore | Elizabeth Laws FULLER | | | | STRC | CRA SD1-12 | / |
| [Masters E Women's 1x] | | | | | | | | |
| 5 | Royal Hong Kong Yacht Club (B) | Rachael KININMONTH | | | | SMRC | PB | / |
| [Masters F Women's 1x] | | | | | | | | |
| 6 | Rowing Pohtential | SEAH Beng Choo | | | | STRC | 1920 KT 1-01 | / |
| Race 44 [Masters C / D Women's 1x] | | | | | | | | |
| | | Final | | 9:58 | 1000m | | | |
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| [Masters C Women's 1x] | | | | | | | | |
| 1 | Easter Rowing Club Singapore | Rochelle Tina BROWN | | | | STRC | 1920 KT 1-03 | / |
| 2 | Lion Rock Rowing Club | WONG Hang Tim Candy | | | | SMRC | PB | / |
| 3 | Royal Hong Kong Yacht Club (A) | Alexandra BIDLAKE | | | | SMRC | PB | / |
| [Masters D Women's 1x] | | | | | | | | |
| 4 | Manila Boat Club | Theresa Shane MALE | | | | STRC | 1920 KT 1-02 | / |
| 5 | Royal Hong Kong Yacht Club (B) | Jenny LIM | | | | SMRC | PB | / |
| Race 45 [Masters A / B / C Open 2x] | | | | | | | | |
| | | Final | | 10:06 | 1000m | | | |
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| [Masters A Open 2x] | | | | | | | | |
| 1 | New Star Rowing Club | TANG Tsz Hau | WOO Ka Ming | | | SMRC | PB | / |
| 2 | The Chinese University of Hong Kong Team Alumni Association | LI Wai Lok | YIP Ka Wing | | | SMRC | PB | / |
| [Masters B Open 2x] | | | | | | | | |
| 3 | SDBC Boat Club | 邱智凌 | 舒坦 | | | STRC | WinTech 2-05 | / |
| 4 | Easter Rowing Club Singapore | Daniel DAHLMEIER | ONG Zheng Sen, Paul | | | STRC | WinTech 2-03 | / |
| [Masters C Open 2x] | | | | | | | | |
| 5 | Sha Tin Grace Rowing Club | TANG Min | WU Ngou Teng | | | STRC | PB | / |

*Remark:
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| Race 46 | | [Masters D / E / F / H Open 2x] | | Final | 10:14 | 1000m | | | |
|----------------------------|----------------------------------|---------------------------------|--------------------------------|-------|-------|-------|---------|--------------|----------------|
| Lane | Team | Crew | | | | | *Outing | Boat | Cox (KG, Time) |
| [Masters D Open 2x] | | | | | | | | | |
| 1 | Royal Hong Kong Yacht Club (A) | Michael Anthony JOHNSON | William Richard VANBERGEN | | | | SMRC | PB | / |
| 2 | Easter Rowing Club Singapore (A) | James Daniel Lindsay BANTING | Jason Charles HUMPHRIES | | | | STRC | WinTech 2-02 | / |
| [Masters E Open 2x] | | | | | | | | | |
| 3 | Lion Rock Rowing Club | LUK Wa Yu | TAM Lung Kwong Danny | | | | SMRC | PB | / |
| 4 | Easter Rowing Club Singapore (B) | Boris Michael PETERSIK | Josip MLADIC | | | | STRC | EAG 2-12 | / |
| [Masters F Open 2x] | | | | | | | | | |
| 5 | Easter Rowing Club Singapore (C) | James Philip LAWOTHER | Stephen James Alexander DAVIES | | | | STRC | WinTech 2-04 | / |
| [Masters H Open 2x] | | | | | | | | | |
| 6 | Royal Hong Kong Yacht Club (B) | Geoffrey Nigel BOOTH | Ian Thomas BROWNLEE | | | | SMRC | PB | / |

| Race 47 | | [Masters B / C Women's 4x] | | Final | 10:22 | 1000m | | | |
|-------------------------------|--|----------------------------|-------------|--------------------|---------------|-------|---------|--------------|----------------|
| Lane | Team | Crew | | | | | *Outing | Boat | Cox (KG, Time) |
| [Masters B Women's 4x] | | | | | | | | | |
| 1 | Royal Hong Kong Yacht Club | CHAN Yue Yan | HUI Wing Ki | CHENG Ching To | Judy CHAN | | SMRC | PB | / |
| [Masters C Women's 4x] | | | | | | | | | |
| 2 | 华兄弟赛艇俱乐部 | 翟雁鸿 | 沈宇 | 吴菲 | 許月悅 | | STRC | WinTech 4-05 | / |
| 3 | City University Rowing Team Alumni Association & Sha Tin Grace Rowing Club | HAN Wing Yee | LAI Wai Yin | LAW Ka Lai | WONG Hing Yee | | STRC | PB | / |
| 4 | 成都泛海赛艇运动俱乐部 | 徐滿溪 | 潘虹 | 曾清 | 周玲丽 | | STRC | WinTech 4-01 | / |
| 5 | 浙江万科赛艇俱乐部 | 陈霞 | 孙永 | 徐萌 | 张瑞 | | STRC | WinTech 4-03 | / |
| 6 | New Star Rowing Club & Royal Hong Kong Yacht Club | CHENG Suk Mei Carmen | Chloe LAM | LAU Yuk Ping Sandy | WONG Yuk Ha | | SMRC | PB | / |

| Race 48 | | [Masters A / B / C Open 8+] | | Final | 10:30 | 1000m | | | |
|----------------------------|---|--|--|---|--|-------|---------|------|----------------|
| Lane | Team | Crew | | | | | *Outing | Boat | Cox (KG, Time) |
| [Masters A Open 8+] | | | | | | | | | |
| 1 | City University Rowing Team Alumni Association WONG San Man (COX) | CHAN Hoi Yiu CHONG Sin Hang | LI Man Ching CHAN Chi Hung | CHU Kin Fai LAI Ming | LI Cheuk Man Wilson MOK | | STRC | PB | |
| 2 | New Star Rowing Club CHENG Ming Him Henrick (COX) | CHAN Fu Wing CHAN Ka Lun Winson | CHENG Chi Ming Franco IP Chung Yan Joanne | Kent LUI SIN Yuk Cheung | WONG Tak King YEUNG Kwok Ho | | SMRC | PB | |
| [Masters B Open 8+] | | | | | | | | | |
| 3 | City University Rowing Team Alumni Association & Sha Tin Grace Rowing Club & 利澤國中 LI Wai Lam (COX) | YEUNG Po Wah LUI Pak Lam | CHAN Kwok Leung TSE Kwok Bong | 汪明輝 TSOI Man Chun | KAO Chung Lei Edmund YU Man Sheung | | STRC | PB | |
| [Masters C Open 8+] | | | | | | | | | |
| 4 | Royal Hong Kong Yacht Club Adrian TSUI (COX) | Brad KININMONTH Mark HUGHES | Christopher Charles HANSELMAN NG Kong Wan | David FOSTER Paul BOTTOMLEY | LEE Kai Hong Tobias KLEIN | | SMRC | PB | |
| 5 | Easter Rowing Club Singapore & Oxbridge Alumni & Royal Hong Kong Yacht Club TSANG Hing Lun Alexander (COX) | CHIN Hui Men, Selina Alexander David HAYNES | ZHAO Fang Joyce KWONG | Elizabeth Anne BROWN Katherine Storm HINDLEY | Frayna Rosalyn CONCEPCION Quintin Jose V PASTRANA | | STRC | PB | |

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| Race 49 [Inclusive Cup AD 2x] | | Final | | 10:38 | 1000m | | | |
|-------------------------------|--|---------------------|--------------------|-------|---------|------|----------------|---|
| Lane | Team | Crew | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | Royal Hong Kong Yacht Club & Sha Tin Grace Rowing Club | CHAN Wilson Man Him | LEE Yiu Yin | | | STRC | PB | / |
| 2 | Lok Tsui Rowing Club & Sha Tin Grace Rowing Club | WU Cheuk Wai | TAM Man Wai | | | STRC | AD2-06 | / |
| 3 | City University Rowing Team Alumni Association & Sha Tin Grace Rowing Club | CHENG Fu On | SZE Vincent Eugene | | | SMRC | AD2-05 | / |
| 4 | Sha Tin Grace Rowing Club (A) | LEE Tsz Long | LEUNG Tsz Shing | | | SMRC | AD2-04 | / |
| 5 | City University Rowing Team Alumni Association & Feather Rowing Club | YAU Chi Choi Daniel | YAU Felice Adeline | | | SMRC | PB | / |
| 6 | Sha Tin Grace Rowing Club (B) | HO Kim Fai | SIT Siu Kwan | | | STRC | PB | / |

Break (10:46-11:00)

| Race 50 [U19 Men's 4x+] | | Heat 1 | | 11:00 | 2000m | | | |
|-------------------------|---|---------------|---------------|---------|-------------|------|----------------|--|
| Lane | Team | Crew | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | Lok Tsui Rowing Club (B) ZHANG Zhi jie (COX) | CHAN Chun Hei | KONG Chun Lok | Chun KO | YU Shi Chen | STRC | CRA 4-12 | |
| 2 | 成都浪速运动俱乐部 李锦赫 (COX) | 彭正祜 | 李翰林 | 伍师辰 | 曹云溪 | STRC | CRA 4-13 | |
| 3 | 新懿体育 (A) 侯丽丽 (COX) | 黄子轩 | 苑嘉霖 | 史益舟 | 张亦钧 | STRC | CRA 4-14 | |
| 4 | 浙江万科赛艇俱乐部 (A) 钱信予 (COX) | 陈知之 | 张天宇 | 刘迦叶 | 朱子豪 | STRC | CRA 4-15 | |
| 5 | 新懿体育 (C) 周馨瑜 (COX) | 王翎唯 | 黎峻成 | 陈籽灏 | 张肇伦 | STRC | CRA 4-17 | |
| 6 | 德英乐赛艇俱乐部 (B) 章皓允 (COX) | 戴雨桐 | 潘希洋 | 孟子云 | 俞闰天 | STRC | CRA 4-19 | |

1st-3rd > Semi-Final (Race 64, 66)

| Race 51 [U19 Men's 4x+] | | Heat 2 | | 11:08 | 2000m | | | |
|-------------------------|---|----------------------|--------------------------------|--------------------|----------------------|------|----------------|--|
| Lane | Team | Crew | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | Easter Rowing Club Singapore Stephen James Alexander DAVIES (COX) | Andrew XIAO Yueran | Etienne Jules Takashi POUGNARD | Beau LIM | Nao Marin MLADIC | STRC | KT404 | |
| 2 | Royal Hong Kong Yacht Club Senan BYRNE (COX) | Alexandre LAMOTTE | Gabriele CAMILLERI | Ethan KWAN | Jerome TAN | SMRC | PB | |
| 3 | 和馨赛艇俱乐部 (F) 吴浚良 (COX) | 胡泰诚 | 吴鸣谦 | 刘轩辰 | 赵心睿 | STRC | 1920 KT 401 | |
| 4 | Sha Tin Grace Rowing Club & Lok Tsui Rowing Club (B) YAN Xu Wilson (COX) | Sean Martin PETERSON | LI Hoi Chi David | CHAN Tin Kai Lucas | Alexander Liam DAVEY | STRC | 1920 KT 402 | |
| 5 | 和馨赛艇俱乐部 (A) 朱昱全 (COX) | 曾宥诚 | 朱昱成 | Terrance ZHANG | 胡朗 | STRC | 1920 KT 403 | |
| 6 | 上海星河湾双语学校 张一鸣 (COX) | 王逸楠 | 蔡卓恺 | 蔡一铭 | 顾梓和 | STRC | CRA 4-20 | |

1st-3rd > Semi-Final (Race 64, 66)

*Remark:

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| Race 52 [Open Mixed 8+] | | Final 1 | | | | 11:16 | 2000m | | |
|-------------------------|---|---|---|---------------------------------|--|---------|-------------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 2 | The Hong Kong Polytechnic University Student Affairs Office Rowing Club LEE Yin Cheung (COX) | CHEN Chun Long LEUNG Wing Sze | LI Cheuk Him CHUN Ka Yuk | WONG Hang Hong ZHUANG Shixin | KWOK Sum Yu LAM Pak Yu | SMRC | PB | | |
| 3 | Royal Hong Kong Yacht Club Adrian TSUI (COX) | Anna Lee FISHER CHAN Sik Chi Jasmine | LEUNG Vivian Wingsee Michael Anthony JOHNSON | NG Kong Wan PU Yanan Nancy | William Richard VANBERGEN WONG Sung Yan Clement | SMRC | PB | | |
| 4 | 广州越秀赛艇队 王文广 (COX) | 阿虎乔葛·齐梅拉壮约翰逊 吕洛 | 欧柔希 王晨恩 | 王凤兰 吴天鹏 | 曾学礼 曾学铭 | STRC | CRA SD 8-01 | | |
| 5 | New Star Rowing Club LAU So Wan (COX) | CHAN Chun Hei CHOW Kiu | LEE Chun Hei LEE Ho Ming | MOK Ka Wai Anna NG Tsz Yan | WAN Hoi Tung WOO Ka Ming | SMRC | PB | | |

| Race 53 [Open Mixed 8+] | | Final 2 | | | | 11:24 | 2000m | | |
|-------------------------|--|--------------------------------------|--|---|-------------------------------------|---------|--------------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 2 | Rowing Western Australia POON Rei Wen (COX) | Alessia CIROCCO Emma Anne O'NEILL | Gamez Michelle RYAN Harper Alexander DAVIES | Henry George SALFINGER Isabella Sophie UTLEY | James YOUNG Joshua Robert HANTKE | STRC | WinTech 8-01 | | |
| 3 | 德英乐赛艇俱乐部 吴佳璐 (COX) | 蔡睿轩 付嘉彤 | 李飞扬 刘芳语 | 南卓然 牛向东 | 万思逸 周子安 | STRC | KT801 | | |
| 4 | 西安交通大学赛艇队 陆娅如 (COX) | 王海昱 孙颖菲 | 张乐平 尚书 | 葛潼 刘奕辰 | 葛亦宁 张喆阳 | STRC | WinTech 8-02 | | |

| Race 54 [Open Men's 1x] | | Semi-Final 1 | | | | 11:32 | 2000m | | |
|-------------------------|---|--------------------|--|--|--|---------|------------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 灤江三重聯隊 (B) | 吳彥廷 | | | | STRC | | / | |
| 2 | Polyu Alumni Rowing Club | TANG Ki Wan Calvin | | | | SMRC | PB | / | |
| 3 | The Education University of Hong Kong Rowing Club | CHAN Tik Lun | | | | HKSI | PB | / | |
| 4 | 台灣國立暨南國際大學台中市聯隊 | 謝宗霖 | | | | STRC | CRA SD1-04 | / | |
| 5 | Royal Hong Kong Yacht Club (C) | Dylan LLOYD | | | | SMRC | PB | / | |

1st-2nd > Final (Race 74)

| Race 55 [U19 Men's 4x+] | | Heat 3 | | | | 11:45 | 2000m | | |
|-------------------------|---|--------------|--------------------|------------|----------------------|---------|----------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 和鸞赛艇俱乐部 (E) 王浩铭 (COX) | 刘梓睿 | 张嘉汝 | 彭如熙 | 李钦 | STRC | CRA 4-12 | | |
| 2 | 和鸞赛艇俱乐部 (B) 何若馨 (COX) | 彭棋睿 | 翟润泽 | 杨天祺 | 赵昱博 | STRC | CRA 4-13 | | |
| 3 | 德英乐赛艇俱乐部 (A) 黄祺修 (COX) | 刘友真 | 肖栋阳 | 王睦言 | 徐天毅 | STRC | CRA 4-20 | | |
| 4 | 和鸞赛艇俱乐部 (C) 刘睿勤 (COX) | 陈轩腾 | 吴恩同 | 林勇隆 | 俞泽亮 | STRC | CRA 4-15 | | |
| 5 | 浙江万科赛艇俱乐部 (B) 吴江宸 (COX) | 李晟恺 | 钱信予 | 刘子麟 | 朱奕昊 | STRC | CRA 4-17 | | |
| 6 | Sha Tin Grace Rowing Club WAN Tsz Kwan (COX) | JIANG Zhijun | CHAN Tin Kai Lucas | Alkin CHAN | Stewart Harry GEORGE | STRC | CRA 4-19 | | |

1st-3rd > Semi-Final (Race 64, 66)

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| Race 56 [U19 Men's 4x+] | | Heat 4 | | | | 11:53 | 2000m | |
|-------------------------|---|-------------|--------------|---------------|------------|---------|-------------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | SDBC賽艇俱樂部 赵丽 (COX) | 顾茗睿 | 王一诺 | 施权 | 辛雨航 | STRC | KT404 | |
| 2 | 和鸞賽艇俱樂部 (D) 郑佳玥 (COX) | 王梓翀 | 鲁伟祺 | 宣津灏 | 彭义诚 | STRC | KT407 | |
| 3 | Lok Tsui Rowing Club (A) LEE Cheuk Hei (COX) | CHAK Ho Man | LUI King Hei | LAU Yung Ngai | MA Ka Fai | STRC | 1920 KT 401 | |
| 4 | Lok Tsui Rowing Club & Sha Tin Grace Rowing Club (A) LIU Cheuk Lam (COX) | NG Ngo To | XIN Tianyu | WONG Z | XU Sen Hei | STRC | 1920 KT 402 | |
| 5 | 新艇体育 (B) 刘健 (COX) | 谷浚新 | 吕念祖 | 韓嘉錫 | 孙沛骥 | STRC | 1920 KT 403 | |
| 6 | 德英乐賽艇俱樂部 (C) 南卓然 (COX) | 蔡睿軒 | 牛向东 | 李飞扬 | 周子安 | STRC | CRA 4-14 | |

1st-3rd > Semi-Final (Race 64, 66)

| Race 57 [Open Men's 1x] | | Semi-Final 2 | | | | 12:01 | 2000m | |
|-------------------------|--------------------------------|----------------------|--|--|--|---------|-------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | 鸞江三重聯隊 (A) | 蔡承希 | | | | STRC | | / |
| 2 | Sha Tin Grace Rowing Club (A) | MAK Ho Ching Jack | | | | HKSI | PB | / |
| 3 | Royal Hong Kong Yacht Club (A) | LAM San Tung | | | | HKSI | PB | / |
| 4 | Royal Hong Kong Yacht Club (B) | CHIU Hin Chun | | | | HKSI | PB | / |
| 5 | Royal Hong Kong Yacht Club (E) | LIU Kang Yue Kenneth | | | | SMRC | PB | / |

1st-2nd > Final (Race 74)

| Race 58 [Open Men's 1x] | | Semi-Final 3 | | | | 12:09 | 2000m | |
|-------------------------|--------------------------------|------------------|--|--|--|---------|------------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | 鸞江三重聯隊 (C) | 黃世奎 | | | | STRC | | / |
| 2 | 鸞江三重聯隊 (D) | 王旨樂 | | | | STRC | | / |
| 3 | Easter Rowing Club Singapore | Kyle Daniel FRAM | | | | STRC | EAG 1-10 | / |
| 4 | Royal Hong Kong Yacht Club (G) | Oscar KINGHAM | | | | SMRC | PB | / |
| 5 | 桃園市體育總會划船委員會 | LIU Chien | | | | STRC | CRA SD1-08 | / |

1st-2nd > Final (Race 74)

| Race 59 [Open Men's 4x] | | Repechage | | | | 12:17 | 2000m | |
|-------------------------|---|-------------------|---------------------|----------------------|---------------|---------|--------------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | New Star Rowing Club & Sha Tin Grace Rowing Club & Royal Hong Kong Yacht Club | CHAN Ho Yin | CHAN Wilson Man Him | CHAN Wai Ming | WOO Ka Ming | HKSI | PB | / |
| 2 | Lok Tsui Rowing Club | CHIN Hin Yu | JIANG Chun Nam | ZHEN Louis | DING Pak Kwan | STRC | PB | / |
| 3 | Lok Tsui Rowing Club & Sha Tin Grace Rowing Club (B) | LIAO Henry Zhenao | CAI Chun | TSANG Hoi Him Victor | WONG Tsz Yuen | HKSI | PB | / |
| 4 | 台灣國立暨南國際大學中市聯隊 | 李侑駿 | 林子宸 | 王致邦 | 楊家豪 | STRC | WinTech 4-07 | / |
| 5 | 西安交通大學賽艇隊 | 王瀚 | 曲华阳 | 张乐平 | 尚书 | STRC | PB | / |
| 6 | 鸞江三重聯隊 | 陳信翰 | 莊翔榮 | 喻鉅宸 | 蔡維楷 | STRC | WinTech 4-04 | / |

1st-3rd > Final (Race 73)

*Remark:
STRC: Jockey Club Sha Tin Rowing Centre
SMRC: Jockey Club Shek Mun Rowing Centre
HKSI: Hong Kong Sports Institute

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| Race 60 [U19 Women's 4x+] | | Heat 1 | | | 12:30 | 2000m | | |
|---------------------------|--|-----------------|---------------|---------------|--------------------|-------|----------------|--|
| Lane | Team | Crew | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 和豐賽艇俱樂部 (D) 侯睿 (COX) | 李羽舒 | 谢余蔚 | 欧阳乐 | 周雨轩 | STRC | CRA 4-12 | |
| 2 | Lok Tsui Rowing Club & Sha Tin Grace Rowing Club WAN Tsz Kwan (COX) | Bonnie XIE | CHEUNG Sze Yu | TAM Cheuk Nam | ZHANG Emily Chenyi | STRC | PB | |
| 3 | 新艇体育 (A) 张瑞凤 (COX) | 龚睿 | 余米子涵 | 李思源 | 汤君琪 | STRC | CRA 4-14 | |
| 4 | 和豐賽艇俱樂部 (C) 张宝文 (COX) | 龔美伊 | 韩子莹 | 毛玮孜 | 张晓彤 | STRC | CRA 4-15 | |
| 5 | 德英乐赛艇俱乐部 (B) 邵浩然 (COX) | 李圆怡 | 徐圣琳 | 严岑匀 | 赵蓬雨 | STRC | CRA 4-17 | |
| 6 | 新艇体育 (B) 刘健 (COX) | TANG Michelle X | 倪悦天 | 胡恬 | 李欣蔓 | STRC | CRA 4-19 | |

1st > Final (Race 76), 2nd-3rd > Repechage (Race 69)

| Race 61 [U19 Women's 4x+] | | Heat 2 | | | 12:38 | 2000m | | |
|---------------------------|---|-------------|---------------|----------------|-------------|-------|----------------|--|
| Lane | Team | Crew | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 德英乐赛艇俱乐部 (A) 吴佳璐 (COX) | 付嘉彤 | 李奕瑶 | 刘芳语 | 万思逸 | STRC | KT404 | |
| 2 | 成都七中.初中部 程雨萱 (COX) | 李梓萌 | 杨晰然 | 杨琳 | 易子力 | STRC | KT407 | |
| 3 | 浙江万科赛艇俱乐部 钱信予 (COX) | 魏青禾 | 张智善 | 章茵玲 | 高欣悦 | STRC | 1920 KT 401 | |
| 4 | 和豐賽艇俱樂部 (B) 王嘉雨 (COX) | 刘依洁 | 张彧嫣 | 牛好 | 周子涵 | STRC | 1920 KT 402 | |
| 5 | 德英乐赛艇俱乐部 (C) 王睦言 (COX) | 顾怡悦 | 李越 | 黄祺修 | 慕韶菲 | STRC | 1920 KT 403 | |
| 6 | Sha Tin Grace Rowing Club MAK Chung Ping (COX) | CHEN Jingyi | FUNG Man Huen | KWONG Sum Yuet | TANG Ho Kiu | STRC | CRA 4-20 | |

1st > Final (Race 76), 2nd-3rd > Repechage (Race 69)

| Race 62 [Open Women's 2x] | | Repechage | | | 12:54 | 2000m | | |
|---------------------------|-------------------------------|------------------|---------------|--|---------|-------------|----------------|--|
| Lane | Team | Crew | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 新艇体育 (B) | 卫芳洋 | 赵悦彤 | | STRC | | / | |
| 2 | 西安交通大學賽艇隊 | 孙颖菲 | 刘奕辰 | | STRC | CRA SD 2-06 | / | |
| 3 | Lok Tsui Rowing Club (A) | LEUNG Wing Wun | POON O Yu | | HKSI | PB | / | |
| 4 | Royal Hong Kong Yacht Club | Chloe LAM | WONG Ho Wing | | STRC | PB | / | |
| 5 | Sha Tin Grace Rowing Club (A) | LO Wai Lam Emily | TANG Wing Yin | | STRC | PB | / | |
| 6 | 新艇体育 (A) | 司蔓妮 | 叶思灵 | | STRC | | / | |

1st-3rd > Final (Race 70)

*Remark:
STRC: Jockey Club Sha Tin Rowing Centre
SMRC: Jockey Club Shek Mun Rowing Centre
HKSI: Hong Kong Sports Institute

| Race 63 [U19 Women's 4x+] | | Heat 3 | | 13:07 | | 2000m | | |
|---------------------------|---|------------------|------------|---------------|----------------------|---------|----------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | 上海星河湾双语学校 张萌哲 (COX) | 张琬怡 | 翟雨晨 | 曹芷颖 | 杨一帆 | STRC | CRA 4-12 | |
| 2 | 和鹭赛艇俱乐部 (A) 黄予 (COX) | 陆玥含 | 邱子含 | 袁宇沁 | 张予涵 | STRC | CRA 4-13 | |
| 3 | Lok Tsui Rowing Club LIU Cheuk Lam (COX) | Clare CHEN | WONG Yiyi | ZHAO Youran | ZHENG Junxuan | STRC | CRA 4-14 | |
| 4 | Royal Hong Kong Yacht Club CHING Clara Jia Yan (COX) | Lee-Trudeau MAYA | Ingrid SIU | Jasmine PUELS | Simona Baukje ALBADA | SMRC | PB | |
| 5 | 新艇体育 (C) 侯丽丽 (COX) | 司蔓妮 | 卫芳洋 | 叶思灵 | 赵悦彤 | STRC | CRA 4-17 | |

1st > Final (Race 76), 2nd-3rd > Repechage (Race 69)

Lunch Break (13:17-14:30)

| Race 64 [U19 Men's 4x+] | | Semi-Final 1 | | 14:30 | | 2000m | | |
|-------------------------|-------------|--------------|--|-------|--|---------|------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | 3rd Race 50 | | | | | | | / |
| 2 | 2nd Race 51 | | | | | | | / |
| 3 | 1st Race 50 | | | | | | | / |
| 4 | 1st Race 55 | | | | | | | / |
| 5 | 2nd Race 56 | | | | | | | / |
| 6 | 3rd Race 51 | | | | | | | / |

1st-3rd > Final (Race 75)

| Race 65 [Open Women's 1x] | | Repechage | | 14:38 | | 2000m | | |
|---------------------------|--------------------------------|------------------|--|-------|--|---------|---------------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | 中國文化大學 (B) | 喻沛霖 | | | | STRC | | / |
| 2 | Royal Hong Kong Yacht Club (C) | Claire BURLEY | | | | SMRC | PB | / |
| 3 | 桃園市體育總會划船委員會 | 徐意軒 | | | | STRC | 1920 CRA 1-36 | / |
| 4 | Singapore Rowing Association | POH Xue Hua Joan | | | | HKSI | PB | / |
| 5 | Royal Hong Kong Yacht Club (D) | Amy KININMONTH | | | | SMRC | PB | / |
| 6 | Lok Tsui Rowing Club | WONG Hoi Wai | | | | STRC | PB | / |

1st-3rd > Final (Race 79)

*Remark:
 STRC: Jockey Club Sha Tin Rowing Centre
 SMRC: Jockey Club Shek Mun Rowing Centre
 HKSI: Hong Kong Sports Institute

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| Race 66 [U19 Men's 4x+] | | Semi-Final 2 | | 14:46 | 2000m | | *Outing | Boat | Cox (KG, Time) |
|-------------------------|-------------|--------------|--|-------|-------|--|---------|------|----------------|
| Lane | Team | Crew | | | | | | | |
| 1 | 3rd Race 55 | | | | | | | | / |
| 2 | 2nd Race 50 | | | | | | | | / |
| 3 | 1st Race 51 | | | | | | | | / |
| 4 | 1st Race 56 | | | | | | | | / |
| 5 | 2nd Race 55 | | | | | | | | / |
| 6 | 3rd Race 56 | | | | | | | | / |

1st-3rd > Final (Race 75)

| Race 67 [Open Men's 2x] | | Semi-Final 1 | | 14:54 | 2000m | | *Outing | Boat | Cox (KG, Time) |
|-------------------------|----------------------------|---------------------------|-------------------------|-------|-------|--|---------|--------------|----------------|
| Lane | Team | Crew | | | | | | | |
| 1 | 新艇体育 (B) | 苑嘉霖 | 张亦钧 | | | | STRC | | / |
| 2 | Sha Tin Grace Rowing Club | HUNG Cheuk Hin | LAM Hin Chun Alvin | | | | HKSI | PB | / |
| 3 | 新艇体育 (A) | 黄子轩 | 史益舟 | | | | STRC | | / |
| 4 | Royal Hong Kong Yacht Club | CHAN Yuk Man | CHIU Hin Chun | | | | HKSI | PB | / |
| 5 | Ateneo Rowing Team | Leo Lope Mariano LOFRANCO | Nicanor Regalado JASMIN | | | | STRC | CRA SD 2-01 | / |
| 6 | 杭州云谷学校 | 王奕涵 | 朱奕霖 | | | | STRC | WinTech 2-05 | / |

1st-3rd > Final (Race 81)

| Race 68 [Open Men's 2x] | | Semi-Final 2 | | 15:02 | 2000m | | *Outing | Boat | Cox (KG, Time) |
|-------------------------|--|-----------------------|-------------------|-------|-------|--|---------|--------------|----------------|
| Lane | Team | Crew | | | | | | | |
| 1 | Rowing Club, HKUSTSU | CHAN Kin Wang Michael | VAN Dipten SWEDER | | | | STRC | PB | / |
| 2 | NUS Rowing | LOW Weisheng Giovanni | Vihaan JASWAL | | | | STRC | CRA SD 2-08 | / |
| 3 | Lok Tsui Rowing Club & Sha Tin Grace Rowing Club | LIU Sung Lai Sunny | CHAN Wai Ming | | | | HKSI | PB | / |
| 4 | 同济大学世联行深潜赛艇会 | 王溥铭 | 赵元德 | | | | STRC | CRA SD 2-02 | / |
| 5 | Easter Rowing Club Singapore | Felix George KOTTMANN | Kyle Daniel FRAM | | | | STRC | WinTech 2-04 | / |
| 6 | 浙江万科赛艇俱乐部 | 张天宇 | 朱子豪 | | | | STRC | CRA 2-12 | / |

1st-3rd > Final (Race 81)

*Remark:
 STRC: Jockey Club Sha Tin Rowing Centre
 SMRC: Jockey Club Shek Mun Rowing Centre
 HKSI: Hong Kong Sports Institute

| Race 69 [U19 Women's 4x+] | | Repechage | | 15:10 | | 2000m | | *Outing | Boat | Cox (KG, Time) |
|---------------------------|-------------|-----------|--|-------|--|-------|--|---------|------|----------------|
| Lane | Team | Crew | | | | | | | | |
| 1 | 3rd Race 63 | | | | | | | | | / |
| 2 | 2nd Race 61 | | | | | | | | | / |
| 3 | 2nd Race 60 | | | | | | | | | / |
| 4 | 2nd Race 63 | | | | | | | | | / |
| 5 | 3rd Race 61 | | | | | | | | | / |
| 6 | 3rd Race 60 | | | | | | | | | / |

1st-3rd > Final (Race 76)

| Race 70 [Open Women's 2x] | | Final | | 15:18 | | 2000m | | *Outing | Boat | Cox (KG, Time) |
|---------------------------|----------------------------------|-----------------------|------------------|-------|--|-------|----|---------|------|----------------|
| Lane | Team | Crew | | | | | | | | |
| 1 | 3rd Race 62 | | | | | | | | | / |
| 2 | 1st Race 62 | | | | | | | | | / |
| 3 | Lok Tsui Rowing Club (B) | KWOK Sze Ming | YU Ka Wa | | | STRC | PB | | | / |
| 4 | Singapore Rowing Association (A) | CHAN Lai Cheng Joanna | POH Xue Hua Joan | | | HKSI | PB | | | / |
| 5 | Singapore Rowing Association (B) | NG Qi Xuan Madeline | TEO Zhi Xuan | | | STRC | | | | / |
| 6 | 2nd Race 62 | | | | | | | | | / |

| Race 71 [Open Women's 8+] | | Final | | 15:26 | | 2000m | | *Outing | Boat | Cox (KG, Time) |
|---------------------------|---|--------------------------------------|---|--|---|-------|--------------|---------|------|----------------|
| Lane | Team | Crew | | | | | | | | |
| 1 | 台北育成划船隊 賴詩涵 (COX) | 張璋軒 黃采煊 | 賴禹如 林佳蓉 | 劉品韻 申雨臻 | 蔡雯晴 朱歆沛 | STRC | KT801 | | | |
| 2 | New Star Rowing Club & The Hong Kong Polytechnic University Student Affairs Office Rowing Club MOK Ka Wai Anna (COX) | CHOW Kiu WAN Hoi Tung | NG Tsz Yan CHUN Ka Yuk | LAU So Wan LEE Hiu Tung | LEUNG Wing Sze ZHUANG Shixin | STRC | PB | | | |
| 3 | Lok Tsui Rowing Club & Royal Hong Kong Yacht Club LO Wan Kei (COX) | CHUI Nga Man HUNG Wing Yan Winne | LEE Hoi Kiu LEUNG King Wan | WONG Lok Yiu WONG Sheung Yee | HUI Wing Ki ZHANG Kouer | HKSI | PB | | | |
| 4 | Lok Tsui Rowing Club & Royal Hong Kong Yacht Club & Sha Tin Grace Rowing Club & The Hong Kong Polytechnic University Student Affairs Office Rowing Club CHANG Chi Yu (COX) | NG Yue Tung XIE Yu Tong, Yoyo | Stephanie Zi-Hui CAPOL CHAN Yee Lam | LAM Hoi Ying TAN Nga Man Eavan | TANG Hailey Hoi Hei MA Hiu Ying | HKSI | PB | | | |
| 5 | Rowing Western Australia NG Angelie Marie Mei-lin (COX) | Alessia CIROCCO Chloe Elise FLEAY | Ella Grace WADDY Emma Anne O'NEILL | Gamez Michelle RYAN Isabella Sophie UTLEY | Lara Jane CONNOLLY Olivia Alice PARK | STRC | WinTech 8-01 | | | |
| 6 | Royal Hong Kong Yacht Club Christopher ENG (COX) | Alexandra BIDLAKE Amy KININMONTH | CHAN Sik Chi Jasmine LAM Michele Han Ching | LEUNG Vivian Wingsee PU Yanan Nancy | Rachael KININMONTH WONG Hei Tung | SMRC | PB | | | |

*Remark:
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| Race 72 [Open Men's 4-] | | Final | | | | 15:34 | 2000m | | |
|-------------------------|--------------------------|-------------------------|-------------------|------------------------|----------------------|---------|----------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 利澤國中 | 陳逸晨 | 吳思源 | 蔡柏安 | 許釋文 | STRC | EAG 408 | / | |
| 2 | Lok Tsui Rowing Club (B) | CHUNG Hoi Pan | Islam Amine DELIH | HO Wing Fai | LIU Sung Lai Sunny | HKSI | PB | / | |
| 3 | Lok Tsui Rowing Club (A) | KWAN Ki Cheong | CHEN Pak Hong | CHAN Chi Fung | TO Siu Po | HKSI | PB | / | |
| 4 | Rowing Western Australia | Harper Alexander DAVIES | James YOUNG | Henry George SALFINGER | Joshua Robert HANTKE | STRC | EAG 4-09 | / | |
| 5 | Lok Tsui Rowing Club (C) | POON Kin Man | CHEUK Ho Yan | CHAN Kwan Ching Ken | NG Chun Nam | STRC | PB | / | |
| 6 | 台灣國立暨南國際大學中市聯隊 | 陳鎮琨 | 呂翊瑒 | 李睿哲 | 白子韋 | STRC | EAG 410 | / | |

| Race 73 [Open Men's 4x] | | Final | | | | 15:42 | 2000m | | |
|-------------------------|--|-----------------------|------------------|--------------------|----------------------|---------|--------------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 3rd Race 59 | | | | | | | / | |
| 2 | 1st Race 59 | | | | | | | / | |
| 3 | Lok Tsui Rowing Club & Sha Tin Grace Rowing Club (A) | Aldo WONG | LAI Pak Ki | TSANG Ling Wa | WONG Tsz Tsun Jayden | HKSI | PB | / | |
| 4 | Rowing Western Australia | Austin George VINCENT | Liam John JAEGER | Liam Michael DAVIS | Oscar Terence LOURIE | STRC | WinTech 4-06 | / | |
| 5 | Lok Tsui Rowing Club & Royal Hong Kong Yacht Club | CHAN Yuk Man | CHAU Yee Ping | Jaden HEAD | WONG Ching | HKSI | PB | / | |
| 6 | 2nd Race 59 | | | | | | | / | |

| Race 74 [Open Men's 1x] | | Final | | | | 15:50 | 2000m | | |
|-------------------------|--------------|-------|--|--|--|---------|-------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 2nd Race 58 | | | | | | | / | |
| 2 | 1st Race 57 | | | | | | | / | |
| 3 | 1st Race 54 | | | | | | | / | |
| 4 | 1st Race 58 | | | | | | | / | |
| 5 | 2nd Race 554 | | | | | | | / | |
| 6 | 2nd Race 57 | | | | | | | / | |

*Remark:
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 SMRC: Jockey Club Shek Mun Rowing Centre
 HKSI: Hong Kong Sports Institute

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| Race 75 [U19 Men's 4x+] | | Final | | | | 15:58 | 2000m | |
|-------------------------|-------------|-------|--|--|--|---------|-------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | 3rd Race 64 | | | | | | | / |
| 2 | 2nd Race 66 | | | | | | | / |
| 3 | 1st Race 64 | | | | | | | / |
| 4 | 1st Race 66 | | | | | | | / |
| 5 | 2nd Race 64 | | | | | | | / |
| 6 | 3rd Race 66 | | | | | | | / |

小休 Break (16:06 - 16:40)

| Race 76 [U19 Women's 4x+] | | Final | | | | 16:40 | 2000m | |
|---------------------------|-------------|-------|--|--|--|---------|-------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | 3rd Race 69 | | | | | | | / |
| 2 | 1st Race 69 | | | | | | | / |
| 3 | 1st Race 61 | | | | | | | / |
| 4 | 1st Race 60 | | | | | | | / |
| 5 | 1st Race 63 | | | | | | | / |
| 6 | 2nd Race 69 | | | | | | | / |

| Race 77 [Open Women's 4-] | | Final | | | | 16:48 | 2000m | |
|---------------------------|---|-----------------|----------------------|---------------------|-----------------|---------|----------|----------------|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) |
| 1 | The Chinese University of Hong Kong Rowing Club | LAU Tsz Ching | LEUNG Chi Ching Cici | TSANG Yuet Yi | YING Ching Man | SMRC | PB | / |
| 2 | 浙江万科赛艇俱乐部 | 陈霞 | 孙永 | 徐萌 | 张瑞 | STRC | EAG 4-02 | / |
| 3 | Rowing Western Australia | Alessia CIROCCO | Olivia PARK | Gamez Michelle RYAN | Chloe FLEAY | STRC | EAG 401 | / |
| 4 | Lok Tsui Rowing Club & Royal Hong Kong Yacht Club | HUI Wing Ki | LEUNG King Wan | WONG Lok Yiu | WONG Sheung Yee | HKSI | PB | / |
| 5 | The Hong Kong Polytechnic University Student Affairs Office Rowing Club | CHUN Ka Yuk | LEE Hiu Tung | LEUNG Wing Sze | ZHUANG Shixin | SMRC | PB | / |

*Remark:
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| Race 78 [Open Women's 4x] | | Final | | | | 16:56 | 2000m | | |
|---------------------------|---|---------------------|------------------|--------------------|--------------------|---------|--------------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 中國文化大學 | 陳芷瑩 | 甘又婷 | 林芳瑤 | 羅予彤 | STRC | WinTech 4-04 | / | |
| 2 | Rowing Western Australia | Chloe Elise FLEAY | Ella Grace WADDY | Lara Jane CONNOLLY | Olivia Alice PARK | STRC | WinTech 4-06 | / | |
| 3 | City University Rowing Team Alumni Association & The Chinese University of Hong Kong Rowing Club & The Hong Kong Polytechnic University Student Affairs Office Rowing Club & The Lingnan University Rowing Club | KAN Yik Hei | LI Yin Wai | MA Hiu Ying | YAU Felice Adeline | STRC | PB | / | |
| 4 | Lok Tsui Rowing Club & Sha Tin Grace Rowing Club | CHEN Wai Hei | CHEUNG Yuen Shan | LIU Jie | YEUNG Chi Kiu | HKSI | PB | / | |
| 5 | Singapore Rowing Association | NG Qi Xuan Madeline | TAN Hui Er | TEO Zhi Xuan | Zoe Athena WILCOX | HKSI | PB | / | |
| 6 | New Star Rowing Club & Royal Hong Kong Yacht Club | CHAN Ngai Yan | CHOW Kiu | Jenny LIM | WONG Ho Wing | SMRC | PB | / | |

| Race 79 [Open Women's 1x] | | Final | | | | 17:04 | 2000m | | |
|---------------------------|--------------------------------|-----------------|--|--|--|---------|-------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 3rd Race 65 | | | | | | | / | |
| 2 | 1st Race 65 | | | | | | | / | |
| 3 | Royal Hong Kong Yacht Club (B) | ZHANG Kouer | | | | HKSI | PB | / | |
| 4 | Royal Hong Kong Yacht Club (A) | Anna Lee FISHER | | | | SMRC | PB | / | |
| 5 | 中國文化大學 (A) | 溫鏗央 | | | | STRC | | / | |
| 6 | 2nd Race 65 | | | | | | | / | |

| Race 80 [Open Men's 8+] | | Final | | | | 17:12 | 2000m | | |
|-------------------------|---|---|---|--|-------------------------------------|---------|--------------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | The Hong Kong Polytechnic University Student Affairs Office Rowing Club LEE Yiu Cheung (COX) | LAM Pak Yu FUNG Tok Shing | CHEN Chun Long LI Cheuk Him | CHEUNG Lok Man LUI Chi Hung | CHUI Chun Yui WONG Hang Hong | SMRC | PB | | |
| 2 | 同济大学世联行深潜赛艇会 林澄焯 (COX) | 方敏 魏士尧 | 耶斯保利·革命哈孜 张宸恺 | 李成希 章卓源 | 王溥铭 赵元德 | STRC | CRA SD 8-03 | | |
| 3 | Rowing Western Australia POON Rei Wen (COX) | Austin George VINCENT Joshua Robert HANTKE | Harper Alexander DAVIES Liam John JAEGER | Henry George SALFINGER Liam Michael DAVIS | James YOUNG Oscar Terence LOURIE | STRC | WinTech 8-01 | | |
| 4 | 台灣國立暨南國際大學中市聯隊 徐姿雅 (COX) | 陳鎮琨 黃翠綸 | 李睿哲 李心睿 | 林子宸 呂翹瑋 | 白子韋 蕭祿運 | STRC | CRA 8-06 | | |
| 5 | 桃園市體育總會划船委員會 黃楷軒 (COX) | CHANG Kai-chun 廖翔宇 | CHIU Po-chun 马兆新 | LIU Chien 魏楷伦 | LIU Wen-ting 许嘉麟 | STRC | CRA SD 8-02 | | |
| 6 | 西安交通大學賽艇隊 陆娅如 (COX) | 王瀚 尚书 | 曲华阳 葛潼 | 史晋明 王哲 | 张乐平 张喆阳 | STRC | WinTech 8-02 | | |

| Race 81 [Open Men's 2x] | | Final | | | | 17:20 | 2000m | | |
|-------------------------|-------------|-------|--|--|--|---------|-------|----------------|--|
| Lane | Team | Crew | | | | *Outing | Boat | Cox (KG, Time) | |
| 1 | 3rd Race 67 | | | | | | | / | |
| 2 | 2nd Race 68 | | | | | | | / | |
| 3 | 1st Race 67 | | | | | | | / | |
| 4 | 1st Race 68 | | | | | | | / | |
| 5 | 2nd Race 67 | | | | | | | / | |
| 6 | 3rd Race 68 | | | | | | | / | |

*Remark:
 STRC: Jockey Club Sha Tin Rowing Centre
 SMRC: Jockey Club Shek Mun Rowing Centre
 HKSI: Hong Kong Sports Institute