hkrowing

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## HONG KONG ROWING **CHAMPIONSHIPS**

香港賽艇錦標賽



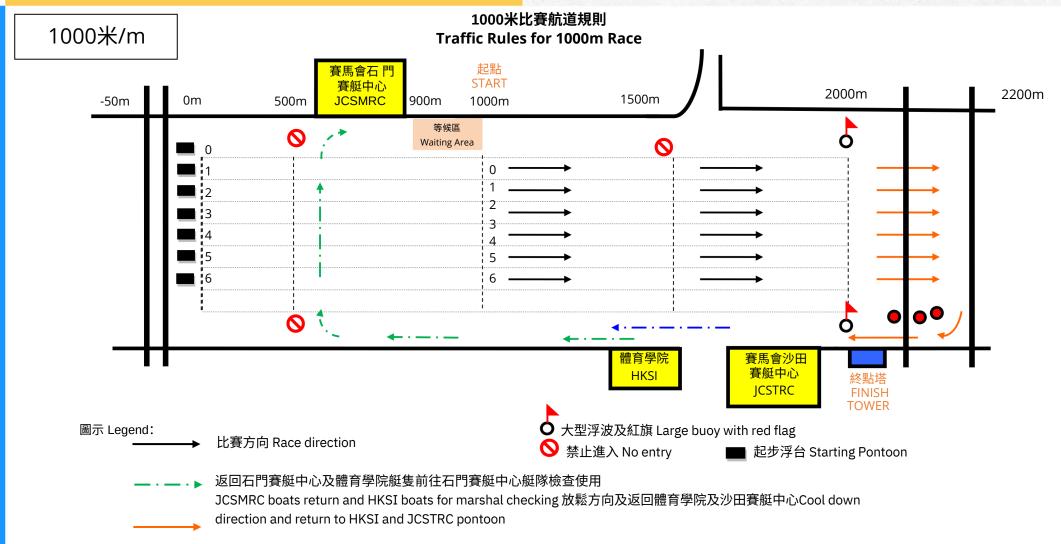












## 備註 Remarks:

- 隊伍須於 比賽前 最少15分鐘到達等候區;及最少2分鐘到達其線道上準備起步。當上一場比賽開始後,發令員將會分配線道予下一場的參賽隊伍。 Crews must arrive the waiting area and their start lane at least 15 minutes and 2 minutes respectively before the race start. After starting the previous race, the Starter will allocate a lane to the crews of next race.
- 2) 艇隻在熱 身時祇 許在"500M 900M"內轉向。 Boats should only turn and circulate in between "500m – 900m" for warm up.