

## 2024 ASIAN ROWING UNDER-19 CHAMPIONSHIPS OPEN PRELIMINARY SELECTION NOTICE

### INTRODUCTION

2024 Asian Rowing Under-19 Championships (2024ARJC), will be held in Nanchang, China in September 2024. The HKCRA aims to select the most competitive team to represent Hong Kong. Eligible athletes are welcome to apply to participate in OPEN PRELIMINARY SELECTION TRIALS (“Open Preliminary Selection”); selected athletes will join the TRAINING SQUAD (“2024ARJC Squad”), undergo training under HKSI coaching supervision, and prepare for FINAL SELECTION.

### ELIGIBILITY

Athletes applying for the Open Preliminary Selection must meet the following eligibility requirements: -

- Not turn age 19 before 1<sup>st</sup> January 2025;
- Hold a Hong Kong Identity Card or Hong Kong Passport;
- Join as an Ordinary member of HKCRA (<http://www.rowing.org.hk/join-as-member/>)
- Commit to the intensive training program for 2024ARJC Squad, which might include travel outside of Hong Kong for competition and training when required.
- Agree to comply with all athlete training, testing and anti-doping requirements as set out by the HKCRA from time to time.

### OPEN SELECTION PROCESS

The 2024ARJC Squad will be composed of up to 13 junior men and 13 junior women from the following Open Selections Process:

- 1<sup>st</sup> Preliminary Trial: ranked 1<sup>st</sup> to 9<sup>th</sup> junior men and women respectively will be selected to 2024ARJC Squad (detail in the table below)
- 2<sup>nd</sup> Preliminary Trial: ranked 1<sup>st</sup> to 4<sup>th</sup> junior men and women respectively will be selected to 2024ARJC Squad (detail in the table below)

The Preliminary Trails will consider the performance of 2000m single sculls Time Trial and 2000m ergometer Time Trial. The ranking will be based on the weighted score calculated with these assigned weightings: 7 for single sculls and 3 for ergometer.

Please note that selected athletes from 1<sup>st</sup> Preliminary Trial **do not have to** participate in 2<sup>nd</sup> Preliminary Trail; 2<sup>nd</sup> Preliminary Trial is **open to all athletes** whether joined 1<sup>st</sup> selection or not.

FINAL SELECTION is for 2024ARJC Squad members only. Further information will be issued to the 2024ARJC Squad.

### **OPEN TRIAL FORMAT and INFORMATION**

Events	Date	Format	Venue
1 <sup>st</sup> Preliminary Trial	1 <sup>st</sup> June	Ergometer 2000m Time Trial	Jockey Club Shatin Rowing Centre
	2 <sup>nd</sup> June	Single Sculls 2000m Time Trial	Shing Mun River, Shatin
2 <sup>nd</sup> Preliminary Trial	29 <sup>th</sup> June	Ergometer 2000m Time Trial	Jockey Club Shatin Rowing Centre
	30 <sup>th</sup> June	Single Sculls 2000m Time Trial	Shing Mun River, Shatin
Final Selection	between 20 <sup>th</sup> July and 10 <sup>th</sup> August	Ergometer 2000m & Single Sculls 2000m Time Trial	Shing Mun River, Shatin

#### **NOTES:**

- FINAL SELECTION is open to 2024ARJC Squad members only
- Single sculls time trial will take place between 6:00am and 11:00am, starting one by one at approximately 30-second intervals. Schedule will be issued 7 days before the specified date.
- Ergometer time trial will take place between 7:00am and 12:00nn. Schedule will be issued 7 days before the specified date.
- Racing line-ups order for single sculls time trial will be based on ranking of 2000m ergometer time trial with highest ranked ergometer score starting first.
- All selection decisions will be taken by the designated HKSI coaching team and subject to the endorsement by the HKCRA High Performance & Selection Committee.

### **APPEALS PROCEDURE**

Appeals against the selection decisions should follow the HKCRA Selection Appeals Procedure: <http://www.rowing.org.hk/training-selection-pathway/>



Hong Kong, China  
ROWING ASSOCIATION  
中國香港賽艇協會

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## **REGISTRATION**

Submit entry by **22<sup>nd</sup> May 2024**, HK Time 23:59, via:

<https://forms.gle/DazAPFSKUKZe92HK9> or scan the QR code



## **CONTACT & ENQUIRE**

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