

第十一屆香港海岸賽艇錦標賽

HONG KONG ROWING

COASTAL CHAMPIONSHIPS

Sunday, 15th September 2024

Safety Guidelines for Crews

The 2024 Hong Kong Rowing Coastal Championships is an open-water race in coastal rowing boats at Royal Hong Kong Yacht Club (RHKYC), Kellett Island, Causeway Bay. A Race Village will be set up on the adjacent shoreline based at the RHKYC. This Championships is in an area with currents, waves, shipping, and ferry lanes plus buoys. For these reasons crews must be familiar with these safety guidelines and must always follow safe procedures.

1. Crew Captains' Meeting

There will be a Crew Captain's Meeting in person on Friday 13rd September 2024 at 07:00pm. All essential information relating to the race and safety will be provided in this meeting. **Crew Captains from each crew are required to attend.** Other participants are welcome. Crews which are not represented at this meeting may be excluded from the Championships. Updates relating to the event and any required assistance will be available at the Registration Counter on the day of racing.

2. Race Course

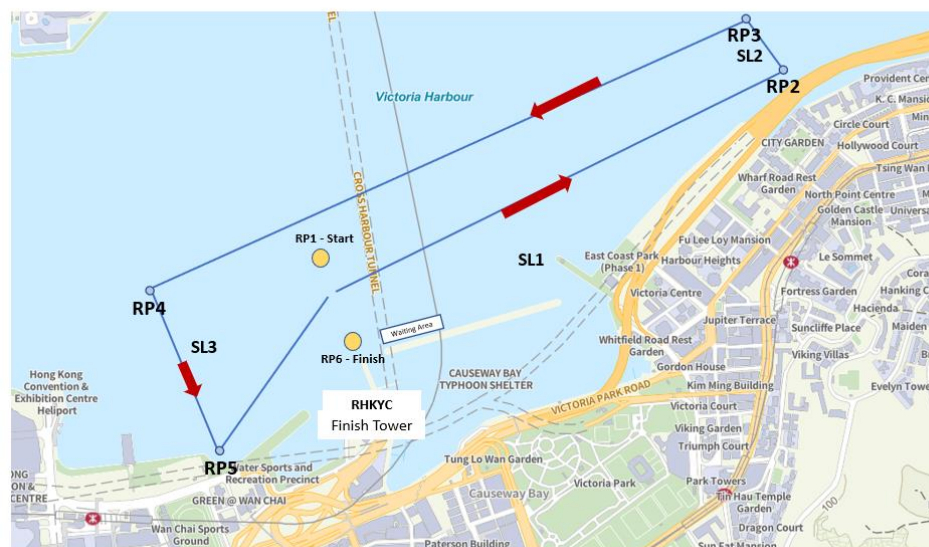
- 2.1 Course Location - The competition course will be a 4-kilometer course around several buoys with up to 12 boats in each race (if more than one race is started at the same time), starting together, with no designated lanes. The course for the Championships will be in Victoria Harbour. Starting from Kellett Island, crews will race east to City Garden, then turning around two buoys to head back past Kellett Island towards Wan Chai Ferry Pier, turning around 2 buoys and heading back to the finish line in front of RHKYC. The 4.0 km course **will be used for all races**. Refer to the map below. (Map 1).
- 2.2 Course Buoys - There will be large orange colour cylindrical buoys (Photo 1) - (Height: 2M x Diameter:1M) at the Start / Finish Line – RP1 and RP6, and around the race course at turning points RP2, RP3, RP4 and RP5. Rowers must turn around the buoys in the correct direction at every point or they will be regarded as not completing the course and will not be ranked. The positions of all buoys are shown on the map below.

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HONG KONG ROWING COASTAL CHAMPIONSHIPS COURSE 2024



(Map 1)

Route Point (1)
Latitude: 22° 17.258 'N
Longitude: 114° 10.846 'E
-Start-

Route Point (2)
Latitude: 22° 17.579 'N
Longitude: 114° 11.586 'E
True Bearing: 64.9°
Distance: 1.4 KM

Route Point (3)
Latitude: 22° 17.676 'N
Longitude: 114° 11.505 'E
True Bearing: 322.3°
Distance: 0.2 KM

Route Point (4)
Latitude: 22° 17.226 'N
Longitude: 114° 10.605 'E
True Bearing: 241.6°
Distance: 1.7 KM

Route Point (5)
Latitude: 22° 17.013 'N
Longitude: 114° 10.705 'E
True Bearing: 156.5°
Distance: 0.4 KM

Route Point (6)
Latitude: 22° 17.159 'N
Longitude: 114° 10.886 'E
True Bearing: 48.9°
Distance: 0.4 KM



Photo 1 (Buoys at the Course)

2.3 Other Motorised Vessels – All crews should note that Hong Kong Harbour is a working harbour with motorized vessels using the water space. Crews must always be aware of other vessels and must not put themselves or others in dangerous positions about other vessels at any time.

3. Rules of Racing

The HKCRA Rules of Racing shall apply. HKCRA Rules of Racing – Rules for Coastal Rowing Competitions (<http://www.rowing.org.hk/wp-content/uploads/2023/07/HKCRA-Rules-2023-Formatted-Updated.pdf>)



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4. Rowers Responsibilities

- 4.1 Swimming Ability and Responsibility for Health and Fitness - It is the responsibility of all rowers to be able to swim and to be familiar with all safety requirements. All Clubs and individual participants are responsible to ensure rowers do not suffer from any illness or injury that renders them unfit for the proposed activity.
- 4.2 Capsize or Accident - If a boat capsizes the rowers should free themselves immediately from the boat, keep your head out of the water and check carefully that all crew members have surfaced and are safe. Shout loudly to alert the safety boat. Stay calm and hold on to the boat or oars and wait for the safety boat. Provide support to any crew member who needs it. Under no circumstances should any rowers leave their boat as the boat is buoyant and will keep you afloat. If your boat is in a collision or your crew otherwise requires assistance, shout loudly to the umpire or nearby safety boat and wait for the safety boat to arrive.
- 4.3 Personal Flotation Devices – Each boat will have on board one personal floating devices (PFD) for each crew member. Coxswains are required to wear their PFD. Rowers may wear the PFD or may just carry them in the boat in case they are needed. PFDs MUST NOT BE REMOVED FROM THE BOATS.
- 4.4 Hatches and Drain plugs - Rowers should ensure hatches and drain plugs are tightly closed before going on the water. It is the crew's responsibility to ensure boats are drained of any water before they go out and after they return.
- 4.5 Feet Protection - Crews will launch boats from the slipway and rowers are advised to wear appropriate footwear to protect their feet.

5. Adverse Weather conditions

The Championships will be postponed if there is a No. 3 Typhoon Signal or Red Rainstorm Signal or above at 6:00a.m. on the day of racing. If there are thunderstorms in the vicinity of the racing then races may be delayed. The Organising Committee, Chief Umpire and Safety Advisor reserve the right to suspend or delay racing in case of adverse weather conditions or other safety reasons.

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6. Collision avoidance

It is every rower's responsibility to avoid collision. Crews and scullers must keep a good observation and be aware of other boats and obstacles nearby. You are always obliged to keep clear of other boats or obstacles with the direction of your boat. Stop your boat if you find there might be any obstacle that endangers your crew and take appropriate actions to avoid any accident.

IN PARTICULAR

- Crews must NOT change course to prevent another crew from passing;
- In the case of Severe Collisions, the Umpire shall decide who is at fault and may impose a 60 second penalty on the crew responsible. A Red Card (exclusion) may be imposed without any previous warning in cases of a blatant disregard for the safety of other rowers and equipment.

7. Rescue and Medical Services

The Safety Advisor will be present and will closely monitor racing and liaise with on-water and on-land rescue services as well as other related Authorities. On-water rescue services will be provided and the sea rescue teams will be distributed over the course ready to act when required. First aid and emergency medical service will be provided on land at the competition venue with access to ambulance service and hospital treatment when required.

Safety Advisor
11th Hong Kong Rowing Coastal Championships

July 2024