



HONG KONG ROWING SCHOOLS CHAMPIONSHIPS

香港賽艇校際錦標賽

2024

Race Bulletin

The Hong Kong, China Rowing Association (HKCRA) is pleased to welcome crews from local schools to compete in the Hong Kong Rowing Schools Championships 2024. The aim is to foster rowing excellence among schools by giving students the chance to compete and forge new connections at the event. To this end, HKCRA has also extended invitations to overseas schools to participate this year.

- Date : **19-20 October 2024 (Saturday & Sunday) ****
- Organised by : Hong Kong, China Rowing Association (HKCRA)
- Subvented by : Leisure & Culture Services Department (LCSD)
- Supported by : The Schools Sports Federation of Hong Kong, China (HKSSF)
- Venue : Shing Mun Regatta Course, Sha Tin
- Entry deadline : 20 September 2024 (Friday) before 12:00 noon (HK Time)**

**The final race schedule will be subject to the number of entries and will be published on or before 4 October 2024. The final start list will be published no later than 11 October 2024.

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1. VENUE AND COMPETITION COURSE

The Championships will be based at the Jockey Club Sha Tin Rowing Centre and the Jockey Club Shek Mun Rowing Centre, both of which are in Sha Tin adjacent to the Shing Mun River and are managed by HKCRA. Racing will take place on the Shing Mun Regatta Course which is a tidal river.

2. EVENTS

Race Lane Draw - A random draw for Heats (where required) and race lanes will be conducted on **Monday, 7th October 2024**, at 7:00 p.m. HK Time at the Jockey Club Sha Tin Rowing Centre.

Race Distance

The primary board rowing single events will be set at 250 meters, while primary single sculls events will be 500 meters. All remaining events will be set at 1,000 meters. Each race will commence from a designated starting pontoon. (Except 250 meters and 500 meters events)

Group		Event	*1x	^1x	^1x	2x	4x+	Mixed 4x+	#Mixed R4x+
Racing Distance			250M	500M	1000M				
Boy's/ Girl's	Primary		A	A					
	Secondary	C Grade - Under 14 (Born on or after 1 Jan, 2010)			A	A	A		
		B Grade - Under 16 (Born on or after 1 Jan, 2008)			A	A	A	A	B
		A Grade - Under 19 (Born on or after 1 Jan, 2005)			A	A	A		

* Primary board rowing single events.

^Each School can enter **only two crews** in each **Single Sculls Event**.

Recreational Coxed Quadruple Sculls Event will be a demonstration event for novice rower, **especially for participants intending to enter the event A are ineligible for this event**. The results will not be counted in the overall points system. There will be only be available of **12 entries**.

(1.) School representatives or participants are advised to make their entries with reference to the **“Preliminary Race Schedule”**, especially for competitors entering more than one event. The race schedule **may be updated** subject to the total number of entries received in each event. HKCRA will not update the race schedule due solely to the double entry of any rowers.

(2.) Rowers must be under 19 years old and entries must be endorsed by the respective school.



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- (3.) Rowers must be the students of the school in the current year 2024-2025. (Valid Student Card should be presented during registration)
- (4.) Mixed event may include crews with members from different age groups (ranging from 14-19) and genders (with at least one female/male in each crew).
- (5.) Each rower is limited to participating in a **maximum of two different A events** and cannot compete in more than one age group.
- (6.) Rowers participating in the Championships must have a Star 3 qualification or higher issued by HKCRA. (Except for board rowing events, a Star 1 certificate is sufficient.)
- (7.) Participants without a Star 3 certificate must undergo a water assessment or obtain an endorsement from an HKCRA registered level 2 or above coach, which is only valid for the Championships in 2024. Schools are required to reach out to their affiliated HKCRA registered level 2 coach for the endorsement.
- (8.) Further to points (6.) and (7.), qualification proof for participants from overseas schools is exempted, while the respective Team Manager is required to sign a capability declaration for their rowers.
- (9.) Organising Committee (OC) reserved the right to cancel if there are less than 3 participating crews and from less than 2 different schools.
- (10.) OC reserves the right to limit the number of events an individual can participate in if there are concerns about the extreme heat posing risks.
- (11.) Teams borrowing Association equipment shall be responsible for paying the replacement or repairing charges incurred from any broken boats, parts, and oars.
- (12.) The students' age grouping of 2024-25 are as follows: -

Secondary School	A Grade	Under 19 - Date of birth on or after 1 January 2005
	B Grade	Under 16 – Date of birth on or after 1 January 2008
	C Grade	Under 14 – Date of birth on or after 1 January 2010



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- (13.) According to Rule 38 of the Rules of Racing, the OC reserves the right to verify the identification document and exclude from an Event any rower who submits false or invalid information.
- (14.) In the Secondary School Grade B and C categories, participants are allowed to compete in higher-level events. However, any event registered by these participants, including crew change requests, will be considered as higher-level category. In team events, all team members must be in the same age group or upgrade their entry. This upgrade request will not impact events organized by The Schools Sports Federation of Hong Kong, China. To apply for an upgrade entry (including school name, participant list, event details, date of birth, and gender information), please contact the organizing committee via email (alice.l@rowing.org.hk) before the registration deadline.

3. ENTRY FEES

Boat types	Entry fee per event
4x+ / R4x+	HK\$ 440.00
2x	HK\$ 220.00
1x	HK\$ 110.00

- (1.) Entry Platform – All entries shall be made through the online entry platform – https://www.regattacentral.com/regatta/?job_id=9174&org_id=0
ENTRY DEADLINE – 20 September 2024 (Friday) before 12:00 noon (HK Time). (No late entry will be accepted as the online system will reject any late entry automatically and will NOT accept any hard copy or email application)
- (2.) Please submit the entry fee (paid via either cheque or ATM) to the HKCRA by post or in person before the entry deadline. Payment methods are as listed below:
- A crossed cheque to the "Hong Kong, China Rowing Association" and send it to the following address: Hong Kong, China Rowing Association, Jockey Club Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin, N.T. Remember to write "2024 HKRSC", your school's name, contact person, and telephone number on the back of the cheque. (indicate "2024 HKRSC" on the envelope.); or
 - Via ATM: kindly transfer the entry fee to HSBC account number 002-6-187443 and indicate the school's name on the bank-in-slip. Please email the bank-in-slip to alice.l@rowing.org.hk on or before the entry deadline.
- (3.) In the case of cancellation of the Championships, only 50% of the entry fee paid will be refunded in view of the need of the HKCRA to bear the logistics and set-up costs.
- (4.) Every crew must enter and compete under the name of the respective school. No rower is allowed to compete for more than one respective school at the Championships (excluding Coxswains).

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4. RULES OF RACING

- (1.) By submitting their entry, each competitor confirms that they understand and agree to abide by the HKCRA Rules of Racing and Competition Notice. Anyone who does not meet the qualifications or does not comply with the requirements of the competition, or violates the Rules of Racing, whether before, during or after the competition, may be excluded from an Event and any fees shall not be refunded.
- (2.) Coxswain can be a non-student with no age and gender restriction. Coxswains must be weighed with racing uniform on tested scales not more than two hours and not less than one hour before the start time of their first race in each event on each day of racing. The minimum weight for a coxswain wearing racing uniform is 50 kgs. To make up this weight, a coxswain may carry additional deadweight as close as practicable to their person in the boat. No article of racing equipment should be considered as part of this deadweight.
- (3.) Racing uniforms should be identical within a crew.
- (4.) HKCRA Rules of Racing - <http://www.rowing.org.hk/wp-content/uploads/2023/07/HKCRA-Rules-2023-Formatted-Updated.pdf>

5. LIABILITY AND INDEMNITY

By entering the Championships, each competitor is agreeing to the Hong Kong, China Rowing Association Terms and Conditions which can be found in **Appendix 1** at the end of this document.

6. HEALTH AND FITNESS / INSURANCE

- (1.) Each competitor shall be responsible for their own health and fitness to enter and compete in the Championships. All competitors shall be able to swim at least 50 meters in light clothing.

7. POINTS SYSTEM AND PRIZES

- (1.) Trophies for the “Overall Champion, 1st runner-up and 2nd runner-up for Boy’s Events and Girl’s Events” will be presented to the Secondary Schools according to the points they gained. Points will be awarded as shown below:

Place	Event	1 st	2 nd	3 rd	4 th	5 th	6 th	Have completed the races
Points	1x	10	8	6	4	3	2	1
	2x	20	16	12	8	6	4	2
	4x+	40	32	24	16	12	8	4
	Mixed 4x+*	40	32	24	16	12	8	4

*Points will be split equally between the Boys' Team and the Girls' Team, respectively

- (2.) Gold, silver, and bronze medals will be presented to the first three crews in each event and category



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respectively.

(3.) Trophies will be presented to the champion of each event.

(4.) Certificates will be presented to the competitors who completed the race.

(5.) The Points System applies only to local school teams. The ranking of any winning overseas club teams will be excluded from the calculation. For instance, if an overseas club team wins the championship, the local team that finishes as the 1st runner-up will be awarded the points allocated for the champion position.

8. OTHERS

(1.) Please be aware that the HKCRA has the authority to record videos or capture images for marketing, promotional, and educational use. All content is copyrighted by HKCRA.

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Organising Committee of Hong Kong Rowing Schools Championships 2024

Chairman	Ms. HO Kim Fai, OLY
Co-Convenor	Ms. CHAN Ngai Yan Ms. WONG Wan Yan
Appeal Board	Mr. Mike TANNER, BBS, MH Mr. NG Wing Ning, Victor
Promotion & Design	Mr. TSANG Chiu Lung Rax
External Communication	Ms. Anna Lee FISHER Mr. CHAN Man Him Mr. KAO Chung Lei Edmund Ms. NG Wing Hei
Race Details	Mr. Bentley CHAU Mr. Gary MEACHAM
Equipment	Mr. KWOK Tai Ming
On Day Operation	Ms. TANG Tik Mr. WONG Man Wai, Benjamin
Budget	Ms. CHAN Ngai Yan Mr. CHOW Kwong Wing Ms. HO Wai Chi



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Enquiries and Correspondence

All correspondence to	: Ms. Ang LAU Hong Kong, China Rowing Association Jockey Club Sha Tin Rowing Centre No. 27 Yuen Wo Road, Sha Tin, N.T.
Telephone	: (852) 3841 7217 (Ms. Alice LIU) - Events Manager
Email	: alice.l@rowing.org.hk

The OC welcomes anyone to participate in this Championships. If you know of anyone interested in participating who has not been notified, please convey the relevant information, or ask them to contact Events Manager, Ms. Alice LIU directly.

OC of Hong Kong Rowing Schools Championships 2024
30 August 2024



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APPENDIX 1

Hong Kong Rowing Schools Championships 2024 Terms and Condition of Entry

By entering the Hong Kong Rowing Schools Championships 2024 (the Event), each competitor agrees to the following Terms and Conditions which shall apply to all activities associated with the Event, including training and racing: -

1. The participant declares that the participant has full knowledge of the risks involved in water sports and rowing and is well prepared physically and sufficiently fit to compete in the Event.
2. It is the participant's responsibility to make known any potential medical conditions that may affect their health, safety and performance during the Event and related activities and to inform HKCRA and LCSD of any subsequent conditions arising from or becoming known during or after the Event.
3. The participant declares that they can swim at least 50 meters and is confident under water & treading water in clothing not less than racing uniform. Otherwise, the participant agrees that they shall be responsible to always wear a personal flotation device (PFD) when they are in the boat for the purposes of the Event, whether for training or racing.
4. The participant hereby indemnifies the Hong Kong, China Rowing Association (HKCRA), the Leisure & Cultural Services Department (LCSD), The Schools Sports Federation of Hong Kong, China (HKSSF) and the appointed officials, volunteers, staff & employees and shall not hold them liable for any claim or demand arising from the death, personal injury, damage or loss of property of the participant or their Club whereby such is not caused by negligence, which may occur in the course of or as a result of participation in the Event.
5. The participant agrees that they are entering the Event at his/her own risk and responsibility. The participant discharges the HKCRA, LCSD, HKSSF and all other individuals and organisations connected directly or indirectly with the Event from any responsibility in the event of injury, death or loss of property incurred during, as consequence of, or while travelling to and from the Event.
6. The participant agrees that they shall comply strictly with all rules, regulations, requirements & instructions related to the Event and the participant shall be responsible for any death, personal injury, or loss to property if such is cause by the violation of such rules, regulations, requirements & instructions by the participant.
7. The participant agrees to pay the costs of repair or replacement for any damages to any equipment caused by the participant.
8. By entering the Event, the participant agrees to and confirms to accept and follow all the terms, conditions and points made and subsequently raised in these Terms and Conditions, in the Event Bulletin, the Rules of Racing, the Competition Notice and the Team Managers' Meeting.