

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|--|--|---------------------------|
| 場次 Race 1 10:00 | P01 男子1分鐘個人展能項目 - PR3智障 (中度 / 嚴重) Men 1 minute Individual Para Events - PR3 Moderate/Severe Intellectual Impairments | |
| | P21 男子1分鐘個人展能項目 - PR3肢體殘障 Men 1 minute Individual Para Events - PR3 Physical Impairments | |
| | P27 男子1分鐘個人展能項目 - PR2肢體殘障 Men 1 minute Individual Para Events - PR2 Physical Impairments | |
| | P02 女子1分鐘個人展能項目 - PR3智障 (中度 / 嚴重) Women 1 minute Individual Para Events - PR3 Moderate/Severe Intellectual Impairments | |
| | P22 女子1分鐘個人展能項目 - PR3肢體殘障 Women 1 minute Individual Para Events - PR3 Physical Impairments | |
| | P28 女子1分鐘個人展能項目 - PR2肢體殘障 Women 1 minute Individual Para Events - PR2 Physical Impairments | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| P01 男子1分鐘個人展能項目 - PR3智障 (中度 / 嚴重) Men 1 minute Individual Para Events - PR3 Moderate/Severe Intellectual Impairments | | |
| 1 | 東華三院群芳啟智學校 TWGHs Kwan Fong Kai Chi School | Gurung Em PRASAD |
| 2 | 東華三院群芳啟智學校 TWGHs Kwan Fong Kai Chi School | 許景煜 |
| 3 | 東華三院群芳啟智學校 TWGHs Kwan Fong Kai Chi School | 黃子聰 |
| P21 男子1分鐘個人展能項目 - PR3肢體殘障 Men 1 minute Individual Para Events - PR3 Physical Impairments | | |
| 4 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | TO Ho Long |
| 5 | 香港耀能協會田綺玲學校 SAHK Jockey Club Elaine Field School | TSUN Wang Lam |
| 6 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | KWOK Chi Hin |
| 7 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | CHUI Ka Kit |
| P27 男子1分鐘個人展能項目 - PR2肢體殘障 Men 1 minute Individual Para Events - PR2 Physical Impairments | | |
| 8 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | TSANG Yik Ming |
| 9 | 香港耀能協會田綺玲學校 SAHK Jockey Club Elaine Field School | LIU Ngai Kei Zoff |
| 10 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | WONG Chak Sui |
| P02 女子1分鐘個人展能項目 - PR3智障 (中度 / 嚴重) Women 1 minute Individual Para Events - PR3 Moderate/Severe Intellectual Impairments | | |
| 11 | 東華三院群芳啟智學校 TWGHs Kwan Fong Kai Chi School | 蕭嘉兒 |
| P22 女子1分鐘個人展能項目 - PR3肢體殘障 Women 1 minute Individual Para Events - PR3 Physical Impairments | | |
| 12 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | HUANG Qiannan |
| 13 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | SHUM Sum Yi |
| 14 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | CHEUNG Tsz Yin, Charlaine |
| P28 女子1分鐘個人展能項目 - PR2肢體殘障 Women 1 minute Individual Para Events - PR2 Physical Impairments | | |
| 15 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | CHEN Ching Tung |

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|---|---|-------------------------|
| 場次 Race 2 10:10 | P13 男子3分鐘個人展能項目 - PR3視障 Men 3 minutes Individual Para Events - PR3 Visually Impaired | |
| | P17 男子3分鐘個人展能項目 - PR3聽障 Men 3 minutes Individual Para Events - PR3 Hearing Impaired | |
| | P29 男子3分鐘個人展能項目 - PR2肢體殘障 Men 3 minutes Individual Para Events - PR2 Physical Impairments | |
| | P14 女子3分鐘個人展能項目 - PR3視障 Women 3 minutes Individual Para Events - PR3 Visually Impaired | |
| | P30 女子3分鐘個人展能項目 - PR2肢體殘障 Women 3 minutes Individual Para Events - PR2 Physical Impairments | |
| | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| P13 男子3分鐘個人展能項目 - PR3視障 Men 3 minutes Individual Para Events - PR3 Visually Impaired | | |
| 1 | 猛龍隊 Fearless Dragon Team | LEE Chi Wai |
| P17 男子3分鐘個人展能項目 - PR3聽障 Men 3 minutes Individual Para Events - PR3 Hearing Impaired | | |
| 2 | N/A | 黃崇禧 |
| P29 男子3分鐘個人展能項目 - PR2肢體殘障 Men 3 minutes Individual Para Events - PR2 Physical Impairments | | |
| 3 | 香港耀能協會田綺玲學校 SAHK Jockey Club Elaine Field School | TOO Shing Hon Kingsley |
| P14 女子3分鐘個人展能項目 - PR3視障 Women 3 minutes Individual Para Events - PR3 Visually Impaired | | |
| 4 | 猛龍隊 Fearless Dragon Team | LEE Hang Mui |
| 5 | 中華基督教會銘基書院 CCC Ming Kei College | FONG Hei Man |
| 6 | 猛龍隊 Fearless Dragon Team | CHUNG Ying Chiang |
| P30 女子3分鐘個人展能項目 - PR2肢體殘障 Women 3 minutes Individual Para Events - PR2 Physical Impairments | | |
| 7 | 香港耀能協會田綺玲學校 SAHK Jockey Club Elaine Field School | LIU Tsz Ching |

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線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|--------------------|--|-------------------------|
| 場次 Race 3 10:20 | P05 男子5分鐘個人展能項目 - PR3智障 (中度 / 嚴重) Men 5 minute Individual Para Events - PR3 Moderate/Severe Intellectual Impairments | |
| | P19 男子5分鐘個人展能項目 - PR3聽障 Men 5 minutes Individual Para Events - PR3 Hearing Impaired | |
| | P25 男子5分鐘個人展能項目 - PR3肢體殘障 Men 5 minutes Individual Para Events - PR3 Physical Impairments | |
| | P37 男子5分鐘個人展能項目 - PR1肢體殘障 Men 5 minutes Individual Events - PR1 Physical Impairments | |
| | P16 女子5分鐘個人展能項目 - PR3視障 Women 5 minutes Individual Para Events - PR3 Visually Impaired | |
| | P26 女子5分鐘個人展能項目 - PR3肢體殘障 Women 5 minutes Individual Para Events - PR3 Physical Impairments | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | P05 男子5分鐘個人展能項目 - PR3智障 (中度 / 嚴重) Men 5 minute Individual Para Events - PR3 Moderate/Severe Intellectual Impairments | |
| | N/A | SZE Vincent Eugene |
| 2 | P19 男子5分鐘個人展能項目 - PR3聽障 Men 5 minutes Individual Para Events - PR3 Hearing Impaired | |
| | 猛龍隊 Fearless Dragon Team | CHENG Chi Kin |
| 3 | P25 男子5分鐘個人展能項目 - PR3肢體殘障 Men 5 minutes Individual Para Events - PR3 Physical Impairments | |
| | 香港耀能協會田綺玲學校 SAHK Jockey Club Elaine Field School | LEE Yiu Yin |
| 4 | 香港耀能協會田綺玲學校 SAHK Jockey Club Elaine Field School | |
| | | SIT Siu Kwam Rico |
| 5 | P37 男子5分鐘個人展能項目 - PR1肢體殘障 Men 5 minutes Individual Events - PR1 Physical Impairments | |
| | N/A | 曾星 |
| 6 | P16 女子5分鐘個人展能項目 - PR3視障 Women 5 minutes Individual Para Events - PR3 Visually Impaired | |
| | 中華基督教會銘基書院 CCC Ming Kei College | FONG Hei Man |
| 7 | P26 女子5分鐘個人展能項目 - PR3肢體殘障 Women 5 minutes Individual Para Events - PR3 Physical Impairments | |
| | N/A | 譚文慧 |

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|--------------------|---|-------------------------|
| 場次 Race 4 10:30 | P07 男子300米個人展能項目 - PR3智障 (輕度) Men 300m Individual Para Events - PR3 Mild Intellectual Impairments | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 救世軍石湖學校 The Salvation Army Shek Wu School | 林澤瀚 |
| 2 | 救世軍石湖學校 The Salvation Army Shek Wu School | 楊廣滔 |
| 3 | 救世軍石湖學校 The Salvation Army Shek Wu School | 郭澄楓 |
| 4 | 救世軍石湖學校 The Salvation Army Shek Wu School | 黃知樂 |
| 5 | 救世軍石湖學校 The Salvation Army Shek Wu School | 梁增迅 |
| 6 | 救世軍石湖學校 The Salvation Army Shek Wu School | 何泓暉 |
| 7 | 救世軍石湖學校 The Salvation Army Shek Wu School | 李崇傲 |
| 8 | 救世軍石湖學校 The Salvation Army Shek Wu School | 秦坤濤 |
| 9 | 救世軍石湖學校 The Salvation Army Shek Wu School | 黃瀟華 |
| 10 | 救世軍石湖學校 The Salvation Army Shek Wu School | 吳浩然 |
| 11 | 救世軍石湖學校 The Salvation Army Shek Wu School | 鄭森允 |
| 12 | 救世軍石湖學校 The Salvation Army Shek Wu School | 華煦童 |
| 13 | 救世軍石湖學校 The Salvation Army Shek Wu School | 馬文軒 |
| 14 | 救世軍石湖學校 The Salvation Army Shek Wu School | 魏子庭 |
| 15 | 救世軍石湖學校 The Salvation Army Shek Wu School | 郭宇誠 |
| 16 | 救世軍石湖學校 The Salvation Army Shek Wu School | 曾東昇 |
| 17 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 周耀文 |
| 18 | 救世軍石湖學校 The Salvation Army Shek Wu School | 梁銘鎬 |
| 19 | 救世軍石湖學校 The Salvation Army Shek Wu School | 曾彼得 |
| 20 | 救世軍石湖學校 The Salvation Army Shek Wu School | 張甄熙 |
| 21 | 救世軍石湖學校 The Salvation Army Shek Wu School | 曾浩揚 |
| 22 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 周治廷 |
| 23 | 救世軍石湖學校 The Salvation Army Shek Wu School | 李維斯 |
| 24 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 陳逸東 |

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線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| 場次 Race 5 10:40 | P08 女子300米個人展能項目 - PR3智障 (輕度) Women 300m Individual Para Events - PR3 Mild Intellectual Impairments | | | |
|--------------------|---|-------------------------|--|--|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors | | |
| 1 | 救世軍石湖學校 The Salvation Army Shek Wu School | 黃禧彤 | | |
| 2 | 救世軍石湖學校 The Salvation Army Shek Wu School | 盧若楠 | | |
| 3 | 救世軍石湖學校 The Salvation Army Shek Wu School | 盧煦玥 | | |
| 4 | 救世軍石湖學校 The Salvation Army Shek Wu School | 劉詠甄 | | |
| 5 | 救世軍石湖學校 The Salvation Army Shek Wu School | 林栩菲 | | |
| 6 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 樊凱淇 | | |
| 7 | 救世軍石湖學校 The Salvation Army Shek Wu School | 陳芯瑜 | | |
| 8 | 救世軍石湖學校 The Salvation Army Shek Wu School | 韓卓興 | | |
| 9 | 救世軍石湖學校 The Salvation Army Shek Wu School | 陳芯柔 | | |

| 場次 Race 6 10:50 | P09 男子500米個人展能項目 - PR3智障 (輕度) Men 500m Individual Para Events - PR3 Mild Intellectual Impairments | | | |
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| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors | | |
| 1 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 黃珈謙 | | |
| 2 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 黃諾銘 | | |
| 3 | 救世軍石湖學校 The Salvation Army Shek Wu School | 黃祉 | | |
| 4 | 救世軍石湖學校 The Salvation Army Shek Wu School | 陸熙銘 | | |
| 5 | 救世軍石湖學校 The Salvation Army Shek Wu School | 曾梓洛 | | |
| 6 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 吳樂軒 | | |
| 7 | 救世軍石湖學校 The Salvation Army Shek Wu School | 郭濠權 | | |
| 8 | 救世軍石湖學校 The Salvation Army Shek Wu School | 凌嘉志 | | |
| 9 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 彭汶博 | | |
| 10 | 救世軍石湖學校 The Salvation Army Shek Wu School | 陳俊賢 | | |
| 11 | N/A | LEE Tsz Long | | |
| 12 | 救世軍石湖學校 The Salvation Army Shek Wu School | 黃俊軒 | | |
| 13 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 黃家謙 | | |

| 場次 Race 7 11:00 | P11 男子1000米個人展能項目 - PR3智障 (輕度) Men 1000m Individual Para Events - PR3 Mild Intellectual Impairments | | | |
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| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors | | |
| 1 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 李鈺霖 | | |
| 2 | 救世軍石湖學校 The Salvation Army Shek Wu School | 霍俊賢 | | |
| 3 | 救世軍石湖學校 The Salvation Army Shek Wu School | 蘇萬豪 | | |
| 4 | N/A | NG Wai Pan | | |
| 5 | N/A | LEUNG Tsz Shing | | |
| 6 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 薛惠遠 | | |

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|--------------------|---|-------------------------|-----|-----|-----|
| 場次 Race 8 11:10 | P40 PR 3智障 (輕度) /視障/聽障 四人250米混合隊際展能項目 PR3 Mild Intellectual Impairments Mixed 4 x 250m Para Crew Racing Event | | | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors | | | |
| 1 | 匡智屯門晨崗學校 Hong Chi Morninghill School, Tuen Mun | 樊凱淇 | 吳樂軒 | 黃珈謙 | 黃諾銘 |

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HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | | |
|---|---|-------------------------|---------------------------|
| 場次 Race 9 11:20 | P41 PR 3肢體殘障雙人3分鐘混合隊際展能項目 PR3 Physical Impairments Pair 3-Minute Para Crew Racing Event | | |
| | P42 PR 2肢體殘障雙人3分鐘混合隊際展能項目 PR2 Physical Impairments Pair 3-Minute Para Crew Racing Event | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors | |
| | P41 PR 3肢體殘障雙人3分鐘混合隊際展能項目 PR3 Physical Impairments Pair 3-Minute Para Crew Racing Event | | |
| 1 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | CHUI Ka Kit | HUANG Qiannan |
| 2 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | KWOK Chi Hin | SHUM Sum Yi |
| 3 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | TO Ho Long | CHEUNG Tsz Yin, Charlaine |
| | P42 PR 2肢體殘障雙人3分鐘混合隊際展能項目 PR2 Physical Impairments Pair 3-Minute Para Crew Racing Event | | |
| 4 | 香港紅十字會雅麗珊郡主學校 Hong Kong Red Cross Princess Alexandra School | TSANG Yik Ming | CHEN Ching Tung |
| 展能項目頒獎典禮 Medal 及 休息 (11:30-11:45) Medals Presentation Ceremony for para events & Break (11:30 - 11:45) | | | |

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|---------------------|--|-------------------------|--|
| 場次 Race 10 11:45 | E01 男子8至11歲個人組別 300 米項目 Boys Age 8 - 11 Individual Events - 300m | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors | |
| 1 | 上海新艇體育 Shanghai New Rowing Boat Club | 霍悠然 | |
| 2 | N/A | SHAM Wai Yui | |
| 3 | 上海新艇體育 Shanghai New Rowing Boat Club | 王少博 | |
| 4 | 橫琴青少年賽艇隊 | SHAO Zi He | |
| 5 | 上海民力平和 Shanghai Pinghe School | 潘鈺均 | |
| 6 | 上海新艇體育 Shanghai New Rowing Boat Club | ZHENG Yuanhan Kyle | |
| 7 | 上海新艇體育 Shanghai New Rowing Boat Club | 刘文洋 | |
| 8 | 上海民力平和 Shanghai Pinghe School | 曹笑愚 | |
| 9 | 馬鞍山靈樺小學 Ma On Shan Ling Liang Primary School | LAI Tsz Hin | |
| 10 | N/A | 戴壹進 | |
| 11 | N/A | LEE Yin Sik | |
| 12 | 橫琴青少年賽艇隊 | QING Ran Jia | |
| 13 | 上海新艇體育 Shanghai New Rowing Boat Club | 孙品川 | |
| 14 | 上海哈罗 Harrow International School Shanghai | William WANG | |
| 15 | 上海新艇體育 Shanghai New Rowing Boat Club | Bosco ZHONG | |
| 16 | 上海新艇體育 Shanghai New Rowing Boat Club | 何成楷 | |
| 17 | 上海民力平和 Shanghai Pinghe School | 戚文佳 | |
| 18 | 上海民力平和 Shanghai Pinghe School | 戚文庭 | |
| 19 | 上海新艇體育 Shanghai New Rowing Boat Club | 朴欣实 | |
| 20 | N/A | KO Hoi Lam Aiden | |
| 21 | 上海新艇體育 Shanghai New Rowing Boat Club | 张楷皓 | |
| 22 | N/A | CHEUNG Tsz Yu Liguori | |
| 23 | N/A | LUI Tin Long | |
| 24 | 上海新艇體育 Shanghai New Rowing Boat Club | 侯基森 | |

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線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|---------------------|---|-------------------------|
| 場次 Race 11 11:50 | E02 女子8至11歲個人組別 300 米項目 Girls Age 8 - 11 Individual Events - 300m | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 大坎國小 Dakan Elementary School | 于青禾 |
| 2 | 思賢國小 Si Xian Elementary School | 邱曉筑 |
| 3 | 上海新艇體育 Shanghai New Rowing Boat Club | 李美山 |
| 4 | Pro Sports International | May CHEN |
| 5 | 上海新艇體育 Shanghai New Rowing Boat Club | 管一萱 |
| 6 | 橫琴青少年賽艇隊 | MO Zi Qing |
| 7 | 沙田恩濟划艇會有限公司 Sha Tin Grace Rowing Club Limited | WU Wun Hei |
| 8 | 上海新艇體育 Shanghai New Rowing Boat Club | 許沁敏 |
| 9 | N/A | LI Xintian |
| 10 | N/A | KO Tsz Tung |
| 11 | 思賢國小 Si Xian Elementary School | 楊詩瑤 |
| 12 | 上海新艇體育 Shanghai New Rowing Boat Club | 王奕茗 |
| 13 | N/A | LEE Elvia Hong Kiu |
| 14 | 上海新艇體育 Shanghai New Rowing Boat Club | 溫純熙 |

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|---------------------|---|-------------------------|
| 場次 Race 12 11:55 | E03 男子12 至 13 歲個人組別 500 米項目 (第一組) Boys Age 12 - 13 Individual Events - 500m (Group 1) | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 上海新艇體育 Shanghai New Rowing Boat Club | 王少祺 |
| 2 | N/A | WONG King Ngai |
| 3 | 香港遊艇會 Royal Hong Kong Yacht Club | Gustin LEE |
| 4 | 寶覺中學 Po Kok Secondary School | 鍾俊熹 |
| 5 | 聖公會聖本德中學 SKH St Benedict's School | CHAN Sze Hon |
| 6 | 聖公會聖本德中學 SKH St Benedict's School | HUI Sin Ming |
| 7 | 博愛醫院八十週年鄧英嘉中學 POH 80th Anniversary Tang Ying Hei College | 林如翰 |
| 8 | 上海青浦平和 Shanghai Pinghe Bilingual School Qingpu | 德頤 |
| 9 | 上海哈羅 Harrow International School Shanghai | Baron LONG |
| 10 | 沙田學院 Sha Tin College | YU Hin Shan |
| 11 | 思賢國小 Si Xian Elementary School | 許博鈞 |
| 12 | 上海新艇體育 Shanghai New Rowing Boat Club | 林浩洋 |
| 13 | 上海新艇體育 Shanghai New Rowing Boat Club | 錢浩瑜 |
| 14 | 長洲官立中學 Cheung Chau Government Secondary School | 傅君翰 |
| 15 | 寶覺中學 Po Kok Secondary School | 馮朗哲 |
| 16 | Pro Sports International | ZHU Zijiang Joseph |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| 場次 Race 13 12:00 | E03 男子12 至 13 歲個人組別 500 米項目 (第二組) Boys Age 12 - 13 Individual Events - 500m (Group 2) | |
|---------------------|--|-------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 上海民办平和 Shanghai Pinghe School | 黃思涵 |
| 2 | 新亞中學 New Asia Middle School | ZHENG Haowen |
| 3 | 新亞中學 New Asia Middle School | CHAN Ho Lai |
| 4 | 基督教崇真中學 Tsung Tsin Christian Academy | WANG Hei Long |
| 5 | 上海哈罗 Harrow International School Shanghai | 楊涵之 |
| 6 | 上海新艇體育 Shanghai New Rowing Boat Club | 呂念祖 |
| 7 | 上海青浦平和 Shanghai Pinghe Bilingual School Qingpu | 張亦騰 |
| 8 | 上海民办平和 Shanghai Pinghe School | 強之霖 |
| 9 | 上海新艇體育 Shanghai New Rowing Boat Club | SONG Kai Shue |
| 10 | 聖公會聖本德中學 SKH St Benedict's School | WONG Ho Chun |
| 11 | Pro Sports International | CAI Zhiyan |
| 12 | 香港路德會馬錦明慈善基金馬陳謙喜紀念中學 The Lutheran Church Hong Kong Synod MKMCF Ma Chan Duen Hey Memorial College | LAM Yat Ho |
| 13 | 花木賽艇俱樂部 Huamu Rowing Club | HUANG Anbo |
| 14 | 寶覺中學 Po Kok Secondary School | 許景誠 |
| 15 | 聖公會聖本德中學 SKH St Benedict's School | LI Ching Hin |
| 16 | 聖公會聖本德中學 SKH St Benedict's School | LAU Wai Ting |
| 17 | 聖公會聖本德中學 SKH St Benedict's School | JU Cheuk Lam |

| 場次 Race 14 12:05 | E03 男子12 至 13 歲個人組別 500 米項目 (第三組) Boys Age 12 - 13 Individual Events - 500m (Group 3) | |
|---------------------|---|-------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 上海新艇體育 Shanghai New Rowing Boat Club | 潘东吴 |
| 2 | 中華傳道會安柱中學 CNEC Christian College | 林聖睿 |
| 3 | Pro Sports International | GUO Yichen Jeffery |
| 4 | N/A | LAW Hung Long |
| 5 | 上海新艇體育 Shanghai New Rowing Boat Club | 錢雨坤 |
| 6 | 聖公會聖本德中學 SKH St Benedict's School | TSANG Hin On, Antonio |
| 7 | 上海哈罗 Harrow International School Shanghai | 王天佑 |
| 8 | 新亞中學 New Asia Middle School | 王宗承 |
| 9 | 中華傳道會安柱中學 CNEC Christian College | FONG Kai Yeung |
| 10 | 香港中文大學校友會聯會張煒昌中學 CUHK FAA Thomas Cheung Secondary School | LI For Man |
| 11 | 上海民办平和 Shanghai Pinghe School | 应铭瀚 |
| 12 | 上海新艇體育 Shanghai New Rowing Boat Club | Alexander CHEN |
| 13 | 上海民办平和 Shanghai Pinghe School | 杜立仁 |
| 14 | 思賢國小 Si Xian Elementary School | 陳奕安 |
| 15 | 長洲官立中學 Cheung Chau Government Secondary School | 廖賞 |
| 16 | 上海青浦平和 Shanghai Pinghe Bilingual School Qingpu | 蔡承书 |
| 17 | 長洲官立中學 Cheung Chau Government Secondary School | 陳焯熹 |
| 18 | 上海新艇體育 Shanghai New Rowing Boat Club | 梁曜希 |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| 場次 Race 15 12:10 | E05 男子14 至 16 歲個人組別 500 米項目 (第一組) Boys Age 14 - 16 Individual Events - 500m (Group 1) | |
|---------------------|---|--------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | N/A | LEUNG Ka Hee |
| 2 | 上海新艇體育 Shanghai New Rowing Boat Club | 黃子懿 |
| 3 | 聖公會聖本德中學 SKH St Benedict's School | FOK King Him |
| 4 | 香港中文大學校友會聯會張煒昌中學 CUHK FAA Thomas Cheung Secondary School | LI Tsz Chun |
| 5 | 香港遊艇會 Royal Hong Kong Yacht Club | LI Hoi Chi |
| 6 | 聖公會聖本德中學 SKH St Benedict's School | ZENG Xinyu |
| 7 | 上海新艇體育 Shanghai New Rowing Boat Club | 張文博 |
| 8 | 長洲官立中學 Cheung Chau Government Secondary School | Red Harvie OCAMPO Aquino |
| 9 | 博愛醫院八十週年鄧英喜中學 POH 80th Anniversary Tang Ying Hei College | 黃子樂 |
| 10 | 香海正覺蓮社佛教正覺中學 HHCKLA Buddhist Ching Kok Secondary School | HO Chung Yin |
| 11 | N/A | CHAN Chun Yu |
| 12 | 佛教何南金中學 Buddhist Ho Nam Kam College | ZHENG Chak Lam |
| 13 | 佛教何南金中學 Buddhist Ho Nam Kam College | YANG Chun Kit |
| 14 | 香港道教聯合會圓玄學院第三中學 HKTA The Yuen Yuen Institute No.3 Secondary School | KWOK Hin Tung |
| 15 | 中華傳道會安柱中學 CNEC Christian College | CHOI Chi Him |
| 16 | 鄧鏡波學校 Tang King Po School | Aaron CHAK |
| 17 | 香港道教聯合會圓玄學院第三中學 HKTA The Yuen Yuen Institute No.3 Secondary School | TAM Chun Him |
| 18 | 上海新艇體育 Shanghai New Rowing Boat Club | 苑嘉霖 |
| 19 | 博愛醫院八十週年鄧英喜中學 POH 80th Anniversary Tang Ying Hei College | 劉卓熹 |
| 20 | 聖公會聖本德中學 SKH St Benedict's School | LIU Wenxin |
| 21 | 上海新艇體育 Shanghai New Rowing Boat Club | 夏浩銘 |
| 22 | 上海新艇體育 Shanghai New Rowing Boat Club | 張成旭 |
| 23 | 香海正覺蓮社佛教正覺中學 HHCKLA Buddhist Ching Kok Secondary School | LEE Man Hong |
| 24 | 鄧鏡波學校 Tang King Po School | CHEN Yusen Tony |

| 場次 Race 16 12:15 | E05 男子14 至 16 歲個人組別 500 米項目 (第二組) Boys Age 14 - 16 Individual Events - 500m (Group 2) | |
|---------------------|---|-------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 上海新艇體育 Shanghai New Rowing Boat Club | 陈光耀 |
| 2 | 上海新艇體育 Shanghai New Rowing Boat Club | 张恒硕 |
| 3 | 上海新艇體育 Shanghai New Rowing Boat Club | 史益舟 |
| 4 | 長洲官立中學 Cheung Chau Government Secondary School | 楊澤鴻 |
| 5 | 長洲官立中學 Cheung Chau Government Secondary School | 梁洛言 |
| 6 | 長洲官立中學 Cheung Chau Government Secondary School | 黎榮倫 |
| 7 | N/A | 于子締 |
| 8 | 英皇佐治五世學校 King George V School | JIANG Zhijun |
| 9 | 香海正覺蓮社佛教正覺中學 HHCKLA Buddhist Ching Kok Secondary School | NG Man Luk |
| 10 | 香港中文大學校友會聯會張煒昌中學 CUHK FAA Thomas Cheung Secondary School | YIP Ho Fung |
| 11 | 香港遊艇會 Royal Hong Kong Yacht Club | CHAN Ting Yee Ambrose |
| 12 | 香港道教聯合會圓玄學院第三中學 HKTA The Yuen Yuen Institute No.3 Secondary School | CHIU Yu Chit |
| 13 | 博愛醫院八十週年鄧英喜中學 POH 80th Anniversary Tang Ying Hei College | 林廷軒 |
| 14 | 博愛醫院八十週年鄧英喜中學 POH 80th Anniversary Tang Ying Hei College | 吳嘉豪 |
| 15 | 博愛醫院八十週年鄧英喜中學 POH 80th Anniversary Tang Ying Hei College | 蔡梓賦 |
| 16 | 聖公會榮壽增會督中學 SKH Bishop Mok Sau Tseng Secondary School | MAK Hei Kit |
| 17 | 聖公會聖本德中學 SKH St Benedict's School | CHAN Yuk Wa |
| 18 | 聖公會聖本德中學 SKH St Benedict's School | LAI Chung Him |
| 19 | 聖公會聖本德中學 SKH St Benedict's School | LUO Chun Kit |
| 20 | 橫琴青少年賽艇隊 | ZHANG Yi Han |

EVERYBODY ROWS EVERYBODY ROWS

2025 香港室內賽艇錦標賽暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| 場次 Race 17 12:20 | E07 男子17 至 19 歲個人組別 500 米項目 Boys Age 17 - 19 Individual Events - 500m | |
|---------------------|---|-------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 香海正覺蓮社佛教正覺中學 HHCKLA Buddhist Ching Kok Secondary School | AU Chun Lok |
| 2 | N/A | 潘駿凱 |
| 3 | 香港遊艇會 Royal Hong Kong Yacht Club | Ethan KWAN |
| 4 | 聖公會聖本德中學 SKH St Benedict's School | CHENG Tsz Fung |
| 5 | 澳門翱翔體育會 | 段嘉琦 |
| 6 | 澳門科技大学赛艇队 | ZHAN Feng Rui |
| 7 | 佛教何南金中學 Buddhist Ho Nam Kam College | TSANG Pak Ki |
| 8 | 新亞中學 New Asia Middle School | 朱威賢 |
| 9 | 長洲官立中學 Cheung Chau Government Secondary School | 叶俊杰 |
| 10 | 香港浸會大學划艇學會 Hong Kong Baptist University Rowing Club | 鍾明翔 |
| 11 | N/A | CHAN Cheuk Hei |
| 12 | 佛教何南金中學 Buddhist Ho Nam Kam College | NG Wang Ting |
| 13 | 佛教何南金中學 Buddhist Ho Nam Kam College | YU Ting Hon |
| 14 | 長洲官立中學 Cheung Chau Government Secondary School | 孫卓曦 |
| 15 | 香港建造學院 Hong Kong Institute of Construction | YU Chun Fai |
| 16 | 香港理工大學學生事務處划艇學會 The Hong Kong Polytechnic University Student Affairs Office Rowing Club | WONG Hang Hong |
| 17 | 香港道教聯合會圓玄學院第三中學 HKTA The Yuen Yuen Institute No.3 Secondary School | CHAN Kai Wong |
| 18 | 香港建造學院 Hong Kong Institute of Construction | LAM Ho Yin |
| 19 | 聖公會聖本德中學 SKH St Benedict's School | LUO Liangbin |

| 場次 Race 18 12:25 | E09 男子20 至 29 歲個人組別 500 米項目 Men Age 20 - 29 Individual Events - 500m | |
|---------------------|--|-------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 香港建造學院 Hong Kong Institute of Construction | WU King Man |
| 2 | 香港建造學院 Hong Kong Institute of Construction | SZE Wang Hei |
| 3 | 澳門科技大学赛艇队 | CHEN Liang Chao |
| 4 | 清华大学赛艇队 Tsinghua University Boat Club | 杨海涛 |
| 5 | 上海新艇體育 Shanghai New Rowing Boat Club | 潘一鸣 |
| 6 | 香港建造學院 Hong Kong Institute of Construction | HO Ka Po |
| 7 | 香港遊艇會 Royal Hong Kong Yacht Club | YEUNG Yan Wang Matthew |
| 8 | 香港建造學院 Hong Kong Institute of Construction | WONG Yin Cheung |
| 9 | 香港建造學院 Hong Kong Institute of Construction | LAU Yat Chiu |
| 10 | 橫琴天沐賽艇會 | CHU Ming Kun |
| 11 | 香港建造學院 Hong Kong Institute of Construction | YEUNG Yik |
| 12 | 思賢國小 Si Xian Elementary School | 廖本陶 |
| 13 | 香港建造學院 Hong Kong Institute of Construction | TONG Po Sum |
| 14 | 鄧鏡波學校 Tang King Po School | YIU Tsz Leong |
| 15 | 香港建造學院 Hong Kong Institute of Construction | WU Kit |
| 16 | 香港遊艇會 Royal Hong Kong Yacht Club | Dylan LLOYD |
| 17 | 香港建造學院 Hong Kong Institute of Construction | HO Chin Pang |

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2025 香港室內賽艇錦標賽暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|--|--|-------------------------------|
| 場次 Race 19 12:30 | E11 男子30 至 39 歲個人組別 500 米項目 Men Age 30 - 39 Individual Events - 500m | |
| | E13 男子40 至 49 歲個人組別 500 米項目 Men Age 40 - 49 Individual Events - 500m | |
| | E15 男子50 至 54 歲個人組別 500 米項目 Men Age 50 - 54 Individual Events - 500m | |
| | E17 男子55 至 59 歲個人組別 500 米項目 Men Age 55 - 59 Individual Events - 500m | |
| | E19 男子60 至 64 歲個人組別 500 米項目 Men Age 60 - 64 Individual Events - 500m | |
| | E21 男子65 至 69 歲個人組別 500 米項目 Men Age 65 - 69 Individual Events - 500m | |
| | E23 男子70 至 74 歲個人組別 500 米項目 Men Age 70 - 74 Individual Events - 500m | |
| | E25 男子75 至 79 歲個人組別 500 米項目 Men Age 75 - 79 Individual Events - 500m | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| E11 男子30 至 39 歲個人組別 500 米項目 Men Age 30 - 39 Individual Events - 500m | | |
| 1 | 香港建造學院 Hong Kong Institute of Construction | DAI Jiahao |
| 2 | N/A | CHAN Chi Hung |
| 3 | Victoria Recreation Club | Nicholas SCOTT |
| 4 | 香港浸會大學划艇隊舊生隊 Hong Kong Baptist University Rowing Club Alumni Association | CHENG Ka Ka |
| E13 男子40 至 49 歲個人組別 500 米項目 Men Age 40 - 49 Individual Events - 500m | | |
| 5 | N/A | TSE Wan Kin |
| 6 | 香港遊艇會 Royal Hong Kong Yacht Club | LAI Hok Hang Gabriel |
| 7 | N/A | LO Wang Hoi |
| 8 | N/A | NGAN Chiu Wah Andy |
| 9 | 香港遊艇會 Royal Hong Kong Yacht Club | TANG Pok Man, Vincent |
| E15 男子50 至 54 歲個人組別 500 米項目 Men Age 50 - 54 Individual Events - 500m | | |
| 10 | N/A | MA Tak Chuen |
| E17 男子55 至 59 歲個人組別 500 米項目 Men Age 55 - 59 Individual Events - 500m | | |
| 11 | 香港警察划艇會 Hong Kong Police Rowing Club | TIU Tat Ming |
| 12 | 思賢國小 Si Xian Elementary School | 廖學明 |
| E19 男子60 至 64 歲個人組別 500 米項目 Men Age 60 - 64 Individual Events - 500m | | |
| 13 | 香港遊艇會 Royal Hong Kong Yacht Club | ZHAO Fang |
| E21 男子65 至 69 歲個人組別 500 米項目 Men Age 65 - 69 Individual Events - 500m | | |
| 14 | 香港遊艇會 Royal Hong Kong Yacht Club | Gary MEACHAM |
| 15 | N/A | WU Chi Cheung |
| 16 | N/A | Eddie TSANG |
| 17 | 香港遊艇會 Royal Hong Kong Yacht Club | Christopher Charles HANSELMAN |
| 18 | 香港遊艇會 Royal Hong Kong Yacht Club | LEE Tak Man Lawrence |
| 19 | N/A | HE Cheung |
| E23 男子70 至 74 歲個人組別 500 米項目 Men Age 70 - 74 Individual Events - 500m | | |
| 20 | N/A | SEK Kim Fai |
| 21 | N/A | LAU Kwing Lum |
| 22 | N/A | WONG Chi Kwong |
| E25 男子75 至 79 歲個人組別 500 米項目 Men Age 75 - 79 Individual Events - 500m | | |
| 23 | 香港遊艇會 Royal Hong Kong Yacht Club | Ian BROWNLEE |

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2025 香港室內賽艇錦標賽暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| 場次 Race 20 12:35 | E04 女子12 至 13 歲個人組別 500 米項目 (第一組) Girls Age 12 - 13 Individual Events - 500m (Group 1) | |
|---------------------|--|-------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 上海新艇體育 Shanghai New Rowing Boat Club | 倪悅天 |
| 2 | 扶輪中學 CCC Rotary Secondary School | 陳玟馨 |
| 3 | N/A | CHAN Ho Yi |
| 4 | 橫琴青少年賽艇隊 | SUN Shi Chen |
| 5 | 上海新艇體育 Shanghai New Rowing Boat Club | 徐昕辰 |
| 6 | 橫琴青少年賽艇隊 | ZENG Mi Ee |
| 7 | N/A | YU Yue |
| 8 | 思賢國小 Si Xian Elementary School | 胡婉渝 |
| 9 | 上海新艇體育 Shanghai New Rowing Boat Club | 傅一裴 |
| 10 | 香港中文大學校友會聯會張煊昌中學 CUHK FAA Thomas Cheung Secondary School | MO Ka Hing |
| 11 | 橫琴青少年賽艇隊 | XIE Xi Nian |
| 12 | 上海新艇體育 Shanghai New Rowing Boat Club | 叶思灵 |

| 場次 Race 21 12:40 | E04 女子12 至 13 歲個人組別 500 米項目 (第二組) Girls Age 12 - 13 Individual Events - 500m (Group 2) | |
|---------------------|--|-------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | N/A | Melody YAN |
| 2 | 馬鞍山靈耀小學 Ma On Shan Ling Liang Primary School | CHEUNG Sze Yu |
| 3 | 上海新艇體育 Shanghai New Rowing Boat Club | 伍嘉南 |
| 4 | 基新中學 CCC Kei San Secondary School | Miya FUNG |
| 5 | Pro Sports International | ZHANG Chok Yin Rita |
| 6 | 香港中文大學校友會聯會張煊昌中學 CUHK FAA Thomas Cheung Secondary School | Betty CHEN |
| 7 | 長洲官立中學 Cheung Chau Government Secondary School | 陳心怡 |
| 8 | 新亞中學 New Asia Middle School | Madeeha Kouser |
| 9 | 聖公會聖本德中學 SKH St Benedict's School | TSANG Sum Kei |
| 10 | 橫琴青少年賽艇隊 | CHEN Jia Yu |
| 11 | 香港中文大學校友會聯會張煊昌中學 CUHK FAA Thomas Cheung Secondary School | CHAN Ka Man |
| 12 | 思賢國小 Si Xian Elementary School | 楊昭儀 |

EVERYBODY ROWS EVERYBODY ROWS

2025 香港室內賽艇錦標賽暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST
29 March 2025 (星期六 Saturday)
as at 19/3/2025

| 場次 Race 22 12:45 | E06 女子14 至 16 歲個人組別 500 米項目 Girls Age 14 - 16 Individual Events - 500m | |
|---------------------|--|-------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 香港遊艇會 Royal Hong Kong Yacht Club | Olivia CHANG |
| 2 | 上海新艇體育 Shanghai New Rowing Boat Club | 胡恬 |
| 3 | 香港中文大學校友會聯會張煒昌中學 CUHK FAA Thomas Cheung Secondary School | MAN Ching Ying |
| 4 | 博愛醫院八十週年鄧英喜中學 POH 80th Anniversary Tang Ying Hei College | 陳凱晴 |
| 5 | 聖公會聖本德中學 SKH St Benedict's School | TAM Wing Hei |
| 6 | N/A | CHONG Kai Lok |
| 7 | 香港青少年賽艇學院 Hong Kong Rowing Youth Academy | TSANG Yin |
| 8 | 橫琴青少年賽艇隊 | CHEN Si Han |
| 9 | 扶輪中學 CCC Rotary Secondary School | 洪善恩 |
| 10 | 博愛醫院八十週年鄧英喜中學 POH 80th Anniversary Tang Ying Hei College | 陳荔瑩 |
| 11 | 香港中文大學校友會聯會張煒昌中學 CUHK FAA Thomas Cheung Secondary School | HUANG Sin Yi |
| 12 | 香港遊艇會 Royal Hong Kong Yacht Club | Lauren NG |
| 13 | N/A | ZHENG Junxuan |
| 14 | 香港中文大學校友會聯會張煒昌中學 CUHK FAA Thomas Cheung Secondary School | CHEN Yat Mang |
| 15 | 橫琴青少年賽艇隊 | LIN Hui Ya |
| 16 | 上海新艇體育 Shanghai New Rowing Boat Club | 司蔓妮 |
| 17 | 培僑書院 Pui Kiu College | WANG Wing Yuet |
| 18 | 上海新艇體育 Shanghai New Rowing Boat Club | 朴欣之 |
| 19 | 新亞中學 New Asia Middle School | ZHONG Xi Ying |
| 20 | 香港遊艇會 Royal Hong Kong Yacht Club | Ingrid SIU |
| 21 | 香港中文大學校友會聯會張煒昌中學 CUHK FAA Thomas Cheung Secondary School | NG Hoi Yan |
| 22 | 香港青少年賽艇學院 Hong Kong Rowing Youth Academy | XIN Tianyu |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|--|---|----------------------------|
| 場次 Race 23 12:50 | E08 女子17 至 19 歲個人組別 500 米項目 Girls Age 17 - 19 Individual Events - 500m | |
| | E10 女子20 至 29 歲個人組別 500 米項目 Women Age 20 - 29 Individual Events - 500m | |
| | E12 女子30 至 39 歲個人組別 500 米項目 Women Age 30 - 39 Individual Events - 500m | |
| | E14 女子40 至 49 歲個人組別 500 米項目 Women Age 40 - 49 Individual Events - 500m | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| E08 女子17 至 19 歲個人組別 500 米項目 Girls Age 17 - 19 Individual Events - 500m | | |
| 1 | 香港建造學院 Hong Kong Institute of Construction | CHIU Hoi Ching |
| 2 | N/A | SUM Chui Ying |
| 3 | 香港理工大學學生事務處划艇學會 The Hong Kong Polytechnic University Student Affairs Office Rowing Club | LI Yifan |
| 4 | N/A | CHENG Sin Lam Hilary |
| 5 | 博愛醫院八十週年鄧英喜中學 POH 80th Anniversary Tang Ying Hei College | 李嫦儀 |
| 6 | 上海新艇體育 Shanghai New Rowing Boat Club | 蔡敏 |
| 7 | 香港遊艇會 Royal Hong Kong Yacht Club | Simona ALBADA |
| E10 女子20 至 29 歲個人組別 500 米項目 Women Age 20 - 29 Individual Events - 500m | | |
| 8 | 香港理工大學學生事務處划艇學會 The Hong Kong Polytechnic University Student Affairs Office Rowing Club | SIU Pui Yuet |
| 9 | 澳門大學學生會賽艇會 Rowing Club of University of Macau Students' Union | 石楊華羽 |
| 10 | 香港建造學院 Hong Kong Institute of Construction | CHAN Pak Chee |
| 11 | 香港理工大學學生事務處划艇學會 The Hong Kong Polytechnic University Student Affairs Office Rowing Club | YEUNG Jinghan |
| 12 | 澳门科技大学赛艇队 | SU Ruihan |
| E12 女子30 至 39 歲個人組別 500 米項目 Women Age 30 - 39 Individual Events - 500m | | |
| 13 | N/A | 陳慧琦 |
| E14 女子40 至 49 歲個人組別 500 米項目 Women Age 40 - 49 Individual Events - 500m | | |
| 14 | N/A | HUNG Yin Ni |
| 15 | N/A | ZHONG Lei |
| 16 | N/A | FUNG Kit Yi |
| 17 | N/A | FONG Chung Yan Eliza Joann |
| 18 | 香港遊艇會懸浮支架獨木舟隊 RHKYC Outrigger | Sarah WILSON |
| 19 | 香港翱翔龍舟體育會 Soar Dragon Boat Sports Club | Lan Sze Nancy LOUIE |
| 20 | 上海新艇體育 Shanghai New Rowing Boat Club | 苑枚 |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|--|--|-------------------------|
| 場次 Race 24 12:55 | E16 女子50 至 54 歲個人組別 500 米項目 Women Age 50 - 54 Individual Events - 500m | |
| | E18 女子55 至 59 歲個人組別 500 米項目 Women Age 55 - 59 Individual Events - 500m | |
| | E20 女子60 至 64 歲個人組別 500 米項目 Women Age 60 - 64 Individual Events - 500m | |
| | E22 女子65 至 69 歲個人組別 500 米項目 Women Age 65 - 69 Individual Events - 500m | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| E16 女子50 至 54 歲個人組別 500 米項目 Women Age 50 - 54 Individual Events - 500m | | |
| 1 | N/A | KAM Sau Fun |
| 2 | 香港遊艇會 Royal Hong Kong Yacht Club | Jenny LIM |
| E18 女子55 至 59 歲個人組別 500 米項目 Women Age 55 - 59 Individual Events - 500m | | |
| 3 | N/A | MA Ngan Chi |
| E20 女子60 至 64 歲個人組別 500 米項目 Women Age 60 - 64 Individual Events - 500m | | |
| 4 | N/A | CHAN Wai Wan Vivian |
| 5 | N/A | YEUNG Sui Mei Catherine |
| 6 | N/A | LI Oi Ling Eppie |
| 7 | N/A | LO Lai Ngor |
| 8 | N/A | WONG Kin Ping |
| E22 女子65 至 69 歲個人組別 500 米項目 Women Age 65 - 69 Individual Events - 500m | | |
| 9 | N/A | CHOW Chau Lan Kitty |
| 10 | N/A | IP Wai Ling |

頒獎典禮 I 及 午膳時間 (13:00-14:00)

Medals Presentation Ceremony I & Lunch Break (13:00 - 14:00)

| | | |
|---------------------|--|-------------------------|
| 場次 Race 25 14:00 | E37 男子12 至 13 歲個人組別 1000 米項目 (第一組) Boys Age 12 - 13 Individual Events - 1000m (Group 1) | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | Pro Sports International | ZHU Zijiang Joseph |
| 2 | N/A | 黃崇禧 |
| 3 | Pro Sports International | XU Yufeng Alvin |
| 4 | 寶變中學 Po Kok Secondary School | 林浩銳 |
| 5 | 上海新艇體育 Shanghai New Rowing Boat Club | 呂念祖 |
| 6 | 香港路德會馬錦明慈蔭基金馬陳麗雲紀念中學 The Lutheran Church Hong Kong Synod MKMCF Ma Chan Duen Hey Memorial College | CHAN Chun Hei |
| 7 | 聖公會美善增會督中學 SKH Bishop Mok Sau Tseng Secondary School | HE Hoi Hei |
| 8 | 基督教崇真中學 Tsung Tsin Christian Academy | WANG Hei Long |
| 9 | Pro Sports International | GUO Yichen Jeffery |
| 10 | N/A | SUN Wai Sum Wilson |
| 11 | 上海民办平和 Shanghai Pinghe School | 黃思涵 |
| 12 | 上海民办平和 Shanghai Pinghe School | 强之霖 |
| 13 | 上海新艇體育 Shanghai New Rowing Boat Club | 梁曦希 |
| 14 | N/A | SUN Deshen |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|---------------------|---|-------------------------|
| 場次 Race 26 14:10 | E37 男子12 至 13 歲個人組別 1000 米項目 (第二組) Boys Age 12 - 13 Individual Events - 1000m (Group 2) | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 聖公會莫壽增會督中學 SKH Bishop Mok Sau Tseng Secondary School | KUNG Yee Long |
| 2 | Pro Sports International | CAI Zhiyan |
| 3 | 上海新艇體育 Shanghai New Rowing Boat Club | 潘东昊 |
| 4 | 長洲官立中學 Cheung Chau Government Secondary School | 陳焯熹 |
| 5 | 思賢國小 Si Xian Elementary School | 陳奕安 |
| 6 | 上海民办平和 Shanghai Pinghe School | 应铭瀚 |
| 7 | 沙田學院 Sha Tin College | YU Hin Shan |
| 8 | 上海新艇體育 Shanghai New Rowing Boat Club | SONG Kai Shue |
| 9 | 長洲官立中學 Cheung Chau Government Secondary School | 朱瑞霖 |
| 10 | 思賢國小 Si Xian Elementary School | 許博鈞 |
| 11 | 上海哈罗 Harrow International School Shanghai | 王天佑 |
| 12 | 長洲官立中學 Cheung Chau Government Secondary School | 傅君翰 |
| 13 | 上海青浦平和 Shanghai Pinghe Bilingual School Qingpu | 蔡承书 |
| 14 | N/A | SO Tsz Hin |
| 15 | 上海新艇體育 Shanghai New Rowing Boat Club | 钱浩瑜 |

| | | |
|---------------------|--|--------------------------|
| 場次 Race 27 14:20 | E39 男子14 至 16 歲個人組別 1000 米項目 (第一組) Boys Age 14 - 16 Individual Events - 1000m (Group 1) | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 佛教何南金中學 Buddhist Ho Nam Kam College | NING Ka Hei Brian |
| 2 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | SHU Ho Ting |
| 3 | 香港路德會馬錦明慈善基金馬陳諾真紀念中學 The Lutheran Church Hong Kong Synod MKMCF Ma Chan Duen Hey Memorial College | YEUNG Shing Hin |
| 4 | 香港道教聯合會圓玄學院第三中學 HKTA The Yuen Yuen Institute No.3 Secondary School | CHIU Yu Chit |
| 5 | 橫琴青少年賽艇隊 | Chabanenko KIRILL |
| 6 | 長洲官立中學 Cheung Chau Government Secondary School | 楊澤鴻 |
| 7 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | LAM Yee Lok |
| 8 | 寶覺中學 Po Kok Secondary School | YUAN Jie Ping |
| 9 | 香港路德會馬錦明慈善基金馬陳諾真紀念中學 The Lutheran Church Hong Kong Synod MKMCF Ma Chan Duen Hey Memorial College | CHEUNG Ming Hin |
| 10 | 香港教育工作者聯會黃楚標中學 HKFEW Wong Cho Bau Secondary School | TING Hin Chirk |
| 11 | 鄧鏡波學校 Tang King Po School | LAU Yung Ngai |
| 12 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | Sadaqat INSAN Ibrahim |
| 13 | 上海新艇體育 Shanghai New Rowing Boat Club | 苑嘉霖 |
| 14 | 鄧鏡波學校 Tang King Po School | TSANG Wai Shing |
| 15 | 香港路德會馬錦明慈善基金馬陳諾真紀念中學 The Lutheran Church Hong Kong Synod MKMCF Ma Chan Duen Hey Memorial College | CHEN Hing Chun |
| 16 | 長洲官立中學 Cheung Chau Government Secondary School | Red Harvie OCAMPO Aquino |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|---------------------|--|------------------------------|
| 場次 Race 28 14:30 | E39 男子14 至 16 歲個人組別 1000 米項目 (第二組) Boys Age 14 - 16 Individual Events - 1000m (Group 2) | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 中華傳道會安柱中學 CNEC Christian College | 陳銘威 |
| 2 | 鄧鏡波學校 Tang King Po School | LUI King Hei |
| 3 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | Kellian Berne Espirtu DANTIC |
| 4 | 香港路德會馬錦明慈善基金馬陳瑞喜紀念中學 The Lutheran Church Hong Kong Synod MKMCF Ma Chan Duen Hey Memorial College | TAM Chi Tung Simon |
| 5 | 上海新艇體育 Shanghai New Rowing Boat Club | 陈光耀 |
| 6 | 寶覺中學 Po Kok Secondary School | 許藩顯 |
| 7 | 佛教何南金中學 Buddhist Ho Nam Kam College | ZHENG Chak Lam |
| 8 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | Jose Antonio BACALLA Santos |
| 9 | 寶覺中學 Po Kok Secondary School | 杜書煥 |
| 10 | N/A | Wilson YAN |
| 11 | 橫琴青少年賽艇隊 | ZHANG Hong Rui |
| 12 | 香港道教聯合會圓玄學院第三中學 HKTA The Yuen Yuen Institute No.3 Secondary School | CHEUNG Tsz Ho |
| 13 | 上海新艇體育 Shanghai New Rowing Boat Club | 史益舟 |
| 14 | 聖公會李炳中學 SKH Li Ping Secondary School | 林焯烽 |
| 15 | 中華傳道會安柱中學 CNEC Christian College | Rai AYUSH |
| 16 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | LIN Big Wei |
| 17 | 長洲官立中學 Cheung Chau Government Secondary School | 黎榮倫 |

| | | |
|---------------------|---|-------------------------|
| 場次 Race 29 14:40 | E41 男子17 至 19 歲個人組別 1000 米項目 Boys Age 17 - 19 Individual Events - 1000m | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 佛教何南金中學 Buddhist Ho Nam Kam College | CHAN Kin Kwan |
| 2 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | Angel PUN |
| 3 | 佛教何南金中學 Buddhist Ho Nam Kam College | LIN Yuk |
| 4 | 皇仁書院 Queen's College | 李晞玄 |
| 5 | N/A | LU Hao Nan |
| 6 | 新亞中學 New Asia Middle School | LU Hoi Tik |
| 7 | 佛教何南金中學 Buddhist Ho Nam Kam College | LI Cheuk Ting |
| 8 | 寶覺中學 Po Kok Secondary School | 許志成 |
| 9 | 澳門翔翔體育會 | 段嘉琦 |
| 10 | 佛教何南金中學 Buddhist Ho Nam Kam College | HO Tin Ming |
| 11 | 新亞中學 New Asia Middle School | MAN Tsz Yin |
| 12 | 鄧鏡波學校 Tang King Po School | MA Ka Fai |
| 13 | N/A | TSOI Kam Chung |
| 14 | 新亞中學 New Asia Middle School | YIP Kin Fai |
| 15 | 佛教何南金中學 Buddhist Ho Nam Kam College | LIAO Chulan |
| 16 | 長洲官立中學 Cheung Chau Government Secondary School | 叶俊杰 |
| 17 | 香港理工大學學生事務處划艇學會 The Hong Kong Polytechnic University Student Affairs Office Rowing Club | CHAN Wing Piu |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|--|--|-------------------------|
| 場次 Race 30 14:50 | E43 男子20 至 29 歲個人組別 1000 米項目 Men Age 20 - 29 Individual Events - 1000m | |
| | E45 男子30 至 39 歲個人組別 1000 米項目 Men Age 30 - 39 Individual Events - 1000m | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| E43 男子20 至 29 歲個人組別 1000 米項目 Men Age 20 - 29 Individual Events - 1000m | | |
| 1 | N/A | CHU Ho Yeung |
| 2 | 嶺南大學划艇會 Lingnan University Rowing Club | Shaurya SAXENA |
| 3 | N/A | POON Wai Lam |
| 4 | 香港遊艇會 Royal Hong Kong Yacht Club | CHAN Man Him |
| E45 男子30 至 39 歲個人組別 1000 米項目 Men Age 30 - 39 Individual Events - 1000m | | |
| 5 | N/A | YU Tat Shing |
| 6 | N/A | YUEN Chun Kit |
| 7 | N/A | CHENG Hang Kin |
| 8 | N/A | CHAN Chi Hung |
| 9 | Victoria Recreation Club | Nicholas SCOTT |
| 10 | N/A | LAI Ming |

| | | |
|--|--|-------------------------|
| 場次 Race 31 15:00 | E47 男子40 至 49 歲個人組別 1000 米項目 Men Age 40 - 49 Individual Events - 1000m | |
| | E49 男子50 至 54 歲個人組別 1000 米項目 Men Age 50 - 54 Individual Events - 1000m | |
| | E53 男子60 至 64 歲個人組別 1000 米項目 Men Age 60 - 64 Individual Events - 1000m | |
| | E55 男子65 至 69 歲個人組別 1000 米項目 Men Age 65 - 69 Individual Events - 1000m | |
| | E57 男子70 至 74 歲個人組別 1000 米項目 Men Age 70 - 74 Individual Events - 1000m | |
| | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| E47 男子40 至 49 歲個人組別 1000 米項目 Men Age 40 - 49 Individual Events - 1000m | | |
| 1 | N/A | NGAN Chiu Wah Andy |
| 2 | 香港遊艇會 Royal Hong Kong Yacht Club | TANG Pok Man, Vincent |
| 3 | 香港消防處 Hong Kong Fire Services Department | YUEN Kai Lai |
| 4 | N/A | LO Wang Hoi |
| 5 | 香港遊艇會 Royal Hong Kong Yacht Club | Andy CHOW |
| 6 | N/A | TSE Wan Kin |
| E49 男子50 至 54 歲個人組別 1000 米項目 Men Age 50 - 54 Individual Events - 1000m | | |
| 7 | N/A | MA Tak Chuen |
| E53 男子60 至 64 歲個人組別 1000 米項目 Men Age 60 - 64 Individual Events - 1000m | | |
| 8 | N/A | Lance LIM |
| E55 男子65 至 69 歲個人組別 1000 米項目 Men Age 65 - 69 Individual Events - 1000m | | |
| 9 | 香港遊艇會 Royal Hong Kong Yacht Club | LEE Tak Man Lawrence |
| 10 | N/A | Eddie TSANG |
| 11 | N/A | HE Cheung |
| E57 男子70 至 74 歲個人組別 1000 米項目 Men Age 70 - 74 Individual Events - 1000m | | |
| 12 | N/A | LAU Kwing Lum |
| 13 | 香港遊艇會 Royal Hong Kong Yacht Club | Geoffrey BOOTH |
| 14 | N/A | SEK Kim Fai |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|---------------------|--|-------------------------|
| 場次 Race 32 15:10 | E38 女子12 至 13 歲個人組別 1000 米項目 Girls Age 12 - 13 Individual Events - 1000m | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 上海新艇體育 Shanghai New Rowing Boat Club | 叶思灵 |
| 2 | 思賢國小 Si Xian Elementary School | 楊昭儀 |
| 3 | Pro Sports International | ZHANG Chok Yin Rita |
| 4 | 橫琴青少年賽艇隊 | XIE Yu Han |
| 5 | N/A | YAU Hoi Yau |
| 6 | 新亞中學 New Asia Middle School | LI Jia Yao |
| 7 | 橫琴青少年賽艇隊 | HUANG Qi Lin |
| 8 | 上海新艇體育 Shanghai New Rowing Boat Club | 倪悦天 |
| 9 | 中華傳道會安柱中學 CNEC Christian College | 周汝欣 |
| 10 | 橫琴青少年賽艇隊 | ZHANG Yuan Xi |
| 11 | 橫琴青少年賽艇隊 | WANG Qian Yi |
| 12 | 思賢國小 Si Xian Elementary School | 胡婉渝 |
| 13 | N/A | Emily ZHANG |

| | | |
|---------------------|--|-------------------------|
| 場次 Race 33 15:20 | E40 女子14 至 16 歲個人組別 1000 米項目 Girls Age 14 - 16 Individual Events - 1000m | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| 1 | 香港青少年賽艇學院 Hong Kong Rowing Youth Academy | Isabella YUAN |
| 2 | 中華傳道會安柱中學 CNEC Christian College | 鄧嘉晴 |
| 3 | 新亞中學 New Asia Middle School | CHAN Lai Ki, Lena |
| 4 | 沙田恩瀾划艇會有限公司 Sha Tin Grace Rowing Club Limited | WU Kuai Hei |
| 5 | N/A | LEE Shin Kiu Cynthia |
| 6 | 香港青少年賽艇學院 Hong Kong Rowing Youth Academy | GU Yeung Yui Carolyn |
| 7 | 上海新艇體育 Shanghai New Rowing Boat Club | 司蔓妮 |
| 8 | N/A | HSU Ka Ka |
| 9 | 新亞中學 New Asia Middle School | YU Tsz Yan |
| 10 | 橫琴青少年賽艇隊 | WANG Xuan Yi |
| 11 | N/A | ZHENG Junxuan |
| 12 | 上海新艇體育 Shanghai New Rowing Boat Club | 朴欣之 |
| 13 | 培僑書院 Pui Kiu College | WANG Wing Yuet |
| 14 | N/A | CHENG Lok Ching |
| 15 | 上海新艇體育 Shanghai New Rowing Boat Club | 曹语桐 |
| 16 | 橫琴青少年賽艇隊 | YUAN Xiao Xi |
| 17 | 香港青少年賽艇學院 Hong Kong Rowing Youth Academy | XIN Tianyu |
| 18 | 中華傳道會安柱中學 CNEC Christian College | LIANG Tsz Ying |
| 19 | 中華傳道會安柱中學 CNEC Christian College | WONG Tsz Yiu |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | |
|--|---|------------------------------|
| 場次 Race 34 15:30 | E42 女子17 至 19 歲個人組別 1000 米項目 Girls Age 17 - 19 Individual Events - 1000m | |
| | E44 女子20 至 29 歲個人組別 1000 米項目 Women Age 20 - 29 Individual Events - 1000m | |
| | E46 女子30 至 39 歲個人組別 1000 米項目 Women Age 30 - 39 Individual Events - 1000m | |
| | E48 女子40 至 49 歲個人組別 1000 米項目 Women Age 40 - 49 Individual Events - 1000m | |
| | E50 女子50 至 54 歲個人組別 1000 米項目 Women Age 50 - 54 Individual Events - 1000m | |
| | E56 女子65 至 69 歲個人組別 1000 米項目 Women Age 65 - 69 Individual Events - 1000m | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors |
| E42 女子17 至 19 歲個人組別 1000 米項目 Girls Age 17 - 19 Individual Events - 1000m | | |
| 1 | 上海新艇體育 Shanghai New Rowing Boat Club | 王杰 |
| 2 | 新亞中學 New Asia Middle School | CHENG Hao |
| 3 | 聖公會李炳中學 SKH Li Ping Secondary School | 汪芯穎 |
| 4 | N/A | LEUNG Ho Lam |
| 5 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | YAN Ying Ying |
| E44 女子20 至 29 歲個人組別 1000 米項目 Women Age 20 - 29 Individual Events - 1000m | | |
| 6 | 香港理工大學學生事務處划艇學會 The Hong Kong Polytechnic University Student Affairs Office Rowing Club | LIU Yuen Sum |
| 7 | 香港理工大學學生事務處划艇學會 The Hong Kong Polytechnic University Student Affairs Office Rowing Club | CHOW Kiu |
| 8 | N/A | TSE Sheung Ying |
| 9 | N/A | CEN Xintao |
| 10 | 香港理工大學學生事務處划艇學會 The Hong Kong Polytechnic University Student Affairs Office Rowing Club | LAU Tsz Yau |
| E46 女子30 至 39 歲個人組別 1000 米項目 Women Age 30 - 39 Individual Events - 1000m | | |
| 11 | N/A | 朱姣 |
| 12 | N/A | NG Man Yi |
| E48 女子40 至 49 歲個人組別 1000 米項目 Women Age 40 - 49 Individual Events - 1000m | | |
| 13 | N/A | HUNG Yin Ni |
| 14 | 香港遊艇會懸浮支架獨木舟隊 RHKYC Outrigger | Sarah WILSON |
| 15 | 香港翱翔龍舟體育會 Soar Dragon Boat Sports Club | Lan Sze Nancy LOUIE |
| 16 | N/A | FONG Chung Yan Eliza Joann |
| 17 | N/A | ZHONG Lei |
| E50 女子50 至 54 歲個人組別 1000 米項目 Women Age 50 - 54 Individual Events - 1000m | | |
| 18 | 香港遊艇會 Royal Hong Kong Yacht Club | Jenny LIM |
| 19 | 上海新艇體育 Shanghai New Rowing Boat Club | 史华 |
| 20 | N/A | KAM Sau Fun |
| E56 女子65 至 69 歲個人組別 1000 米項目 Women Age 65 - 69 Individual Events - 1000m | | |
| 21 | 新星賽艇會 New Star Rowing Club | MAK Kam Wan |
| 22 | 香港海岸賽艇體育會 Hong Kong Coastal Rowing and Paddle Sports Society Limited | CHAN Dip Yu Esa |
| 23 | 香港海岸賽艇體育會 Hong Kong Coastal Rowing and Paddle Sports Society Limited | CHEUNG LEE Yuet Ngor Mchelle |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | | |
|---------------------|---|--|-------------------------|
| 場次 Race 35 15:40 | U01 男子專上院校個人短途挑戰賽500米 Men Post-Secondary Education Institutions Individual Challenge - 500m | | |
| | U02 女子專上院校個人短途挑戰賽500米 Women Post-Secondary Education Institutions Individual Challenge - 500m | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | | 參賽者 Name of Competitors |
| | U01 男子專上院校個人短途挑戰賽500米 Men Post-Secondary Education Institutions Individual Challenge - 500m | | |
| 1 | 香港大學體育聯合會划艇學會 The University of Hong Kong Rowing Club | | HUI Ting Wing |
| 2 | 香港科技大學學生會划艇學會 Rowing Club, HKUSTSU | | YEUN Ching Frankie |
| 3 | 香港中文大學划艇會 The Chinese University of Hong Kong Rowing Club | | FU Sin Yin |
| 4 | 嶺南大學划艇會 Lingnan University Rowing Club | | NG Leung To |
| 5 | 香港理工大學學生事務處划艇學會 The Hong Kong Polytechnic University Student Affairs Office Rowing Club | | LAI Wai Chak |
| 6 | 香港中文大學划艇會 The Chinese University of Hong Kong Rowing Club | | HU Ka Chun |
| 7 | 香港教育大學划艇會 The Education University of Hong Kong Rowing Club | | AU YEUNG Kai Cheung |
| | U02 女子專上院校個人短途挑戰賽500米 Women Post-Secondary Education Institutions Individual Challenge - 500m | | |
| 8 | 香港大學體育聯合會划艇學會 The University of Hong Kong Rowing Club | | LEE Sin Yu |
| 9 | 香港教育大學划艇會 The Education University of Hong Kong Rowing Club | | YUAN Tianyi |
| 10 | 香港中文大學划艇會 The Chinese University of Hong Kong Rowing Club | | LEUNG Ka Wing |
| 11 | 嶺南大學划艇會 Lingnan University Rowing Club | | LOK Ling Yee |
| 12 | 香港中文大學划艇會 The Chinese University of Hong Kong Rowing Club | | KWOK Sze Ming |
| 13 | 香港教育大學划艇會 The Education University of Hong Kong Rowing Club | | LAU Hoi Yan |

休息 Break (15:45-16:00)

| | | | | | | |
|---------------------|--|--|-------------------------|----------------------|-------------------------|---------------------|
| 場次 Race 36 16:00 | T07 男子中學丙組隊際4x500米接力賽 Boy's C Grade Secondary Schools Team Relay Events 4 x 500m | | | | | |
| | T08 女子中學丙組隊際4x500米接力賽 Girl's C Grade Secondary Schools Team Relay Events 4 x 500m | | | | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | | 參賽者 Name of Competitors | | | |
| | T07 男子中學丙組隊際4x500米接力賽 Boy's C Grade Secondary Schools Team Relay Events 4 x 500m | | | | | |
| 1 | 長洲官立中學 Cheung Chau Government Secondary School | | 陳焯熹 | 傅君翰 | 朱瑞霖 | 楊澤鴻 |
| 2 | 地利亞修女紀念學校(百老匯) Delia Memorial School (Broadway) | | Anas MYHAMMAD | Gurung BRITAN | Sandhu ROBINPREET Singh | Thapa ALVIN |
| 3 | 香港中國婦女會馮堯敬紀念中學 HKCWC Fung Yiu King Memorial Secondary School | | WONG Tsz Ho | WONG Ngai Tsun | GU Ching Ho | CHOW Pak Hei |
| 4 | 聖公會林裘謀中學 S. K. H. Lam Kau Mow Secondary School (A) | | MA Chi | CHAN Wang Leong | CHENG Long Hei | Marcus CHAN |
| 5 | 香港路德會馬錦明慈善基金馬陳麗嘉紀念中學 The Lutheran Church Hong Kong Synod MKMCF Ma Chan Duen Hey Memorial College | | LAM Yat Ho | CHAN Chun Hei | CHU Kin For | LO Yin Hang Stenlei |
| 6 | 寶覺中學 Po Kok Secondary School | | 馮朗哲 | 許景誠 | 林浩銳 | 鍾俊熹 |
| 7 | 聖公會聖本德中學 SKH St Benedict's School (A) | | CHAN Sze Hon | JU Cheuk Lam | LAU Wai Ting | WONG Ho Chun |
| 8 | 聖公會聖本德中學 SKH St Benedict's School (B) | | LI Ching Hin | TSANG Hin On Antonio | HUI Sin Ming | CHUNG Long Hei |
| 9 | 上海民办平和 Shanghai Pinghe School (A) | | 潘钰均 | 曹笑愚 | 戚文佳 | 戚文庭 |
| 10 | 上海哈罗 Harrow International School Shanghai | | William WANG | 王天佑 | 杨涵之 | Baron LONG |
| 11 | 上海青浦平和 Shanghai Pinghe Bilingual School Qingpu | | 张恒硕 | 德祐 | 蔡承书 | 张亦腾 |
| 12 | 上海民办平和 Shanghai Pinghe School (B) | | 应铭瀚 | 黄思涵 | 强之霖 | 杜立仁 |
| 13 | 新會商會中學 San Wui Commercial Society Secondary School (A) | | 張宇熙 | 陳迅謙 | 高嘉宸 | 文嘉希 |
| 14 | 救世軍卜維廉中學 The Salvation Army William Booth Secondary School | | YAN ZiJie | TANG Siu Yeung | OR Mung Ming | WU Yeuk Pak |
| | T08 女子中學丙組隊際4x500米接力賽 Girl's C Grade Secondary Schools Team Relay Events 4 x 500m | | | | | |
| 15 | 聖公會林裘謀中學 S. K. H. Lam Kau Mow Secondary School (B) | | LEE On Tung Leanna | CHUNG Ka Man | CHEUNG Sze Kiu | LAM Ho Ching |
| 16 | 瑪利諾修院學校(中學部) Maryknoll Convent School (Secondary Section) | | CHAN Lok Yu | Lani CHAN | AU Wing Nam | Li Yuk Man |
| 17 | 思賢國小 Si Xian Elementary School | | 楊詩瑤 | 邱曉筑 | 楊昭儀 | 胡婉渝 |
| 18 | 新會商會中學 San Wui Commercial Society Secondary School (B) | | 高步彤 | 盧祉澄 | 束素銳 | 劉曉彤 |
| 19 | 香港中文大學校友會聯會張煊昌中學 CUHK FAA Thomas Cheung Secondary School | | CHEN Yat Mang | CHAN Ka Man | Betty CHEN | MO Ka Hing |

EVERYBODY ROWS

2025

香港室內賽艇錦標賽
暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| | | | | | |
|---------------------|--|------------------------|-------------------------|------------------------------|--------------------|
| 場次 Race 37 16:15 | T05 男子中學乙組隊際4x500米接力賽 Boy's B Grade Secondary Schools Team Relay Events 4 x 500m | | | | |
| | T06 女子中學乙組隊際4x500米接力賽 Girl's B Grade Secondary Schools Team Relay Events 4 x 500m | | | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | | 參賽者 Name of Competitors | | |
| | T05 男子中學乙組隊際4x500米接力賽 Boy's B Grade Secondary Schools Team Relay Events 4 x 500m | | | | |
| 1 | 天主教南華中學 NWCSS Nam Wah Catholic Secondary School | HUANG Chuen Tai | ZENG Yue Rui | MA Yi Rui | LEUNG Sze Long |
| 2 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | FANG Wen Jie | SHU Ho Ting | Kellian Berne Espirtu DANTIC | Magar Leeson THAPA |
| 3 | 香港路德會馬錦明慈善基金馬陳瑞喜紀念中學 The Lutheran Church Hong Kong Synod MKMCF Ma Chan Duen Hey Memorial College | CHEN Hing Chun | TAM Chi Tung Simon | CHEUNG Ming Hin | YEUNG Shing Hin |
| 4 | 救世軍卜維廉中學 The Salvation Army William Booth Secondary School | LI Jie Xian | LI Yuan Chao | LIANG Pok Yin | ZHU Chen Feng |
| 5 | 博愛醫院八十週年鄧英喜中學 POH 80th Anniversary Tang Ying Hei College | 林廷軒 | 葉子樂 | 吳嘉豪 | 蔡煒煌 |
| 6 | 香港中國婦女會馮舜敬紀念中學 HKCWC Fung Yiu King Memorial Secondary School | CHEUNG Ip Sing Michael | KONG Chun Lok | NG Chun Ming | LAI Lam |
| 7 | 新會商會中學 San Wui Commercial Society Secondary School (A) | 張宇俊 | 吳子博 | 黃宏軒 | 鍾日宏 |
| 8 | 聖公會李炳中學 SKH Li Ping Secondary School | 何子罕 | 賴華澤 | 陳子烜 | 林文博 |
| 9 | 聖公會林裘謀中學 S. K. H. Lam Kau Mow Soecondary School (A) | HO Tsz Yin Rayan | Ricky WANG | WANG Yuchun | ZHOU Jun Lin |
| 10 | 鄧鏡波學校 Tang King Po School | LUI King Hei | CHEN Yusen Tony | CHAK Ho Man | Aaron CHAK |
| 11 | 衛理中學 The Methodist Church HK Wesley College (A) | Kaden LI | WANG Ho Shih | CHEUNG Shing Tsun | 王澤源 |
| | T06 女子中學乙組隊際4x500米接力賽 Girl's B Grade Secondary Schools Team Relay Events 4 x 500m | | | | |
| 12 | 新會商會中學 San Wui Commercial Society Secondary School (B) | 王雨果 | 陳麗莎 | 伍穎嫻 | 李佳琪 |
| 13 | 聖公會林裘謀中學 S. K. H. Lam Kau Mow Soecondary School (B) | LAM Chi Tsik | PUT Ka Yu | CHUN Yan Kiu | CHUN Sze Kiu |
| 14 | 瑪利諾修院學校(中學部) Maryknoll Convent School (Secondary Section) | Ann LI | SIU Shun Yan | KWONG Sin Yau Alcina | LAM Yau Hei |
| 15 | 衛理中學 The Methodist Church HK Wesley College (B) | Tsz Yin Viola MINTONO | CHAN Tsz Ying | Charlize GADSBY | TSOI Shu Ching |

| | | | | | |
|---------------------|--|-------------------|-------------------------|----------------------------|---------------------------|
| 場次 Race 38 16:30 | T03 男子中學甲組隊際4x500米接力賽 Boy's A Grade Secondary Schools Team Relay Events 4 x 500m | | | | |
| | T04 女子中學甲組隊際4x500米接力賽 Girl's A Grade Secondary Schools Team Relay Events 4 x 500m | | | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | | 參賽者 Name of Competitors | | |
| | T03 男子中學甲組隊際4x500米接力賽 Boy's A Grade Secondary Schools Team Relay Events 4 x 500m | | | | |
| 1 | 仁濟醫院靚次伯紀念中學 A Yan Chai Hospital Lan Chi Pat Memorial Secondary School (A) | 梁展濃 | 錢永發 | 李家佑 | 黃鈺然 |
| 2 | 天主教南華中學 A Nam Wah Catholic Secondary School (A) | LEUNG Sz Lam | HUANG Zhoungyu | YEUNG Ka Chun | HSU Wai Chun |
| 3 | 地利亞修女紀念學校(百老匯) Delia Memorial School (Broadway) | Thapa Adhiv VEGAS | Mohammad YOUSUF | Hassan MUHAMMAD Noor UL | Singh SUBHRAJ |
| 4 | 佛教何南金中學 Buddhist Ho Nam Kam College (B) | CHAN Kin Kwan | NG Wang Ting | YANG Chun Kit | LI Cheuk Ting |
| 5 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | LIN Big Wei | LIN Sai Shing Bowen | MANALO Vann Jancen Abitong | LANCION Darren Rhone Sena |
| 6 | 長洲官立中學 Cheung Chau Government Secondary School | 梁洛言 | 叶俊杰 | 黎榮倫 | 孫卓曦 |
| 7 | 香港道教聯合會圓玄學院第三中學 HKTA The Yuen Yuen Institute No.3 Secondary School | CHAN Kai Wong | LEE Chi Kai | CHENG Keng Yu | TSUN Kit Wong |
| 8 | 香港路德會馬錦明慈善基金馬陳瑞喜紀念中學 The Lutheran Church Hong Kong Synod MKMCF Ma Chan Duen Hey Memorial College | HUNG Chun Yu | KWAN Ding Pak | HO Wing Fai | WU Chung Hon Ryan |
| 9 | 香海正覺蓮社佛教正覺中學 HHCKLA Buddhist Ching Kok Secondary School | AU Chun Lok | HO Chung Yin | NG Man Luk | LEE Man Hong |
| 10 | 仁濟醫院靚次伯紀念中學 Yan Chai Hospital Lan Chi Pat Memorial Secondary School (B) | 廖俊軒 | 蔡鈞霆 | 陳柏杰 | 甄澤鋒 |
| 11 | 香港中國婦女會馮舜敬紀念中學 HKCWC Fung Yiu King Memorial Secondary School | CHEUK Chun Pui | WANG Zhi Yuan | WONG Hok Yin | TSOI Kam Chung |
| 12 | 新亞中學 New Asia Middle School | LU Hoi Tik | MAN Tsz Yin | 朱威賢 | YIP Kin Fai |
| 13 | 聖公會林裘謀中學 S. K. H. Lam Kau Mow Sceecondary School (A) | JIANG Chun Nam | CHONG Shing Hin Julian | LI Tsz Hin | SIU Tsz Chun Chester |
| 14 | 路德會呂明才中學 Lui Ming Choi Lutheran College | Haodong CHEN | LI Chun Hei | WENG Wei Feng | ZHENG Yu Xuan |
| 15 | 天主教南華中學 B Nam Wah Catholic Secondary School (B) | YEUNG Zhang Peng | CHENG Lap Kai | LYU Ming Hao | LIN He Song |
| 16 | 佛教何南金中學 Buddhist Ho Nam Kam College (A) | LIAO Chulan | LIN Yuk | TSANG Pak Ki | ZHONG Zhi Xuan |
| 17 | 鄧鏡波學校 Tang King Po School | LAU Yung Ngai | MA Ka Fai | KWAN Yu Leong | SHI Kam Lam |
| 18 | 寶覺中學 Po Kok Secondary School | 許蕭顯 | 許志成 | 甘俊彥 | 謝瑞奇 |
| | T04 女子中學甲組隊際4x500米接力賽 Girl's A Grade Secondary Schools Team Relay Events 4 x 500m | | | | |
| 19 | 救世軍卜維廉中學 The Salvation Army William Booth Secondary School | WU Xiao Tong | LI Ling | CHAN Pui Wa | LAU Chui Man, Sophia |
| 20 | 聖公會林裘謀中學 S. K. H. Lam Kau Mow Sceecondary School (B) | PANG Lok Yung | CHEUNG Cheuk Laam Zoe | LUI Wing Tung | CHAN Hei Ching ELPIS |
| 21 | 瑪利諾修院學校(中學部) Maryknoll Convent School (Secondary Section) | LAM Hau Man | KAN Tsz Kiu Zita | CHOI Lok Yin Noel | WAN Tsz Wun Andria |

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2025 香港室內賽艇錦標賽暨慈善長途接力賽

HONG KONG ROWING INDOOR CHAMPIONSHIPS & CHARITY ROWATHON

線道表 START LIST

29 March 2025 (星期六 Saturday)

as at 19/3/2025

| 場次 Race 39 16:45 | T09 男子青少年/制服團體 隊際4x500米接力賽 Men's Youth/Uniformed Groups Team Relay Events 4 x 500m | | | | | |
|---------------------|--|--|----------------|-------------------------|-----------------|----------------|
| | T10 女子青少年/制服團體 隊際4x500米接力賽 Women's Youth/Uniformed Groups Team Relay Events 4 x 500m | | | | | |
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | | | 參賽者 Name of Competitors | | |
| | T09 男子青少年/制服團體 隊際4x500米接力賽 Men's Youth/Uniformed Groups Team Relay Events 4 x 500m | | | | | |
| 1 | 入境事務處青少年領袖團 Immigration Department Youth Leaders Corps (C) | | WANG Bing Yong | WU Ronghai | HO Xuan, Hector | LAM Chun Hei |
| 2 | 民眾安全服務隊少年團 CAS Cadet Corps (A) | | 張晉軒 | 李寅傑 | 魏昊均 | 羅俊韜 |
| 3 | 香港青少年賽艇學院 Hong Kong Rowing Youth Academy | | POON Kin Man | LAI Pak Ki | TSANG Ling Wa | HUNG Cheuk Hin |
| 4 | 橫琴青少年賽艇隊 (D) | | ZHANG Hong Rui | WANG Zi Feng | LOW Chak Yan | ZHANG Yi Han |
| | T10 女子青少年/制服團體 隊際4x500米接力賽 Women's Youth/Uniformed Groups Team Relay Events 4 x 500m | | | | | |
| 5 | 入境事務處青少年領袖團 Immigration Department Youth Leaders Corps (A) | | TSUI Ying Man | TSUI Ying Wa | WONG Mei Yi | GAO Pui Shan |
| 6 | 民眾安全服務隊少年團 CAS Cadet Corps (B) | | 黃凱彤 | 李悅嘉 | 余馨 | 譚浩怡 |
| 7 | 橫琴青少年賽艇隊 (A) | | MO Zi Qing | ZENG Mi Ee | SUN Shi Chen | XIE Xi Nian |
| 8 | 入境事務處青少年領袖團 Immigration Department Youth Leaders Corps (B) | | NG Ka Yan | HUANG Kwai Wa | TAM Ling | SZE Pik Yu |
| 9 | 橫琴青少年賽艇隊 (B) | | XIE Yu Han | HUANG Qi Lin | WANG Qian Yi | ZHANG Yuan Xi |
| 10 | 橫琴青少年賽艇隊 (C) | | LIN Hui Ya | YUAN Xiao Xi | WANG Xuan Yi | CHEN Si Han |

| 場次 Race 40 17:00 | C03 共慶回歸28載・慈善長途接力傳愛心 中學組 Celebrating the 28th Anniversary of the Handover: Charity Rowathon Team Relay Secondary Schools | | | | |
|---------------------|---|-----------------------------|-----------------------|------------------------|-------------------------------|
| 線道 Lane | 屬會 / 機構 / 學校 Clubs / Organisations / Schools | 參賽者 Name of Competitors | | | |
| 1 | 明愛屯門馬登基金中學 Caritas Tuen Mun Marden Foundation Secondary School | YAN Yingying | LIN Big Wei | WIGUNA Lillian Rachael | PAU Tsun Hei |
| | | FANG Wen Jie | SHU Ho Ting | LAM Yee Lok | DANTIC Kellian Berne Espiritu |
| | | SANTOS Jose Antonio Bacalla | IBRAHIM Sadaqat Insan | | |
| 2 | 香港教育工作者聯會黃楚標中學 HKFEW Wong Cho Bau Secondary School | WU Kwong Tai | LIANG Chu Wa | WONG Ruoheng | GUO Shen Rui |
| | | LI Ming Wang | LI Sai | CHIRK Ting Hin | CHEN Kok Kwong |
| | | LI Ying Xuan | TBC | | |
| 3 | 瑪利諾修院學校 (中學部) x 保良局莊啟程預科書院 Maryknoll Convent School (Secondary Section) x Po Leung Kuk Vicwood K.T.Chong Sixth Form College | 羅巧晴 | 趙焯喬 | 李安妮 | 蕭淳恩 |
| | | 林巧敏 | 簡子喬 | 施亞澄 | 嚴彩文 |
| | | 羅子倫 | 黃卓康 | | |
| 4 | 新亞中學 New Asza Middle School | YIP Kin Fai | MAN Tsz Yin | LU Hoi Tik | CHAN Ho Lai |
| | | Jason WANG | CHENG Hao | LI Jia Yao | YU Tsz Yan |
| | | CHAN Lai Ki Lena | ZHONG Xi Ying | | |
| 5 | 寶覺中學 Po Kok Secondary School | HUI King Shing | FUNG Long Chit | LIN Ho Yui | TO Yui Long |
| | | YUAN Jie Ping | HUI Chi Shing | HUI Kiu Hin | TSE Sui Ki |
| | | GAN Chun Yin | TANG Tsz Ki | | |
| 6 | 博愛醫院八十週年鄧英喜中學 Pok Oi Hospital 80th Anniversary Tang Ying Hei College | LAM Ting Hin | CHOY Tsz Fu | LAM Yu Ho | CHAN Hoi Ching |
| | | LEE Cheuk Tiu | WE Jin Hao | CHEN Lai Ying | LEE Yeuk Nam |
| | | LAU Cheuk Hei | YIP Tsz Lok | | |
| 7 | 聖公會聖本德中學 SKH St. Benedict's School | LUO Liangbin | LUO Chun Kit | LIU Wenxin | LI Ching Hin |
| | | TSANG Hin On | TSANG Sum Kei | HUI Sin Ming | FOK King Him |
| | | CHAN Yuk Wa | ZENG Xin Yu | | |

頒獎典禮 II (17:30-18:30)
Medals Presentation Ceremony II (17:30-18:30)